

## If you cannot attend your appointment

If you are unable to attend your appointment please contact us as soon as possible on **01226 433193**.

If you do not keep your appointment we will contact you to arrange another. However, if you do not respond you may be discharged and we will need a new referral before we can see you again.

Letting us know if you are going to miss an appointment as soon as possible makes the best use of NHS resources and gives us the opportunity to offer your appointment to another person, so we appreciate your co-operation.



## Contact us

*Domiciliary occupational therapy rehabilitation service*

New Street Health Centre  
Upper New Street  
Barnsley  
S70 1LP

**Telephone: 01226 433193**

**Fax: 01226 779120**

[www.barnsleytherapy.co.uk](http://www.barnsleytherapy.co.uk)



### Your feedback is welcome

We invite you to share any comments, compliments, concerns or complaints you have about our service. Please speak to a member of staff or contact our Customer Services team on 0800 587 2108. If you would like help understanding this information, please also contact us on this number.

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South West Yorkshire Partnership **NHS**  
NHS Foundation Trust



## Domiciliary occupational therapy rehabilitation

*Information for patients*

Our service includes occupational therapists and therapy assistants who specialise in working with adults with physical disabilities, particularly neurological disabilities such as a stroke or Parkinson's disease.

[www.barnsleytherapy.co.uk](http://www.barnsleytherapy.co.uk)

**01226 433193**



With all of us in mind

## What is domiciliary occupational therapy?

Domiciliary care, sometimes also referred to as homecare, is the delivery of a service in an individual's own home - or a residential or nursing home.

We help people with complex disabilities and neurological impairments maximise their independence within the community.

## What do we do?

The team provides a wide range of services including:

- ▶ Assessment of an individual's needs and skills
- ▶ Goal orientated programmes to improve function and independence in a wide range of day to day activities
- ▶ Physical and cognitive rehabilitation
- ▶ Neurological splinting and splint review
- ▶ Advice on positioning and posture
- ▶ Fatigue management
- ▶ Advice and training to staff, carers and other professionals

## What will happen?

The therapist will discuss with you what difficulties you are having and what you want to achieve from receiving therapy. They will complete an initial assessment; this assessment is important as it determines the type of service you might be offered. The therapist will then explain what they can do for you, or who else may be able to assist you.

They will make sure that you are happy with the plan for your treatment, and any onward referrals, before they start to work with you.

The therapist will make sure that you understand what they will be doing and will write a programme or plan for further assessment and/ or treatment. You can ask someone else to help, such as a therapy assistant or another therapist. They may refer you on to another agency who can help you better.

They will continue to discuss your progress with you throughout your treatment, and will clearly explain any changes that need to be made to the original plan.



## What can't the service provide?

We are unable to provide follow up after hospital discharge where there are no identified goals. We are not able to provide a vocational rehabilitation service (return to work programme).

We also do not provide assessment for equipment only or for housing adaptations; for this service please contact the equipment and adaptations team on 01226 775800.

## How can I get referred to the service?

If you think that you, or someone you know, would benefit from working with the team you can phone us to find out more and to make a referral. The number to call is on the back of this leaflet.

You can also request a referral from any other health or social care professional who you are in contact with, including your GP.

We aim to see all referrals within 2 weeks for an initial assessment.

