

## Contact us



### Older people's mental health team

Summer Lane Centre  
Wombwell  
Barnsley  
S73 8QH

Telephone – **01226 644770**  
Monday – Friday 8.30am – 6.00pm

## Out of hours/emergency contacts



People in crisis with their mental health are covered by **NHS 111**.

Your GP surgery also has an out of hours service that may refer you to the Trust's intensive home based treatment team (who deal with people in a mental health crisis) if deemed necessary.

## Other useful contacts



NHS advice line – **111**  
Making Space – **01226 288772**  
Samaritans – **01226 202222**  
MIND – **01226 211188**

**NHS**

**South West  
Yorkshire Partnership**  
NHS Foundation Trust



# Older people's mental health team

Information for clients and carers



With **all of us** in mind.

**This leaflet has been produced to give clients and carers a better understanding of the older people's mental health team, the support we provide and what you can expect from our service.**

## About the older people's mental health team

The older people's mental health team aims to reduce your mental health symptoms by assessing your mental health needs – offering a variety of treatment options to help you on your journey to recovery.

## What support will I receive?

Your ongoing assessment with this team can be carried out in the most appropriate environment for you, for example your home, GP surgery or clinic setting. The team is made up of various professionals including mental health nurses, consultant psychiatrist, clinical psychologist, support workers and occupational therapists.

You will have a named professional who will co-ordinate your mental health care needs. This member of staff will meet with you to further assess your needs and identify goals. You will have opportunity to make a care plan which will indicate what type of interventions may be helpful for you at this time. These may include anxiety management, help with low mood, social isolation, learning skills and strategies to help with your mental health problem; a medical review may also be indicated.

We can also assist you with the aid of a support worker to access local groups within your community or sign post you to the most appropriate community resources to meet your needs.

## How will my carer be involved?

All carers will be offered an assessment of their needs.

With client consent, carers can expect:

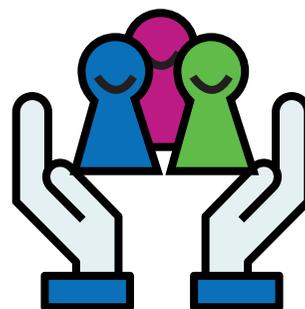
- To be consulted regularly.
- To be involved in care plans.
- To be listened to.

## Who can help make sure I have my say?

If you'd like support in making sure your views are heard, you can get in touch with advocacy services in Barnsley. Advocacy services are independent and aim to understand and represent your views as an individual or support you to speak up and represent yourself.

### Contact:

Rethink advocacy service  
Telephone – **01226 292624**  
Email – **barnsleyadvocacyservice@rethink.org**



## What if I am not happy with my care?

Everyone has a right to express their feelings and opinions. Your care coordinator may be able to help you with any concerns you may have. If you are not happy with any aspect of the service you are receiving, please contact the older people's mental health team manager on **01226 644770** who will be happy to discuss this with you.

If you feel your issues have not been resolved by the team manager please get in touch with the Trust's customer services team:

Freephone – **0800 587 2108**  
Email – **customer.servicesSWYT@nhs.net**

## Sharing information

Health care services have a legal responsibility to keep accurate records related to your care and treatment, whether these are written or electronic, and to store these securely. Records will only be shared with your permission or if we have concerns related to risk or by legal requirement.

