



**Local Support and Social Groups  
to aid independence and healthy living  
Normanton, Altofts, Featherstone, Sharlston,  
Crofton, Walton and Nostell**

This information has been compiled by the Live Well Wakefield Service  
South West Yorkshire Partnership NHS Foundation Trust.

We aim to provide accurate and useful information and every effort has been made to ensure this information is correct. This directory was updated on the date shown below. If that date is not within the last 6 months there will be a more up to date version available.

**Please note:** This directory is not exhaustive and inclusion is not an endorsement. No responsibility can be taken for advice or services provided by any support service or social group listed.

If you notice any errors or would like more information, please telephone our office on 01924 255363.  
Live Well Wakefield, The Agbrigg and Belle Vue Community Centre, Montague Street,  
Agbrigg, Wakefield WF1 5BB

Updated February 2020

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**Other Directories cover the following areas:**

- ❖ **PONTEFRACT, Carleton, Darrington, East Hardwick, Knottingley and Ferrybridge**
- ❖ **CASTLEFORD and Airedale**
- ❖ **SOUTH EAST – Ackworth, South Elmsall, South Kirkby, Upton, Hemsworth, Ryhill, and Havercroft**
- ❖ **WAKEFIELD SOUTH AND RURAL – City Centre, Alverthorpe, Thornes, Agbrigg, Sandal, Crigglestone, Hall Green and Kettlethorpe**
- ❖ **WAKEFIELD NORTH – Outwood, Wrenthorpe, Stanley, College Grove and Eastmoor**
- ❖ **WAKEFIELD NORTH WEST - Ossett, Overton, Horbury, Middlestown Netherton and Lupset**

## Normanton Hobbies & Social Groups

Name	Contact	Details
<b>Bingo</b>	<b>contact name:</b> Scheme Manager <b>phone:</b> 01924 897488 <b>meeting place:</b> Newfield House, Independent Living Scheme Beckbridge Way, Normanton, WF6 2RR	<b>day:</b> Monday, Tuesday, Thursday <b>time:</b> 6pm  Please contact the Scheme Manager before attending for the first time.
<b>Camera Club Classes</b>	<b>contact name:</b> Stuart Clark <b>phone:</b> 0113 2869668 <b>meeting place:</b> Woodhouse Community Centre, Queen Elizabeth Drive, Normanton WF6 2DQ	<b>day:</b> Saturday <b>time:</b> 2pm – 4pm <b>cost:</b> £2  10 week course suitable for any age. Learn how to operate your camera, improve confidence using your camera and improve your pictures.
<b>Camera Club</b>	<b>contact name:</b> Stuart Clark <b>phone:</b> 0113 2869668 <b>meeting place:</b> St John's Working Mens Club, Queen Elizabeth Drive, Normanton WF6 1DT	<b>day:</b> Tuesday <b>time:</b> 7.30pm  A place to share tips, advice, experience. Open to all abilities.
<b>Coffee Morning</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 <b>meeting place:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<b>day:</b> Alternate Fridays <b>time:</b> 10am – 12noon <b>cost:</b> free

## Normanton Hobbies & Social Groups

Name	Contact	Details
<b>Coffee Morning</b>	<b>contact name:</b> Eve Faunch, Church Secretary <b>phone:</b> 07803 578906 <b>meeting place:</b> Normanton Baptist Church, High Street, Normanton, West Yorkshire, WF6 2AF	<b>day:</b> Tuesday and Saturday <b>time:</b> 10am – 12noon  The church opens for coffee, biscuits, and homemade cakes on a Saturday. It's a lovely space to drop in have a chat, and take some time out.
<b>Coffee Morning</b>	<b>contact name:</b> Scheme Manager <b>phone:</b> 01924 897488 <b>meeting place:</b> Newfield House, Independent Living Scheme Beckbridge Way, Normanton, WF6 2RR	<b>day:</b> Tuesday <b>time:</b> 10am <b>cost:</b> 50p  Please contact the Scheme Manager before attending for the first time.
<b>Community Choir Normanton</b>	<b>contact name:</b> Eve Faunch, Church Secretary <b>phone:</b> 07803 578906 <b>meeting place:</b> Normanton Baptist Church, High Street, Normanton, West Yorkshire, WF6 2AF	<b>day:</b> Tuesdays <b>time:</b> 7pm-9pm
<b>Craft Group</b>	<b>contact name:</b> Scheme Manager <b>phone:</b> 01924 897488 <b>meeting place:</b> Newfield House, Independent Living Scheme Beckbridge Way, Normanton, WF6 2RR	<b>day:</b> Monday <b>time:</b> 2pm  Please contact the Scheme Manager before attending for the first time.

## Normanton Hobbies & Social Groups

Name	Contact	Details
<b>Craft and chat group</b>	<b>contact name:</b> Eve Faunch, Church Secretary <b>phone:</b> 07803 578906 <b>meeting place:</b> Normanton Baptist Church, High Street, Normanton, WF6 2AF	<b>Day:</b> Wednesday <b>Time:</b> 10 am <b>Cost:</b> £3  We meet to do various crafts, have a chat and relax while enjoying conversation.  Card Making, Decoupage, Embroidery, Knitting, Crochet and Parchment Craft Come along and learn a new skill.
<b>Friendship Circle</b>	<b>contact name:</b> Val Brook <b>phone:</b> 01924 314927 <b>email:</b> valbrook@virginmedia.com <b>meeting place:</b> Methodist Chapel, Wakefield Road, Normanton, WF6 1AG	<b>day:</b> Monday <b>time:</b> 11.30am – 1pm <b>cost:</b> £2 (includes refreshments, raffle and 4 games of bingo; bring your own sandwich)
<b>Golden Age</b>	<b>contact name:</b> Margaret Wilmot <b>phone:</b> 01924 892828 <b>meeting place:</b> Canon O'Grady Memorial Hall, St John the Baptist Catholic Church, Newland Lane, Normanton WF6 1BA	<b>day:</b> Thursday <b>time:</b> 2pm – 4pm (people arrive from 1.30pm) <b>cost:</b> 50p for refreshments; extra for bingo  A large and very friendly group of ladies who meet for a chat, coffee and bingo.

## Normanton Hobbies & Social Groups

Name	Contact	Details
<b>Hopetown and Loscoe Old Age Pensioners Association</b>	<b>contact name:</b> Pat Cox <b>phone:</b> 01924 891592 <b>meeting place:</b> Hopetown Liberal Working Men's Club, Nelson Street, Normanton WF6 2ET	<b>day:</b> Wednesday <b>time:</b> 2.30pm – 4pm <b>cost:</b> £1  A large group of ladies who meet on a weekly basis for a chat coffee and bingo. Monthly trips.
<b>Monday Friends</b>	<b>contact name:</b> Catholic Care <b>phone:</b> 0113 3885400 <b>meeting place:</b> Canon O'Grady Memorial Hall, St John the Baptist Catholic Church, Newland Lane, Normanton WF6 1BA	<b>day:</b> Monday <b>time:</b> 10am – 12 noon <b>cost:</b> £3  Gentle exercise and other activities. Refreshments available.
<b>Monday Friendship Group</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 95634 <b>meeting place:</b> Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<b>day:</b> Monday <b>time:</b> 12 noon – 2 pm <b>cost:</b> free  Social group who meet for a Beetle Drive etc.
<b>Normanton Singing for Fun</b>	<b>contact name:</b> Antony Davis <b>phone:</b> 07876 267 267 <b>meeting place:</b> Normanton Baptist Church (Opposite Asda), 94 Fairway, Normanton WF6 1SR	<b>day:</b> Tuesdays <b>time:</b> 7pm – 9 pm <b>cost:</b> £4 includes hot drink and biscuit

## Normanton Hobbies & Social Groups

Name	Contact	Details
<b>Youth Club</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 <b>meeting place:</b> The Well Project, Woodhouse Community Centre, Queen Elizabeth Drive, Normanton WF6 1JH	<b>day:</b> Monday <b>time:</b> 6pm – 7.45pm <b>cost:</b> free
<b>Youth Club</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 <b>meeting place:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<b>day:</b> Thursday <b>time:</b> 5.30pm – 7pm <b>cost:</b> free

## Normanton Lunch Clubs and Meal Delivery

Name	Contact	Details
<b>Meet 'n Eat Diner</b>	<b>contact name:</b> Normanton Town Council <b>phone:</b> 01924 893794 <b>meeting place:</b> Woodhouse Community Centre, Queen Elizabeth Drive, Normanton WF6 2DQ <b>email:</b> enquiries@normantontowncouncil.co.uk	<b>day:</b> Thursday <b>time:</b> 12-2.00pm <b>cost:</b> free (people can make a donation if they wish)  Lunch club and friendship group offered by Normanton Town Council and The Well Project.

## Normanton Lunch Clubs and Meal Delivery

Name	Contact	Details
<b>The Lodge Coffee Lounge</b>	<b>phone:</b> 01924 223741 <b>postal address:</b> 21 Lower Station Road, Normanton, WF6 2BE	<b>day:</b> Monday to Saturday <b>time:</b> 8am – 3pm (Wed and Sat – close at 2.30pm)  Large choice of home-made food. Free delivery service, Can order same day. Prices from £5, desserts also available.

## Normanton Physical Activity

Name	Contact	Details
<b>Bike Library</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 <b>meeting place:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<b>day:</b> Tuesday <b>time:</b> 4pm – 6pm  <b>day:</b> Friday <b>time:</b> 3pm – 5pm
<b>Health Walk (Normanton)</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 <b>meeting place:</b> Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<b>day:</b> Every other Friday <b>time:</b> 10.00am – 12 noon <b>cost:</b> free  Gentle walk that last around 30 – 90 minutes and ends with a drink at The Well



## Normanton Physical Activity

Name	Contact	Details
<b>Swimming – 50+ (Prime Timers)</b>	<b>phone:</b> 01924 302475 <b>email:</b> normantonsp@wakefield.gov.uk <b>meeting place:</b> Normanton Swimming Pool, Market Street Normanton WF6 2AR	<b>day:</b> Thursday <b>time:</b> 3pm – 4pm  <b>cost:</b> £4.60 (£3.65 with Activate card)
<b>Swimming - Joint and Muscle Mobility</b>	<b>phone:</b> 01924 302475 <b>email:</b> normantonsp@wakefield.gov.uk <b>meeting place:</b> Normanton Swimming Pool, Market Street Normanton WF6 2AR	<b>day:</b> Tuesday <b>time:</b> 11.15am – 12.15pm (whole pool available)  <b>cost:</b> £4.60 (£3.65 with Activate card)
<b>Swimming – Aqua Fit</b>	<b>phone:</b> 01924 302475 <b>email:</b> normantonsp@wakefield.gov.uk <b>meeting place:</b> Normanton Swimming Pool, Market Street Normanton WF6 2AR	<b>day:</b> Wednesday <b>time:</b> 6.30pm – 7.30pm  <b>cost:</b> £5.50 (£4.60 with Activate card)
<b>Swimming – Aqua Zumba</b>	<b>contact name:</b> Reception <b>phone:</b> 01924 302475 <b>email:</b> normantonsp@wakefield.gov.uk <b>meeting place:</b> Normanton Swimming Pool, Market Street Normanton WF6 2AR	<b>day:</b> Tuesday <b>time:</b> 10.30 – 11.15am  <b>day:</b> Wednesday and Friday <b>time:</b> 11.15am – 12 noon  <b>day:</b> Saturday <b>time:</b> 9.30am – 10.15am  <b>cost:</b> £5.50 (£4.60 with Activate card)

## Normanton Support Groups

Name	Contact	Details
<b>Bereavement Counselling Service</b>	<b>contact name:</b> Normanton Town Council <b>phone:</b> 01924 893794 meeting place: Normanton Town Hall, High Street, Normanton, West Yorkshire, WF6 2DZ Office open 9.30am - 1.30pm Monday to Friday Please press buzzer '5' then 'call' to gain access to the building.	You can make an appointment to see a member of the Bereavement Counselling service at Normanton Town Hall.  Appointments are available on a Tuesday morning. Please contact the Town Council and we will ask the Counsellor to call you back.
<b>Citizens Advice Bureau Outreach Service</b>	<b>phone:</b> Advice Line 03444 111 444 <b>meeting place:</b> Normanton Town Hall, High Street, Normanton, West Yorkshire, WF6 2DZ  Access to the building is via the buzzer system on the wall - Buzzer 5 then 'call' for CAB.  <b>website:</b> <a href="http://www.wakefielddistrictcab.co.uk/">http://www.wakefielddistrictcab.co.uk/</a>	<b>Day:</b> Monday <b>Time:</b> 10.00am – 1.00pm.  Clients are seen on a first come first serve basis. You will be asked to wait in reception until the advisor is ready to see you.
<b>Forget me Not Café  (Alzheimer's Society)</b>	<b>contact name:</b> Alzheimer's Society Wakefield <b>phone:</b> 01924 373264 <b>email:</b> <a href="mailto:wakefield@alzheimers.org.uk">wakefield@alzheimers.org.uk</a> <b>meeting place:</b> Normanton Methodist Church, Wakefield Road, Normanton WF6 1AG  <b>website:</b> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>	<b>day:</b> Third Tuesday of the month <b>time:</b> 1 pm – 3 pm  A social setting for people affected by dementia to provide peer support within the community. Facilitated by a Dementia Support Worker. Each session has a range of activities and often an informative guest speaker too

## Normanton Support Groups

Name	Contact	Details
<b>NASCA</b>  <b>Older peoples Forum</b>	<b>contact name:</b> Eurig Thomas <b>phone:</b> 01924 893229 <b>meeting place:</b> Normanton Town Hall, High Street, Normanton WF6 1NW	<b>day:</b> Third Monday of the month <b>time:</b> 1pm – 3pm
<b>Slimming World</b>	<b>contact name:</b> Lyndsey <b>phone:</b> 07739 459065 <b>postal address:</b> Normanton Methodist Church, Wakefield Road, Normanton WF6 1AG	<b>day:</b> Tuesday <b>time:</b> 5pm and 7pm <b>cost:</b> £4.95 per week
<b>Slimming World</b>	<b>contact name:</b> Victoria <b>phone:</b> 01977 557489 <b>postal address:</b> Normanton Methodist Church, Wakefield Road, Normanton WF6 1AG	<b>day:</b> Thursday <b>time:</b> 7.30am, 9.30am and 11.30am <b>cost:</b> £4.95 per week
<b>Slimming World</b>	<b>contact name:</b> Kirsty <b>phone:</b> 07725 591789 <b>postal address:</b> Normanton Junior Academy, Church Lane, Normanton, West Yorkshire, WF6 1EY	<b>day:</b> Thursday <b>time:</b> 5.30pm and 7.30pm <b>cost:</b> £4.95 per week
<b>Slimming World</b>	<b>contact name:</b> Sharon <b>phone:</b> 07970 673509 <b>postal address:</b> Normanton Junior Academy, Church Lane, Normanton, West Yorkshire, WF6 1EY	<b>day:</b> Saturday <b>time:</b> 8.30am and 10.30am <b>cost:</b> £4.95 per week

## Normanton Support Groups

Name	Contact	Details
<b>Stroke Association Support Group</b>	<b>contact name:</b> Kayleigh or Stacey Stroke Association <b>phone:</b> 01924 372525 <b>postal address:</b> Woodhouse Community Centre, Queen Elizabeth Drive, Normanton WF6 1JH	<b>day:</b> 3 <sup>rd</sup> Tuesday of the month <b>time:</b> 1pm – 3pm <b>cost:</b> free
<b>A listening ear – mental health support group</b>	<b>Phone:</b> 07761208959 <b>Meeting place;</b> Normanton fire station	Monday 7pm – 9pm

## Normanton Volunteering

Name	Contact	Details
<b>Age UK Volunteering Roles</b>	<b>contact name:</b> Volunteer Manager <b>phone:</b> 01977 552114 / 01977 604752 <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD	Volunteers typically spend about an hour a week with an older person to help reduce their feeling of isolation and loneliness. Please contact Bank Street office for a volunteer recruitment pack.

## Normanton Volunteering

Name	Contact	Details
<b>Altofts Community Book scheme</b>	<b>postal address:</b> The Brig, 1 St. Mary's Road Normanton WF6 2JH <b>email:</b> FOAL.ASCF@gmail.com	The community book scheme is run solely by volunteers from the community. We need people to oversee book swaps, sort donations, keep the shelves tidy etc. If you would like to help and are over 16, leave your details with a member of staff, or email us.
<b>Live Well Wakefield</b>	<b>contact name:</b> Janet Watson <b>phone:</b> 01924 255363 <b>Address:</b> Agbrigg & Belle Vue Community Centre, Montague Street, Wakefield WF1 5BB	Volunteers can help facilitate self-management courses and / or work as befrienders in the community
<b>Pontefract Live at Home scheme</b>  <b>Volunteering Opportunities</b>	<b>phone:</b> 01977 695006 <b>email:</b> ponteliveathome@btconnect.com <b>meeting place:</b> Micklegate Methodist Church, Micklegate, Pontefract. WF8 1QG	Various volunteering opportunities such as befriending, admin group support etc.

## Normanton Volunteering

Name	Contact	Details
<b>The Well Project</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 / 07872 551640 <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	We have many opportunities to volunteer and be involved at the Well. To work with young people and the wider community.

## Normanton Other Useful Contacts

Name	Contact	Details
<b>Age UK Wakefield District</b>	<b>phone:</b> 01977 552114 (reception) / 01977 552476 (advice line) <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD <b>website:</b> www.ageukkwd.org.uk	Working with and for older people in the Wakefield District.
<b>Food Bank</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<b>day:</b> Tuesday <b>time:</b> 5pm – 7pm  <b>day:</b> Friday <b>time:</b> 3pm - 5pm  Referrals can be made by professionals – please get in touch for further details. People can drop in. Proof of address and number of people living at household required.
<b>Talking Newspaper for the Blind</b>	<b>phone:</b> 01924 893794 <b>email:</b> enquires@normantontowncouncil.co.uk postal address: Normanton Town Council, PO Box 145, Normanton WF6 2WB	The Talking Newspaper is produced weekly and incorporates articles that relate to Normanton and Altofts and surrounding area. In addition commentary is also given on any photographs included in the articles.

## Normanton Other Useful Contacts

Name	Contact	Details
<b>The Well Project</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<p>The Well Project has been established to provide opportunities, and positive activities for anybody in the Normanton area. We are working in the heart of the community for the community connecting people and offering, somewhere to go, something to do and someone to talk to.</p>
<b>West Yorkshire Police - Normanton and Featherstone Neighbourhood Policing Team</b>	<b>contact name:</b> Insp Geoff Carter <b>phone:</b> 101 for non-emergencies <b>email:</b> normanton@westyorkshire.pnn.police.uk  <b>contact name:</b> Inspector Helen Brear <b>phone:</b> 101 for non-emergencies <b>email:</b> wakefield.rural@westyorkshire.pnn.police.uk	<p>Covers Featherstone, Streethouse, Sharlston, Altofts, Normanton and surrounding areas</p> <p>Covers Crofton, Ryhill, Walton and surrounding areas</p>



## Altofts Hobbies & Social Groups

Name	Contact	Details
<b>Quiz Night</b>	<b>phone:</b> 01924 892737 <b>email:</b> admin@thebrig.org.uk <b>meeting place:</b> The Brig Community Centre, 1 St Mary's Road, Altofts WF6 2JH  <b>website:</b> http://thebrig.org.uk	<b>day:</b> Wednesday <b>time:</b> 9pm  <b>day:</b> Sunday <b>time:</b> 8pm
<b>Women's Fellowship group</b>	<b>meeting place:</b> Altofts Methodist Church, Church Road, Altofts WF6 2NJ	<b>day:</b> Every second Tuesdays of the month <b>time:</b> 7.30pm – 9pm  Women's group with regular guest speakers

## Altofts Physical Activity

Name	Contact	Details
<b>Dance and Fitness Class</b>	<b>phone:</b> 01924 892737 <b>email:</b> admin@thebrig.org.uk <b>meeting place:</b> The Brig Community Centre, 1 St Mary's Road, Altofts WF6 2JH  <b>website:</b> http://thebrig.org.uk	<b>day:</b> Monday and Wednesday <b>time:</b> 7pm – 8pm  Mixed ability group.

## Altofts Physical Activity

Name	Contact	Details
<b>Dance Group</b>	<p><b>phone:</b> 01924 892737  <b>email:</b> admin@thebrig.org.uk  <b>meeting place:</b> The Brig Community Centre, 1 St Mary's Road, Altofts WF6 2JH</p> <p><b>website:</b> http://thebrig.org.uk</p>	<p><b>day:</b> Tuesday  <b>time:</b> 8:30pm - 10:30pm  Country dance.  Intermediate ability and above.</p>
<b>Altofts Methodist Church Activities</b>	<p><b>contact name:</b>  <b>phone:</b> 01924 307348  <b>email:</b> healthimprovement@wakefield.gov.uk  <b>meeting place:</b> Altofts Methodist Church, Church Road, Altofts WF6 2NJ</p>	<p><b>Health Walk (Altofts)</b>  <b>day:</b> Monday <b>time:</b> 12 noon <b>cost:</b> free  30 – 60 minutes duration. Pilates 6pm – 7pm  <b>day:</b> Tuesday <b>time:</b> 7pm – 9pm  <b>day:</b> Wednesday <b>time:</b> 7.30pm – 9pm  <b>day:</b> Thursday <b>time:</b> 10am – 12noon</p>
<b>Heart Rehab Group</b>	<p><b>phone:</b> 01924 892737  <b>email:</b> admin@thebrig.org.uk  <b>meeting place:</b> The Brig Community Centre, 1 St Mary's Road, Altofts WF6 2JH</p> <p><b>website:</b> http://thebrig.org.uk</p>	<p><b>day:</b> Tuesday  <b>time:</b> 5:30pm - 6:30pm  <b>cost:</b> £4 per session</p> <p>Exercise group.</p>
<b>Karate Club</b>	<p><b>contact name:</b> Graham  <b>phone:</b> 07828 710044  <b>meeting place:</b> The Brig Community Centre, 1 St Mary's Road, Altofts WF6 2JH</p> <p><b>website:</b> http://thebrig.org.uk</p>	<p><b>day:</b> Thursday  <b>time:</b> 8pm – 9pm</p>

## Altofts Physical Activity

Name	Contact	Details
<b>Open Fitness Sessions</b>	<b>phone:</b> 01924 892737 <b>email:</b> admin@thebrig.org.uk <b>meeting place:</b> The Brig Community Centre, 1 St Mary's Road, Altofts WF6 2JH  <b>website:</b> http://thebrig.org.uk	<b>day:</b> Thursday <b>time:</b> 6pm – 7pm <b>cost:</b> £3 per session  Mixed ability
<b>Yoga</b>	<b>contact name:</b> Laura <b>phone:</b> 07834 219974 <b>meeting place:</b> The Brig Community Centre, 1 St Mary's Road, Altofts WF6 2JH  <b>website:</b> http://thebrig.org.uk	<b>day:</b> Wednesday <b>time:</b> 6pm – 7pm <b>cost:</b> £4 per session

## Altofts Volunteering

Name	Contact	Details
<b>Age UK Wakefield district Volunteering Roles</b>	<b>contact name:</b> Volunteer Manager <b>phone:</b> 01977 552114 / 01977 604752 <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD	Volunteers typically spend about an hour a week with an older person to help reduce their feeling of isolation and loneliness. Please contact Bank Street office for a volunteer recruitment pack.

## Altofts Volunteering

Name	Contact	Details
<b>Altofts Community Book scheme</b>	<b>postal address:</b> The Brig, 1 St. Mary's Road Normanton WF6 2JH <b>email:</b> FOAL.ASCF@gmail.com	<p>The community book scheme is run solely by volunteers from the community. We need people to oversee book swaps, sort donations, keep the shelves tidy etc. If you would like to help and are over 16, leave your details with a member of staff, or email us.</p>
<b>Live Well Wakefield</b>	<b>contact name:</b> Janet Watson <b>phone:</b> 01924 255363 <b>Address:</b> Agbrigg & Belle Vue Community Centre, Montague Street, Wakefield WF1 5BB	<p>Volunteers can help facilitate self-management courses and / or work as companions in the community</p>
<b>The Well Project</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 / 07872 551640 <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	<p>We have many opportunities to volunteer and be involved at the Well. To work with young people and the wider community.</p>

## Altofts Other Useful Contacts

Name	Contact	Details
<b>Food Bank</b>	<p><b>contact name:</b> Michelle Newton  <b>phone:</b> 01924 895634  <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP</p>	<p><b>day:</b> Tuesday  <b>time:</b> 5pm – 7pm</p> <p><b>day:</b> Friday  <b>time:</b> 3pm - 5pm</p> <p>Referrals can be made by professionals – please get in touch for further details. People can drop in. Proof of address and number of people living at household required.</p>
<b>Talking Newspaper for the Blind</b>	<p><b>phone:</b> 01924 893794  <b>email:</b> enquires@normantontowncouncil.co.uk  postal address: Normanton Town Council, PO Box 145, Normanton WF6 2WB</p>	<p>The Talking Newspaper is produced weekly and incorporates articles that relate to Normanton, Altofts and surrounding area. In addition commentary is also given on any photographs included in the articles.</p>
<b>The Well Project</b>	<p><b>contact name:</b> Michelle Newton  <b>phone:</b> 01924 895634  <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP</p>	<p>The Well Project has been established to provide opportunities, and positive activities for anybody in the Normanton area. We are working in the heart of the community for the community connecting people and offering, somewhere to go, something to do and someone to talk to.</p>

## Altofts Other Useful Contacts

Name	Contact	Details
<b>West Yorkshire Police - Normanton and Featherstone Neighbourhood Policing Team</b>	<b>contact name:</b> Inspector Geoff Carter <b>phone:</b> 101 for non-emergencies <b>email:</b> normanton@westyorkshire.pnn.police.uk	Covers Featherstone, Streethouse, Sharlston, Altofts, Normanton and surrounding areas
<b>West Yorkshire Police – Wakefield Rural Neighbourhood Policing Team</b>	<b>contact name:</b> Inspector Helen Brear <b>phone:</b> 101 for non-emergencies <b>email:</b> wakefield.rural@westyorkshire.pnn.police.uk	Covers Crofton, Ryhill, Walton and surrounding areas
<b>Citizens Advice Bureau Outreach Service</b>	<b>phone:</b> Advice Line 03444 111 444 <b>meeting place:</b> Normanton Town Hall, High Street, Normanton, West Yorkshire, WF6 2DZ Access to the building is via the buzzer system on the wall - Buzzer 5 then 'call' for CAB. <b>website:</b> <a href="http://www.wakefielddistrictcab.co.uk/">http://www.wakefielddistrictcab.co.uk/</a>	<b>Day:</b> Monday <b>Time:</b> 10.00am – 1.00pm.  Clients are seen on a first come first serve basis. You will be asked to wait in reception until the advisor is ready to see you.

## Featherstone Hobbies & Social Groups

Name	Contact	Details
<b>Chesneys Adult Education Centre</b>	<b>contact name:</b> Sarah Middleton <b>phone:</b> 01977 723484 <b>address:</b> Regent Street, Featherstone WF7 5EW <b>email:</b> chesneys@wakefield.gov.uk	<b>day:</b> Mon, Tues, Wed, Thurs <b>time:</b> 9am – 4pm <b>day:</b> Friday <b>time:</b> 9am – 3pm
<b>Coffee Morning</b>	<b>contact name:</b> Susan Keogh, Steward <b>phone:</b> 01977 607532 <b>email:</b> skeogh@ingsenvironmental.co.uk <b>meeting place:</b> Featherstone Methodist Church Hall, Wilson Street, Featherstone WF7 5AJ	<b>day:</b> Thursday <b>time:</b> 9.30am – 12noon  <b>day:</b> Saturday <b>time:</b> 9am – 11am
<b>Coffee Morning</b>	<b>contact name:</b> Fr Joseph Grosu <b>phone:</b> 01977 792288 <b>meeting place:</b> All Saints Parish Church, Ackton Lane, North Featherstone WF7 6AR	<b>day:</b> Wednesday <b>time:</b> 10.45am – 12noon
<b>Flower Arranging Club</b>	<b>contact name:</b> Fr Joseph Grosu <b>phone:</b> 01977 792288 <b>meeting place:</b> All Saints Parish Church, Ackton Lane, North Featherstone WF7 6AR	<b>day:</b> Thursday <b>time:</b> 2pm

## Featherstone Hobbies & Social Groups

Name	Contact	Details
<b>Coffee Morning</b>	<b>Phone:</b> 07972 106571 / 07805 101825 <b>email:</b> info@southfeatherstonegospelhall.co.uk <b>meeting place:</b> South Featherstone Gospel Hall, Station Lane, Featherstone  <b>website:</b> www.southfeatherstonegospelhall.co.uk	<b>day:</b> Wednesday <b>time:</b> 10am – 12noon
<b>Coffee Morning</b>	<b>phone:</b> 01977 798266 <b>meeting place:</b> Huntwick Centre, Huntwick Avenue, Featherstone WF7 5JE	<b>day:</b> Tuesday <b>time:</b> 9am – 10.30am
<b>Knit and Natter</b>	<b>phone:</b> 01977 798266 <b>meeting place:</b> Huntwick Centre, Huntwick Avenue, Featherstone WF7 5JE	<b>day:</b> Thursday <b>time:</b> 9am – 10.30am <b>cost:</b> free
<b>Knit, Stitch and Natter</b>	<b>contact name:</b> Susan Keogh, Steward <b>phone:</b> 01977 607532 <b>meeting place:</b> Featherstone Methodist Church, Wilson Street, Featherstone <b>email:</b> skeogh@ingsenvironmental.co.uk	<b>day:</b> Tuesday <b>time:</b> 12noon – 2.30pm <b>cost:</b> £3 (includes refreshments)



## Featherstone Hobbies & Social Groups

Name	Contact	Details
<b>Shearings Featherstone Male Voice Choir</b>	<b>contact name:</b> Peter, Concert Secretary <b>phone:</b> 07773 600150 <b>email:</b> petetrevor@gmail.com <b>meeting place:</b> Featherstone Methodist Church Hall, Wilson Street, Featherstone  <b>website:</b> www.fmvc.co.uk	<b>day:</b> Wednesday and Friday <b>time:</b> 7pm

## Featherstone Physical Activity

Name	Contact	Details
<b>Aerobics</b>	<b>contact name:</b> Cath Smart <b>phone:</b> 07852424322 <b>email:</b> smart.cath@googlemail.com <b>meeting place:</b> St Thomas' Church Hall, 26-28 Victoria Street, Featherstone WF7 5EZ	<b>day:</b> Friday <b>time:</b> 10am – 11am <b>cost:</b> £3.50
<b>Pilates</b>	<b>phone:</b> 01977 722842 <b>email:</b> featherstonep@wakefield.gov.uk <b>meeting place:</b> Featherstone Sports Complex, Pontefract Road, Featherstone WF7 5AJ	<b>day:</b> Thursday <b>time:</b> 10.30am – 11.30am <b>cost:</b> £5.50 (Activate £4.60)

## Featherstone Physical Activity

Name	Contact	Details
<b>Swim and Chat</b>	<b>phone:</b> 01977 722842 <b>meeting place:</b> Featherstone Pool, Pontefract Road, Featherstone WF7 5AJ	<b>day:</b> Tuesday <b>time:</b> 9am – 9.45am <b>cost:</b> £4.60 (£3.65 with Activate card)
<b>Swimming – Disability Swim</b>	<b>phone:</b> 01977 722842 <b>email:</b> featherstonesp@wakefield.gov.uk <b>meeting place:</b> Featherstone Pool, Pontefract Road, Featherstone WF7 5AJ	<b>day:</b> Thursday <b>time:</b> 5pm – 6pm <b>cost:</b> £4.60 (£3.65 with Activate card)
<b>Swimming - Joint and Muscle Mobility</b>	<b>phone:</b> 01977 722842 <b>email:</b> featherstonesp@wakefield.gov.uk <b>meeting place:</b> Featherstone Pool, Pontefract Road, Featherstone WF7 5AJ	<b>day:</b> Wednesday <b>time:</b> 3.30pm – 4.30pm <b>cost:</b> £4.60 (£3.65 with Activate card)
<b>Swimming – Aqua Fit</b>	<b>phone:</b> 01977 722842 <b>email:</b> featherstonesp@wakefield.gov.uk <b>meeting place:</b> Featherstone Pool, Pontefract Road, Featherstone WF7 5AJ	<b>day:</b> Wednesday <b>time:</b> 7.15pm – 8pm  <b>cost:</b> £5.50 (£4.60 with Activate card)

## Featherstone Physical Activity

Name	Contact	Details
<b>Swimming – Aqua Zumba</b>	<b>phone:</b> 01977 722842 <b>email:</b> featherstonesp@wakefield.gov.uk <b>meeting place:</b> Featherstone Pool, Pontefract Road, Featherstone WF7 5AJ	<b>day:</b> Monday <b>time:</b> 7pm – 8pm  <b>day:</b> Tuesday <b>time:</b> 9.45am – 10.30am  <b>day:</b> Thursday <b>time:</b> 6.15pm – 7pm  <b>cost:</b> £5.50 (£4.60 with Activate card)
<b>Weight Watchers</b>	<b>phone:</b> 01977 722745 <b>meeting place:</b> Chesneys, Regent Street, Featherstone, WF7 5EW	<b>day:</b> Thursday <b>time:</b> 9.30am – 11.30am
<b>Yoga</b>	<b>contact name:</b> Jacqui Jones <b>phone:</b> 07979 007677 <b>meeting place:</b> St Wilfrid’s High School, Cutsyke Road, North Featherstone WF7 6BD  <b>website:</b> www.calmayoga.co.uk	<b>day:</b> Wednesday (term time only) <b>time:</b> 5pm – 6.30pm <b>cost:</b> £5 per session (seniors half price)  General class suitable for beginners
<b>Zumba Gold</b>	<b>phone:</b> 01977 722842 <b>email:</b> featherstonesp@wakefield.gov.uk <b>meeting place:</b> Featherstone Sports Complex, Pontefract Road, Featherstone WF7 5AJ	<b>day:</b> Tuesday <b>time:</b> 10.45am – 11.30am  <b>day:</b> Friday <b>time:</b> 10.30am – 11.15am  <b>cost:</b> £5.50 (Activate £4.60)

## Featherstone Support Groups

Name	Contact	Details
<b>Citizens Advice Bureau Outreach Service</b>	<b>phone:</b> Advice Line 03444 111 444 <b>meeting place:</b> Featherstone Old Town Hall, Wakefield Road, Featherstone WF7 5WW  <b>website:</b> <a href="http://www.wakefielddistrictcab.co.uk/">http://www.wakefielddistrictcab.co.uk/</a>	<b>day:</b> Tuesday <b>time:</b> 10am – 1pm  Clients are seen on a first come first serve basis.
<b>Slimming World</b>	<b>contact name:</b> Caroline <b>phone:</b> 07920 481319 <b>postal address:</b> Featherstone Rovers Rugby Ground, Post Office Road, Featherstone WF7 5EN	<b>day:</b> Wednesday <b>time:</b> 5pm and 7pm <b>cost:</b> £4.95 per week
<b>Slimming World</b>	<b>contact name:</b> Becky <b>phone:</b> 07951 443959 <b>postal address:</b> Working Mens' Club, Green Lane, Featherstone WF7 6JG	<b>day:</b> Tuesday <b>time:</b> 3pm, 5pm and 7pm <b>cost:</b> £4.95 per week

## Featherstone Volunteering

Name	Contact	Details
<b>Age UK Wakefield District Volunteering Roles</b>	<b>contact name:</b> Volunteer Manager <b>phone:</b> 01977 552114 / 01977 604752 <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD	Volunteers typically spend about an hour a week with an older person to help reduce their feeling of isolation and loneliness. Please contact Bank Street office for a volunteer recruitment pack.
<b>Live Well Wakefield</b>	<b>contact name:</b> Janet Watson <b>phone:</b> 01924 255363 <b>Address:</b> Agbrigg & Belle Vue Community Centre, Montague Street, Wakefield WF1 5BB	Volunteers can help facilitate self-management courses and / or work as companions in the community
<b>Pontefract Live at Home scheme</b>  <b>Volunteering Opportunities</b>	<b>phone:</b> 01977 695006 <b>email:</b> ponteliveathome@btconnect.com <b>meeting place:</b> Micklegate Methodist Church, Micklegate, Pontefract. WF8 1QG	Various volunteering opportunities such as befriending, admin group support etc.
<b>The Well Project</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 / 07872 551640 <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	We have many opportunities to volunteer and be involved at the Well. To work with young people and the wider community.

## Featherstone Other Useful Contacts

Name	Contact	Details
<b>Age UK Wakefield District</b>	<b>phone:</b> 01977 552114 (head office) / 01977 552476 (advice line) <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD <b>website:</b> www.ageukkwd.org.uk	Working with and for older people in the Wakefield District.
<b>Featherstone Library and Community Centre</b>	<b>phone:</b> 01977 722745 <b>email:</b> featherstonelibrary@wakefield.gov.uk <b>postal address:</b> Victoria Street, off Station Lane Featherstone WF7 5BB	<b>day:</b> Monday <b>time:</b> 9.30am – 7pm <b>day:</b> Wednesday <b>time:</b> 9.30am – 5pm <b>day:</b> Thursday <b>time:</b> 9.30am – 5pm <b>day:</b> Friday <b>time:</b> 9.30am – 4pm <b>day:</b> Saturday <b>time:</b> 9.30am – 1pm
<b>Faith Net Food Bank</b>	<b>phone:</b> 07972 106571 / 07805 101825 <b>email:</b> info@southfeatherstonegospelhall.co.uk <b>meeting place:</b> South Featherstone Gospel Hall, Station Lane, Featherstone WF7 5BN	<b>day:</b> Wednesday <b>time:</b> 6.30pm – 8pm
<b>West Yorkshire Police - Normanton and Featherstone Neighbourhood Policing Team</b>	<b>contact name:</b> Inspector Geoff Carter <b>phone:</b> 101 for non-emergencies <b>email:</b> normanton@westyorkshire.pnn.police.uk  <b>contact name:</b> Inspector Helen Brear <b>phone:</b> 101 for non-emergencies <b>email:</b> wakefield.rural@westyorkshire.pnn.police.uk	Covers Featherstone, Streethouse, Sharlston, Altofts, Normanton and surrounding areas  Covers Crofton, Ryhill, Walton and surrounding areas

## Sharlston Support Groups

Name	Contact	Details
<b>Fibromyalgia Support Group</b>	<b>contact name:</b> Joanna Tolson <b>phone:</b> 07922 638941 <b>meeting place:</b> Sharlston Community Centre, Weeland Road, Sharlston Common WF4 1AA	Group meets once a month. Please call Joanna for details.
<b>Slimming World</b>	<b>contact name:</b> Mandy <b>phone:</b> 07584 628890 <b>postal address:</b> Old Sharlston Cricket Club, Weeland Road, Sharlston WF4 1DB	<b>day:</b> Wednesday <b>time:</b> 3.30pm, 5.30pm and 7.30pm <b>cost:</b> £4.95 per week

## Sharlston Volunteering

Name	Contact	Details
<b>Age UK Wakefield District</b>	<b>contact name:</b> Volunteer Manager <b>phone:</b> 01977 552114 / 01977 604752 <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD	Volunteers typically spend about an hour a week with an older person to help reduce their feeling of isolation and loneliness. Please contact Bank Street office for a volunteer recruitment pack.

## Sharlston Volunteering

Name	Contact	Details
<b>Live Well Wakefield</b>	<b>contact name:</b> Janet Watson <b>phone:</b> 01924 255363 <b>Address:</b> Agbrigg & Belle Vue Community Centre, Montague Street, Wakefield WF1 5BB	Volunteers can help facilitate self-management courses and / or work as companions in the community
<b>Pontefract Live at Home scheme</b>	<b>phone:</b> 01977 695006 <b>email:</b> ponteliveathome@btconnect.com <b>meeting place:</b> Micklegate Methodist Church, Micklegate, Pontefract. WF8 1QG	Various volunteering opportunities such as befriending, admin group support etc.
<b>The Well Project</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 / 07872 551640 <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	We have many opportunities to volunteer and be involved at the Well. To work with young people and the wider community.



## Sharlston Other Useful Contacts

Name	Contact	Details
<b>Age UK Wakefield District</b>	<b>phone:</b> 01977 552114 (head office) / 01977 552476 (advice line) <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD <b>website:</b> www.ageukkd.org.uk	Working with and for older people in the Wakefield District.
<b>West Yorkshire Police - Normanton and Featherstone Neighbourhood Policing Team</b>	<b>contact name:</b> Inspector Geoff Carter <b>phone:</b> 101 for non-emergencies <b>email:</b> normanton@westyorkshire.pnn.police.uk  <b>contact name:</b> Inspector Helen Brear <b>phone:</b> 101 for non-emergencies <b>email:</b> wakefield.rural@westyorkshire.pnn.police.uk	Covers Featherstone, Streethouse, Sharlston, Altofts, Normanton and surrounding areas  Covers Crofton, Ryhill, Walton and surrounding areas

## Crofton, Walton and Nostell Hobbies & Social Groups

Name	Contact	Details
<b>Darby &amp; Joan Club</b>	<b>contact name:</b> Tony Rodgers <b>phone:</b> 01924 860890 <b>meeting place:</b> Crofton WMC, Shay Lane, Crofton WF4 1HJ	<b>day:</b> Alternate Wednesdays <b>time:</b> 2pm – 4pm <b>cost:</b> £3 annual membership + 50p per visit  Club offers a variety of activities bingo, games, quizzes and 2 outings per year – minimum age 55 years (Group does not meeting during August)
<b>Coffee Morning</b>	<b>Contact name:</b> Margaret Taylor <b>Phone:</b> 01924 259157 <b>Meeting place:</b> Walton Methodist Church, Shay Lane, Walton, Wakefield WF2 6LA	<b>day:</b> Tuesday <b>time</b> 10.00 – 11.30am  Pop-in for tea, coffee and a chat
<b>Book Club</b>	<b>phone:</b> 01924 253642 <b>meeting place:</b> Walton Library, The Grove, Walton WF2 6LD	<b>day:</b> 1 <sup>st</sup> Friday of month <b>time:</b> 6pm
<b>Embroidery</b>	<b>contact name:</b> Anne Dey <b>phone:</b> Walton Parish Council 07414 257902 <b>meeting place:</b> Walton Village Hall, School Lane, Walton WF2 6PA	<b>day:</b> Monday <b>time:</b> 1pm
<b>Lacemakers</b>	<b>contact name:</b> Lynda Mayes <b>phone:</b> Walton Parish Council 07414 257902 <b>meeting place:</b> Walton Village Hall, School Lane, Walton WF2 6PA	<b>day:</b> 3 <sup>rd</sup> Tuesday of month <b>time:</b> 7pm

## Crofton, Walton and Nostell Hobbies & Social Groups

Name	Contact	Details
<b>Walton Singers</b>	<b>contact:</b> Walton Parish Council <b>phone:</b> 07414 257902 <b>meeting place:</b> Walton School Hall, School Lane, Walton WF2 6PA	<b>day:</b> Monday <b>time:</b> 7pm – 8.30pm

## Crofton, Walton and Nostell Lunch Clubs

Name	Contact	Details
<b>Shay Lane Primary Lunch Club</b>	<b>contact name:</b> School Secretary <b>phone:</b> 01924 862600  <b>meeting place:</b> Shay Lane Primary School, Shay Lane, Crofton, Wakefield, WF2 6AS	<b>day:</b> Thursday <b>time:</b> 11.30 am – 12.30 pm <b>cost:</b> £2.82 Available to anyone over 60 years of age 2 course meal including tea or coffee Please contact school to book a meal

## Crofton, Walton and Nostell Physical Activity

Name	Contact	Details
<b>(Walton Library) Cycling Club</b>	<b>contact name:</b> Richard Hancock <b>phone:</b> 07775 625964 <b>meeting place:</b> The New Inn, 144 Shay Lane, Walton WF2 6LA	<b>day:</b> Monday <b>time:</b> 9.15 am 15+ miles
<b>Health Walk (Walton)</b>	<b>contact name:</b> Health Improvement Team, Wakefield Council <b>phone:</b> 01924 307348 <b>email:</b> healthimprovement@wakefield.gov.uk <b>meeting place:</b> Walton Social Club, Shay Lane, Walton WF2 6LA	<b>day:</b> Thursday (fortnightly) <b>time:</b> 10am <b>cost:</b> free
<b>Keep Fit</b>	<b>contact name:</b> Jean Holmes <b>meeting place:</b> Walton Village Hall, School Lane, Walton WF2 6PA	<b>day:</b> Wednesday <b>time:</b> 7.45pm – 9pm
<b>Line Dancing</b>	<b>contact name:</b> Jeanette Herries <b>phone:</b> 07443651117 <b>meeting place:</b> Walton Village Hall, School Lane, Walton WF2 6PA	<b>day:</b> Monday <b>time:</b> 1.00 – 2.30pm <b>cost:</b> £4 per session Free refreshments – suitable for all abilities
<b>Nordic Walking</b>	<b>contact:</b> Walton Parish Council <b>phone:</b> 07414 257902 <b>meeting place:</b> Nature park off Shay Lane, Walton	Day: Thursday Time: 9.30am – 11am Tuition and poles provided

## Crofton, Walton and Nostell Physical Activity

Name	Contact	Details
<b>Health Walk (Crofton)</b>	<b>contact name:</b> Health Improvement Team, Wakefield Council <b>phone:</b> 01924 307348 <b>email:</b> healthimprovement@wakefield.gov.uk <b>meeting place:</b> Crofton Community Centre, Middle Lane, Crofton WF4 1LB	<b>day:</b> Tuesday (fortnightly) <b>time:</b> 12.00 noon <b>cost:</b> Free 2 hours max – the group goes back to the community centre for refreshments, or has stops along the way
<b>Health Walk (Nostell Priory)</b>	<b>contact name:</b> Health Improvement Team, Wakefield Council <b>phone:</b> 01924 307348 <b>email:</b> healthimprovement@wakefield.gov.uk <b>meeting place:</b> Nostell Priory car park, Doncaster Road, WF4 1QE	<b>day:</b> Thursday and Friday <b>time:</b> 10am <b>cost:</b> free 30 – 60 minutes duration

## Crofton, Walton and Nostell Volunteering

Name	Contact	Details
<b>Age UK Wakefield District Volunteering Roles</b>	<b>contact name:</b> Volunteer Manager <b>phone:</b> 01977 552114 / 01977 604752 <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD	Volunteers typically spend about an hour a week with an older person to help reduce their feeling of isolation and loneliness. Please contact Bank Street office for a volunteer recruitment pack.

## Crofton, Walton and Nostell Volunteering

Name	Contact	Details
<b>Live Well Wakefield</b>	<b>contact name:</b> Janet Watson <b>phone:</b> 01924 255363 <b>Address:</b> Agbrigg & Belle Vue Community Centre, Montague Street, Wakefield WF1 5BB	Volunteers can help facilitate self-management courses and / or work as companions in the community
<b>Pontefract Live at Home scheme</b>	<b>phone:</b> 01977 695006 <b>email:</b> ponteliveathome@btconnect.com <b>meeting place:</b> Micklegate Methodist Church, Micklegate, Pontefract. WF8 1QG	Various volunteering opportunities such as befriending, admin group support etc.
<b>The Well Project</b>	<b>contact name:</b> Michelle Newton <b>phone:</b> 01924 895634 / 07872 551640 <b>postal address:</b> The Well Project, Haw Hill Park, Castleford Road, Normanton WF6 2DP	We have many opportunities to volunteer and be involved at the Well. To work with young people and the wider community.

## Crofton, Walton and Nostell Other Useful Contacts

Name	Contact	Details
<b>Age UK Wakefield District</b>	<b>phone:</b> 01977 552114 (head office) / 01977 552476 (advice line) <b>postal address:</b> 7 Bank Street, Castleford WF10 1JD <b>website:</b> www.ageukkwd.org.uk	Working with and for older people in the Wakefield District.
<b>Walton Library</b>	<b>phone:</b> 01924 253642 <b>postal address:</b> The Grove, Walton WF2 6LD	<b>day:</b> Monday, Tuesday, Thursday, Friday <b>time:</b> 2pm – 5pm  <b>day:</b> Wednesday <b>time:</b> 9am – 12noon and 2pm – 5pm  <b>day:</b> Saturday <b>time:</b> 10am – 1pm
<b>Normanton and Featherstone Neighbourhood Policing Team</b>	<b>contact name:</b> Inspector Geoff Carter <b>phone:</b> 101 for non-emergencies <b>email:</b> normanton@westyorkshire.pnn.police.uk	Covers Featherstone, Streethouse, Sharlston, Altofts, Normanton and surrounding areas
<b>Wakefield Rural Neighbourhood Policing Team</b>	<b>contact name:</b> Inspector Helen Brear <b>phone:</b> 101 for non-emergencies <b>email:</b> wakefield.rural@westyorkshire.pnn.police.uk	Covers Crofton, Ryhill, Walton and surrounding areas