



Live Well
Wakefield

NHS

**South West
Yorkshire Partnership**
NHS Foundation Trust



Jack is in his 70s and lives alone. He was referred to our team by his GP. He was new to the area and asked for support with maintaining his independence.

Jack had lived with his wife abroad until she died a couple of years ago. He moved back to Wakefield to be closer to a relative, although due to their work commitments their contact was limited. He became tearful explaining how he still struggled with his mental health following his bereavement and that he had not previously been offered any support and felt lonely and isolated.

He was struggling in his new home due to issues with his mobility which meant he had difficulty bathing and feared if he fell nobody would know. He was also having difficulties with an energy supplier who he felt was taking advantage of him and felt unable to deal with this due to his mental health.

After speaking to him, Jack's link worker referred him for bereavement support. He was also referred to Care Link for a falls pendant alarm, the fire service for smoke alarms, a handyman service for a key safe and grab rails in the bathroom, and to the council's home energy team for support with his energy supplier.

Jack was also signposted to local social groups and activities and he was provided with a local social directory.

At his six week review, Jack expressed how he felt happy and confident in his new home. He had received bereavement support and was now attending multiple local social activities ranging from coffee mornings, games activities and art groups. He had also become a befriender himself, providing to support to local people who were socially isolated.

He expressed his thanks and explained how impressed he was with the range of support available within the district.

With all of us in mind.