



## Local Support and Social Groups to aid independence and healthy living

### Wakefield North West - Ossett, Overton, Horbury, Middlestown Netherton and Lupset

This information has been compiled by the Live Well Wakefield Service  
South West Yorkshire Partnership NHS Foundation Trust.

We aim to provide accurate and useful information and every effort has been made to ensure this information is correct. This directory was updated on the date shown below. If that date is not within the last 6 months there will be a more up to date version available.

**Please note:** This directory is not exhaustive and inclusion is not an endorsement. No responsibility can be taken for advice or services provided by any support service or social group listed.

If you notice any errors or would like more information, please telephone our office on 01924 255363.  
Live Well Wakefield, the Agbrigg and Belle Vue Community Centre, Montague Street,  
Agbrigg, Wakefield WF1 5BB

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**Other Directories cover the following areas:**

- ❖ **PONTEFRAC**T, Carleton, Darrington, East Hardwick, Knottingley and Ferrybridge
- ❖ **CASTLEFORD** and Airedale
- ❖ **SOUTH EAST** – Ackworth, South Elmsall, South Kirkby, Upton, Hemsworth, Ryhill, and Havercroft
- ❖ **NORMANTON**, Altofts, Featherstone, Sharlston, Crofton, Walton and Nostell
- ❖ **WAKEFIELD SOUTH AND RURAL** – City Centre, Alverthorpe, Thornes, Agbrigg, Sandal, Crigglestone, Hall Green and Kettlethorpe
- ❖ **WAKEFIELD NORTH** – Outwood, Wrenthorpe, Stanley, College Grove and Eastmoor

## Ossett – Hobbies and Social Groups

Name	Contact	Details
<b>Monday Club</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> Monday <b>time:</b> 10am – 12noon  Newspapers, table games, chit chat  Tea and coffee available for small contribution
<b>Forget me Not Cafe (Alzheimer's Society)</b>	<b>contact name:</b> Alzheimer's Society Wakefield <b>phone:</b> 01924 275418 <b>email:</b> wakefield@alzheimers.org.uk <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> First Tuesday (Monthly) <b>time:</b> 1pm – 3pm  A place for people with dementia, their carers, family and friends to relax, meet new people, share information or simply to have a cup of tea and a chat.
<b>King's Way Singers</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> Friday <b>time:</b> 6:30pm
<b>Ossett Library</b>	<b>contact name:</b> Librarian <b>phone:</b> 01924 303040 <b>meeting place:</b> Ossett Library, Station Road, Ossett, WF5 8AB	<b>Ossett:</b> Temporary Closed for Refurbishment Please contact the 01924 302 210 for re-opening information.
<b>Coffee Morning Church Street</b>	<b>contact name:</b> Reception <b>phone:</b> 01924 217667 <b>meeting place:</b> Church Street Surgery, 1 <sup>st</sup> floor health & wellbeing room, Kingsway, Ossett WF5 8DF	<b>day:</b> 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of the month <b>time:</b> 10:00am -12 noon Cuppa, chat, crafts, exercise, games – join in as much or as little as you want

## Ossett – Hobbies and Social Groups

Name	Contact	Details
<b>Computer help</b>	<b>meeting place:</b> Wellgate Café, Ossett Town Centre <b>phone:</b> Church Street Surgery 01924 217667	day: 1 <sup>st</sup> Thursday time: 1:30pm – 2:30pm  Bring your own laptop or tablet  Register at Church Street Surgery reception to attend – as this group is run by one of the practice champions
<b>Ukulele Club</b>	<b>contact name:</b> Mark Ellerker <b>phone:</b> 01924 272006 <b>meeting place:</b> Eller Coffee Shop, Station Road, Ossett	<b>day:</b> Thursday (occasionally) call for dates and times
<b>Art Group</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Monday <b>time:</b> 7pm-9pm  <b>day:</b> Wednesday <b>time:</b> 10am – 12noon and 7pm - 9pm
<b>Wednesday Club</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Wednesday (Alternating Wednesdays) <b>time:</b> 2pm – 4pm  Please call to check monthly dates
<b>Bridge Club</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Wednesday <b>time:</b> 7.00pm – 10pm

## Ossett – Hobbies and Social Groups

Name	Contact	Details
<b>Photographic Club</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Thursday <b>time:</b> 7.30pm – 9.30pm  September – May Refreshments available
<b>Book Club</b>	<b>contact name:</b> Mark Ellerker <b>phone:</b> 01924 272006 <b>meeting place:</b> Eller Coffee Shop, Station Road, Ossett	<b>day:</b> 2 <sup>nd</sup> Tuesday of the month <b>time:</b> 7pm
<b>Poetry Group</b>	<b>contact name:</b> Mark Ellerker <b>phone:</b> 01924 272006 <b>meeting place:</b> Eller Coffee Shop, Station Road, Ossett	<b>day:</b> Thursday <b>time:</b> 1:30pm – 3:00pm
<b>Art Group</b>	<b>contact name:</b> Keith Oldroyd <b>phone:</b> 01924 262728 <b>meeting place:</b> Scout HQ, Manor Road. Ossett WF5 0LQ	<b>day:</b> Monday <b>time:</b> 7:30pm – 9:30pm
<b>Kings Way Church Coffee Morning</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> Saturday <b>time:</b> 10am

## Ossett – Hobbies and Social Groups

Name	Contact	Details
<b>Incredibly Edible gardening club</b>	<b>contact name:</b> Andy Austerfield <b>phone:</b> 07971098510 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Thursday Mornings <b>time:</b> 10am  Incredible Edible Gardening Club sessions are open to growers of all abilities and aim to bring together both experienced and novice gardeners wanting to develop their gardening skills. Sessions are free – “Veggie Vouchers” can be purchased each week and exchanged for club grown plants and produce.
<b>Shared Craft</b>	<b>phone:</b> 01924 263311 <b>meeting place:</b> Christ Church South Ossett, Vicar Lane, Ossett, WF5 0BE	<b>day:</b> Tuesday <b>time:</b> 2pm – 4pm
<b>Community Drop In – Gawthorpe</b>	<b>Contact name:</b> Shaun Bingham <b>phone:</b> 07724040887 <b>meeting place:</b> Salvation Army, Leeds Road, Ossett, WF5 9QW	<b>day:</b> Tuesday <b>time:</b> 10:15am – 12noon
<b>Parents &amp; Toddlers Group</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> Wednesdays <b>time:</b> 9:30am  Please check regarding costs
<b>Gawthorpe Giggles Parent &amp; Toddler group</b>	<b>Contact name:</b> Shaun Bingham <b>phone:</b> 07724040887 <b>meeting place:</b> Salvation Army, Leeds Road, Ossett, WF5 9QW	<b>day:</b> Wednesday <b>time:</b> 10am – 11:30am

## Ossett – Hobbies and Social Groups

Name	Contact	Details
<b>New mums - Community Cafe</b>	<b>contact name:</b> Tracy <b>phone:</b> 07580513605 <b>meeting place:</b> South Ossett Baptist Church, Junction Lane, Ossett, WF5 0HA	<b>day:</b> Friday <b>time:</b> 9am – 11am Refreshments, conversation with other mums, mutual support, baby weighing, breastfeeding advice and post natal depression support.
<b>Thursday Friendly Club Overton</b>	<b>contact name:</b> Margaret Bradley <b>phone:</b> 01924 262780 <b>meeting place:</b> St Luke's Church, Overton, Wakefield WF4 4RB	<b>day:</b> 2nd and 4th Thursday of month <b>time:</b> 2pm – 4pm <b>cost:</b> £1 subs and £1 bingo  Quizzes, meals out, cup of tea and a chat

## Ossett - Lunch Clubs

Name	Contact	Details
<b>South Ossett Lunch Club</b>	<b>phone:</b> 01924 263311 <b>meeting place:</b> Christ Church Centre, Off Vicar Lane, Ossett WF5 0BE	<b>day:</b> Monday <b>time:</b> 11am – 1pm <b>cost:</b> £4.75 (price may vary)  Vicar comes once a month for communion on 2 <sup>nd</sup> Monday of month and the 3 <sup>rd</sup> Monday play table games.

## Ossett - Lunch Clubs

Name	Contact	Details
<b>Ossett War Memorial Community Centre - Community Cafe</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Wednesday <b>time:</b> 11:30am – 1pm (lunch served at 12.15pm) <b>cost:</b> £4.50  Home cooked food
<b>Park Square Fisheries</b>  <b>Home meals</b>	<b>Phone:</b> 01924 280278 <b>Meeting place:</b> Park Square, Ossett, WF5 0JU	<b>day:</b> Wednesday to Friday 11.30am – 1.30pm and 4.30pm – 8pm Saturday 11:30am – 1.30pm  A Fish and Chip shop that will deliver for free within 2miles for a minimum spend for £5

## Ossett - Physical Activity

Name	Contact	Details
<b>Indoor Bowls</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett, WF5 8ET	<b>day &amp; time:</b> Wednesday 2.00pm Thursday 1.45pm Friday 10.00am
<b>Keep Fit</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> Thursday <b>time:</b> 10:30am  Please check regarding costs



## Ossett - Physical Activity

Name	Contact	Details
<b>Sequence Dance</b>	<b>contact name:</b> Jeanette <b>phone:</b> 07821 656839 <b>meeting place:</b> Primrose Hall, Green Park Avenue, Ossett, WF4 6EG	<b>day:</b> Wednesday <b>time:</b> 1.30pm – 3.30pm £3 cost per person (subject to change) No need to attend in couples
<b>Chair Aerobics – Gentle Exercise</b>	<b>contact:</b> Georgina <b>phone:</b> 07912 878536 <b>meeting place:</b> Primrose Hall, Green Park Avenue, Horbury, WF4 5DA	<b>day:</b> Wednesday <b>time:</b> 10.30am – 11.30am
<b>Indoor Bowling</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Thursday <b>time:</b> 2pm – 4pm <b>day:</b> Friday <b>time:</b> 10am – 12 noon <b>day:</b> Monday <b>time:</b> 10am – 12
<b>Yoga</b>	<b>contact name:</b> Jo Oldfield <b>phone:</b> 01924 262390 / 07855253139 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Monday <b>time:</b> 7pm – 8.30pm <b>day:</b> Thursday <b>time:</b> 9:30am – 11am <b>cost:</b> £6 each session
<b>Retired Ladies Keep Fit</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Monday <b>time:</b> 2:00pm – 3:00pm

## Ossett - Physical Activity

Name	Contact	Details
<b>Chairobics</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> Mondays <b>time:</b> 10am  Please check regarding costs
<b>Zumba</b>	<b>contact name:</b> John Alfie <b>phone:</b> 01924 275418 <b>meeting place:</b> Kings Way Church, Wesley Street, Ossett WF5 5ET	<b>day:</b> Monday <b>time:</b> 6:00pm  Please check regarding costs
<b>Sequence Dancing</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Wednesday <b>time:</b> 7.30pm – 10pm
<b>Cycling for All</b>	<b>contact name:</b> Wayne at St. Georges <b>phone:</b> 01924 369631 <b>meeting place:</b> Thornes Park Athletics Stadium, Horbury Road, WF2 8TY	<b>day:</b> Monday <b>time:</b> 10am – 11:30am  Cycling fun for adults unable to use conventional 2 wheeled bikes. Specially adapted cycles, trikes & quads £2.90 per session
<b>Tea Dance</b>	<b>contact name:</b> Chris Gasteen <b>phone:</b> 01924 274838 <b>meeting place:</b> Ossett War Memorial Community Centre, Prospect Road, Ossett WF5 8AN	<b>day:</b> Friday <b>time:</b> 2pm – 4pm

## Ossett - Physical Activity

Name	Contact	Details
<b>Ballroom Dancing</b>	<b>phone:</b> 01924 302999 <b>meeting place:</b> Ossett Town Hall, Market Place, Ossett WF5 8BE	<b>day:</b> Tuesday <b>time:</b> 7pm – 11pm <b>cost:</b> £3
<b>Senior Citizens Support Group Fun &amp; Fitness</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> Tuesday <b>time:</b> 10-11:30am  Varied Fitness – All abilities
<b>Walking Group – Church Street Surgery</b>	<b>contact name:</b> Reception <b>phone:</b> 01924 217667 <b>meeting place:</b> Church Street Surgery waiting room, Kingsway, Ossett, WF5 8DF	<b>day:</b> Saturday (call for dates) <b>time:</b> 10am  Please register at reception
<b>Chair Exercises</b>	<b>contact name:</b> Reception <b>phone:</b> 01924 217667 <b>meeting place:</b> Church Street Surgery, 1 <sup>st</sup> floor health & wellbeing room, Kingsway, Ossett WF5 8DF	<b>day:</b> 2 <sup>nd</sup> & 4 <sup>th</sup> Thursday <b>time:</b> 10am – 11am <b>Cost:</b> £3 a session  We all know that being physically active is good for us, but we can't all take part in walking or cycling. If that is the case for you, you could try chair based exercise.  <b>Patients of the surgery have priority if spaces are limited</b>

## Horbury - Hobbies & Social Groups

Name	Contact	Details
<b>Coffee Morning</b>	<b>contact name:</b> Anita <b>phone:</b> 01924 302935 <b>meeting place:</b> Dovecote Lodge, Dovecote Lane, Horbury WF4 6DJ	<b>day:</b> Tuesday <b>time:</b> 10am – 11am  Open to the public – Coffee, Cake and Raffle
<b>Tuesday Fellowship Over 50's Group</b>	<b>contact name:</b> Margaret Homes <b>phone:</b> 01924 280371 <b>meeting place:</b> Horbury St Peters Church, Northgate, Horbury WF4 6AS	<b>day:</b> Alternate Tuesdays of the month – please call for dates. <b>time:</b> 2pm – 4pm  St. Peters Parish Room. Refreshments, chat, social contact.
<b>Coffee Morning</b>	<b>contact name:</b> Margaret Homes <b>phone:</b> 01924 280371 <b>meeting place:</b> Horbury St Peters Church, Northgate, Horbury WF4 6AS	<b>day:</b> Saturday <b>time:</b> 9.15am – 11.15am  A weekly opportunity to call in to our parish room for refreshments, home baking and a chat. A weekly raffle takes place.
<b>Horbury Community Choir</b>	<b>contact name:</b> Tom Long <b>phone:</b> 07817256165 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury WF4 5DB  <b>Come and join a thriving choir who would welcome new members of all ages.</b>	<b>day:</b> Thursday <b>time:</b> 1.45pm <b>cost:</b> free for the first week and £3 per week thereafter which includes song book, new songs, tuition and transport to performances.  <b>Performances free to Care Homes, fundraising and community events, contact Tom for more information</b>

## Horbury - Hobbies & Social Groups

Name	Contact	Details
<b>Saxondale Court Coffee Morning</b>	<b>contact name:</b> Lynn Scotland <b>Phone:</b> 01924 262985/387216 <b>meeting place:</b> Saxondale Court, Northgate, Horbury, WF4 6AX	<b>day:</b> Friday <b>time:</b> 10:15am – 12:00noon  Refreshments, chat, raffle, various activities
<b>St Mary's Music Group U3A</b>	<b>contact name:</b> Karen Campbell <b>phone:</b> 01924 262664 <b>meeting place:</b> Parish Centre, (next to) St Mary's Church, Millfield Road, Horbury WF4 5EH	<b>day:</b> Friday <b>time:</b> 1:30pm – 3:30pm  Bring your own instrument and play. Term time only, all abilities welcome. Annual U3A membership costs £12
<b>Singing It Out - Horbury</b>	<b>Contact name:</b> Melanie Cossins <b>Phone:</b> 07904981504 <b>meeting place:</b> Cluntergate Centre, Horbury, WF4 5DA	<b>day:</b> Friday <b>time:</b> 1:30pm – 2:30pm (Children welcome too)  Singing is known to reduce stress and improve and support Mental Health. Come along and make friends. No musical ability required.
<b>Over 50's Group</b>	<b>contact name:</b> Valerie Crowther <b>phone:</b> 01924 262614 <b>meeting place:</b> St Johns Church, Mission Street, Horbury Bridge, WF4 5PS	<b>day:</b> first and third Wednesday of the month <b>time:</b> 2-4pm  Meet fortnightly for tea, chat, bingo and occasional lunches

## Horbury - Hobbies & Social Groups

Name	Contact	Details
<b>St Mary's Men's Group</b>	<b>contact name:</b> Karen Campbell <b>phone:</b> 01924 339072 <b>meeting place:</b> Parish Centre, (next to) St Mary's Church, Millfield Road, Horbury WF4 5DU	<b>day:</b> Tuesday evenings once a month (Call for dates and times – Subject to change)  Social group, trips out, various activities
<b>Coffee Morning</b>	<b>contact name:</b> Shaun Bingham <b>phone:</b> 07724040887 <b>meeting place:</b> Salvation Army, Horbury (Behind Co-op) WF4 5AT	<b>day:</b> Thursday <b>time:</b> 9am – 11am
<b>Cameo Club</b>	<b>contact name:</b> Shaun Bingham <b>phone:</b> 07724040887 <b>meeting place:</b> Salvation Army, Horbury (Behind Co-op) WF4 5AT	<b>day:</b> Thursday <b>time:</b> 1.30pm – 2.30pm  Over 60's games, quizzes, tea / coffee
<b>Horbury Library Activities</b>	<b>phone:</b> 01924 303060 <b>meeting place:</b> Horbury Library, Westfield Road, Horbury, WF4 6HP	<b>Computer help and advice</b> Free computer advice and help at the library – covering Microsoft office and how to access the internet  <b>Sewing Group</b> <b>day:</b> Tuesday <b>time:</b> 10am – 12noon  <b>Adult Crafts</b> <b>day:</b> 2 <sup>nd</sup> Thursday month <b>time:</b> 10.30am – 12noon

## Horbury - Hobbies & Social Groups

Name	Contact	Details
<b>Senior Citizens Support Group Bingo</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> Last Tuesday in the month <b>time:</b> 2pm  Join SCSG as a member
<b>Senior Citizens Support Group – Social Morning</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday <b>time:</b> 10:00am  Join SCSG as a member
<b>Incredibly Edible gardening club – Horbury Bridge</b>	<b>contact name:</b> Andy Austerfield <b>phone:</b> 07971098510 <b>meeting place:</b> The Island, Horbury Bridge	<b>day:</b> Friday Mornings <b>time:</b> 10am
<b>Senior Citizens Support Group Coffee Morning</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> 1st and 3rd Wednesday of the month <b>time:</b> 10am – 12noon  Followed by light lunch (at small cost)  Dementia Friendly Join SCSG as a member

## Horbury - Hobbies & Social Groups

Name	Contact	Details
<b>Horbury Historical Society</b>	<b>phone:</b> 01924 280852 <b>meeting place:</b> The Band Room, Horbury Methodist Church, High Street, Horbury, WF4 5LE	<b>day:</b> first Wednesday of the month <b>time:</b> 7.30pm  Annual subscription £10:00 – Visitors welcome £2.50 a meeting
<b>Monthly coach trip - Senior Citizens Support Group</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> 2 <sup>nd</sup> Wednesday in month <b>time:</b> 9:30am <b>cost:</b> Varies – book in advance  Must be a group member
<b>Craft Meetings</b>	<b>contact name:</b> Anne <b>phone:</b> 01924 263058 <b>meeting place:</b> Primrose Hall, Green Park Avenue, Horbury, WF4 5DA	<b>day:</b> Wednesday <b>time:</b> 11am – 1pm
<b>Book Group</b>	<b>phone:</b> 07873 544948 <b>meeting place:</b> The Cluntergate Centre, Cluntergate, Horbury, WF4 5DA	<b>day:</b> Wednesday - Approx. once every 6 weeks. Call for dates <b>time:</b> 3:30pm – 4:30pm
<b>Ladies Group</b>	<b>Contact:</b> Joan Sykes <b>Phone:</b> 01924 848454 <b>Meeting place:</b> Horbury Methodist Church, High Street, Horbury, WF4 5LE	<b>day:</b> 3 <sup>rd</sup> Tuesday of the month <b>time:</b> 7:30pm  Speakers, meals and trips out



## Horbury - Hobbies & Social Groups

Name	Contact	Details
<b>Coffee Morning</b>	<b>Phone:</b> 01924 272616 <b>Meeting place:</b> Horbury Methodist Church, High Street, Horbury, WF4 5LE	<b>day:</b> Saturday <b>time:</b> 10am – 12noon
<b>ABC Toddler Group</b>	<b>phone:</b> 01924 262614 <b>meeting place:</b> St Johns Church, Mission Street, Horbury Bridge, WF4 5PS	<b>day:</b> Tuesday <b>time:</b> 9:00am
<b>“Baby Mamas” Group</b>	<b>contact name:</b> Julia <b>phone:</b> 07545 529122 <b>meeting place:</b> Primrose Hall, Green Park Avenue, Horbury, WF4 5DA	<b>day:</b> Wednesday <b>time:</b> 10:45 – 11:45  <b>day:</b> Thursday <b>time:</b> 11:45 – 12noon
<b>Knit &amp; Craft</b>	<b>contact name:</b> Centre manager <b>phone:</b> 07873544948 <b>meeting place:</b> The Cluntergate Centre, Cluntergate, Horbury WF4 5DA	<b>day:</b> Tuesday <b>time:</b> 1.00pm – 3.00pm
<b>Improvers Dancing Steps</b>	<b>contact name:</b> Gary <b>phone:</b> 07914081680 <b>meeting place:</b> Primrose Hall, Green Park Avenue, Horbury WF4 5DA	<b>day:</b> Friday <b>time:</b> 7:30pm – 8.30pm

## Horbury - Hobbies & Social Groups

Name	Contact	Details
<b>Cycling for All</b>	<p><b>contact name:</b> Wayne at St. Georges  <b>phone:</b> 01924 369631  <b>meeting place:</b> Thornes Park Athletics Stadium, Horbury Road, WF2 8TY</p>	<p><b>day:</b> Monday  <b>time:</b> 10am – 11:30am</p> <p>Cycling fun for adults unable to use conventional 2 wheeled bikes. Specially adapted cycles, trikes and quads £2.90 per session</p>
<b>Senior Citizens Support Group – Walks</b>	<p><b>contact name:</b> Alan Hudders  <b>phone:</b> 07938156087  <b>meeting place:</b> Horbury Working Men’s Club, Cluntergate, Horbury, WF4 5DB</p> <p><b>website:</b> www.Scsg.co.uk</p>	<p><b>Day:</b> Wednesday (4th in the month)  <b>Time:</b> 10:00am</p> <p>Join SCSG as a member</p>
<b>Senior Citizens Support Group Chair Exercise/Aerobics</b>	<p><b>contact name:</b> Alan Hudders  <b>phone:</b> 07938156087  <b>meeting place:</b> Horbury Working Men’s Club, Cluntergate, Horbury, WF4 5DB</p> <p><b>website:</b> www.Scsg.co.uk</p>	<p><b>day:</b> Thursday  <b>time:</b> 10am – 12noon  <b>cost:</b> £2 plus a yearly membership fee</p>
<b>Senior Citizens Support Group Fun &amp; Fitness</b>	<p><b>contact name:</b> Alan Hudders  <b>phone:</b> 07938156087  <b>meeting place:</b> Horbury Working Men’s Club, Cluntergate, Horbury, WF4 5DB</p> <p><b>website:</b> www.Scsg.co.uk</p>	<p><b>day:</b> Tuesday  <b>time:</b> 10-11:30am</p> <p>Varied Fitness – All abilities</p>

## Horbury - Lunch Clubs

Name	Contact	Details
<b>The Old Cottage Tea Rooms</b>	<b>contact name:</b> Reception <b>phone:</b> 01924 280801 <b>meeting place:</b> 32 Queen Street, Horbury, Wakefield WF4 6LP	<b>day:</b> Monday – Saturday (cold platter for Sunday delivered on Saturday) <b>cost:</b> £5 Horbury / £5.50 Ossett  A café that will deliver hot meals to people living in Horbury, Ossett, Middlestown and Lupset
<b>Salvation Army Horbury Lunch Club</b>	<b>contact name:</b> Dianna <b>phone:</b> 01924 218325 <b>meeting place:</b> Salvation Army, Peel Street, (Behind Co-op) Horbury WF4 5AT	<b>day:</b> Friday <b>time:</b> 12:30noon – 1.30pm
<b>Café Church</b>	<b>contact name:</b> Dianna <b>phone:</b> 01924 218325 <b>meeting place:</b> Salvation Army (Behind Co-op) Horbury WF4 5AT	<b>day:</b> Thursday <b>time:</b> 12 noon – 1pm <b>cost:</b> £1.50 soup, bread roll and dessert (No need to book)
<b>Meals on Wheels – Caring for you</b>	<b>phone:</b> 01924 271132 <b>meeting place:</b> The Old Bakery, 158 Bridge Road, Horbury, WF4 5NR	Meal delivery service please call for details of prices and service area  Meals are delivered by qualified carers, meal deliveries could include a 5minute welfare check/medication prompt if required

## Horbury - Lunch Clubs

Name	Contact	Details
<b>Senior Citizens Support Group - Lunch Day</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday <b>time:</b> 12:30pm <b>cost:</b> Cost of food, please ask.  Must be a group member
<b>Senior Citizens Support Group – Lunch Trip Out</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men's Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> 3 <sup>rd</sup> Thursday of the month <b>time:</b> 12:00pm <b>cost:</b> please ask the group  Must be a group member

## Horbury - Support Groups

Name	Contact	Details
<b>Wheelers &amp; Wobblers</b>	<b>contact name:</b> John Leighton <b>phone:</b> 01924 367370 <b>meeting place:</b> The Cluntergate Centre, Cluntergate, Horbury WF4 5DA	<b>day:</b> Wednesday <b>time:</b> 1pm – 4pm <b>cost:</b> £1 donation  The wheelers and wobblers are a small voluntary charity whose aim is to improve the life & wellbeing of their members, whatever the disability or age, through sports & social activities.

## Horbury - Support Groups

Name	Contact	Details
<b>Carers Group</b>	<b>contact name:</b> Pauline Berrie <b>phone:</b> 01924 278705 <b>meeting place:</b> Horbury Community Centre, Cluntergate, Horbury WF4 5DA	<b>day:</b> 2 <sup>nd</sup> Tuesday of month (call for dates) <b>time:</b> 2pm – 4:00pm
<b>Creative Carers Writing &amp; Art workshop</b>	<b>Contact name:</b> Carers Wakefield <b>Phone:</b> 01924 305544 <b>Meeting place:</b> Horbury Community Centre, Cluntergate, Horbury, WF4 5DA	<b>Following dates:</b> 28 <sup>th</sup> Feb, 28 <sup>th</sup> March, 27 <sup>th</sup> June, 26 <sup>th</sup> September, 19 <sup>th</sup> December <b>Time:</b> 1:30-3:30pm

## Lupset - Hobbies & Social Groups

Name	Contact	Details
<b>Over 55's Group</b>	<b>phone:</b> 01924 332554 <b>meeting place:</b> Jubilee Hall, 5 Road Ends, Townley Road, Lupset, WF2 8NS	<b>day:</b> Tuesday <b>time:</b> 1pm – 3pm <b>cost:</b> £1.50 Cards, dominos, table tennis
<b>Craft Session</b>	<b>phone:</b> 01924 332554 <b>meeting place:</b> Jubilee Hall, 5 Road Ends, Townley Road, Lupset, WF2 8NS	<b>day:</b> Tuesday <b>time:</b> 12- 2pm <b>cost:</b> £3.00 Share ideas and learn techniques
<b>Knit &amp; Knatter</b>	<b>phone:</b> 01924 332554 <b>meeting place:</b> Jubilee Hall, 5 Road Ends, Townley Road, Lupset, WF2 8NS	<b>day:</b> Thursday <b>time:</b> 6:30pm – 9pm <b>cost:</b> £3.00 Share ideas and learn techniques
<b>Social Inclusion Group</b>	<b>contact name:</b> Vanda Dunnachie, Group Co-ordinator <b>phone:</b> Age UK Wakefield District, 01977 552114 <b>meeting place:</b> Jubilee Hall Community Centre, Lupset WF2 8JS	<b>day:</b> Monday <b>time:</b> 11.30am – 2pm <b>cost:</b> £17.00 (includes transport)  A nutritious 2 course meal and hot drink, with lots of fun whilst taking part in varied activities.

## Lupset - Lunch Clubs

Name	Contact	Details
St. Georges Lunch Club	<b>contact name:</b> Wayne <b>phone:</b> 01924 369631 <b>meeting place:</b> St. Georges Community Centre, Broadway, Lupset, WF2 8AA	<b>day:</b> Friday <b>time:</b> 12 noon <b>cost:</b> £5  Good company, Fun and home cooked food. Three courses and tea/coffee

## Lupset - Physical Activity

Name	Contact	Details
<b>Table Tennis</b>	<b>phone:</b> 01924 332554 <b>meeting place:</b> Jubilee Hall, 5 Road Ends, Townley Road, Lupset, WF2 8NS	<b>day:</b> Monday & Thursday <b>time:</b> 10am – 12pm <b>cost:</b> £1.50
<b>Line Dancing</b>	<b>phone:</b> 01924 332554 <b>meeting place:</b> Jubilee Hall, 5 Road Ends, Townley Road, Lupset, WF2 8NS	<b>day:</b> Once a month <b>time:</b> 7:30pm – 10pm  Social line dancing – call for date details
<b>New beginner Salsa</b>	<b>phone:</b> 01924 332554 <b>meeting place:</b> Jubilee Hall, 5 Road Ends, Townley Road, Lupset, WF2 8NS	<b>day:</b> Monday <b>time:</b> 6pm – 7pm <b>cost:</b> £25 for 4 classes  No experience necessary

## Lupset - Physical Activity

Name	Contact	Details
Tea Dance	<b>phone:</b> 01924 332554 <b>meeting place:</b> Jubilee Hall, 5 Road Ends, Townley Road, Lupset, WF2 8NS	<b>day:</b> Friday <b>time:</b> 1pm – 3pm <b>cost:</b> £3.50
Local Lupset Walk	<b>contact:</b> Diane Farrar <b>phone:</b> 01924 369631 <b>meeting place:</b> St Georges Community Centre, Broadway, Lupset, WF2 8AA	<b>day:</b> Thursday <b>time:</b> 10am  Dogs included
Table Tennis	<b>contact:</b> Wayne <b>phone:</b> 01924 369631 <b>meeting place:</b> St Georges Community Centre, Broadway, Lupset, WF2 8AA	<b>day:</b> Monday <b>time;</b> 7pm – 8:30pm  Over 50's welcome to come along and join in this fun, social evening. Its only £1
Boccia Bowling	<b>contact:</b> Wayne <b>phone:</b> 01924 369631 <b>meeting place:</b> St Georges Community Centre, Broadway, Lupset, WF2 8AA	<b>day:</b> Tuesday <b>time:</b> 1:30pm – 3:30pm  This is a seated team game and it's suitable for anyone. Its great fun.
Chair-based exercise class	<b>contact:</b> Wayne <b>phone:</b> 01924 369631 <b>meeting place:</b> St Georges Community Centre, Broadway, Lupset, WF2 8AA	<b>day:</b> Wednesday <b>time:</b> 10am – 10:30am <b>cost:</b> £2  Wheelchairs welcome, Friendly and Fun



## Lupset - Physical Activity

Name	Contact	Details
<b>Pilates</b>	<b>contact:</b> Wayne <b>phone:</b> 01924 369631 <b>meeting place:</b> St Georges Community Centre, Broadway, Lupset, WF2 8AA	<b>day:</b> Monday <b>time:</b> 1:15pm – 2:15pm <b>cost:</b> £4  Improve posture and flexibility. Strengthens abdominal and back muscles. Reduces stress. All abilities
<b>W.A.L.C. Wakefield Autism Leisure Club</b>	<b>phone:</b> 07415708007 <b>meeting place:</b> Denhale Active Recreation Centre, Denhale Ave, Wakefield, WF2 9EF <b>email:</b> wakefieldautismleisureclub@gmail.com  <b>website:</b> <a href="https://denhalearc.co.uk/denhale-user-groups/wakefield-autism-leisure-club/">https://denhalearc.co.uk/denhale-user-groups/wakefield-autism-leisure-club/</a>	Sessions start for children aged 5 up to Adults of any age. Activities include Multi Sports, Swimming, Bowls and Football  Offering inclusive sessions allowing siblings to attend too.  <b>Please visit website or phone for details of available sessions.</b>

## Lupset - Volunteering

Name	Contact	Details
<b>Dragon Community Transport St Georges, Lupset</b>	<b>Contact:</b> Centre Staff <b>Phone:</b> 01924 369631 <b>Email:</b> dragon@stgeorgeslupset.org.uk	Have your own vehicle and wanting to volunteer? Vacancies for drivers with their own cars to pick up individual members and take them to an agreed venue and then return them home. Example journeys – Supermarket, opticians, dentist and doctors. Volunteers can claim expenses

## Other Useful Contacts – area wide

Name	Contact	Details
<b>Senior Citizens Support Group</b>	<b>contact name:</b> Alan Hudders <b>phone:</b> 07938156087 <b>meeting place:</b> Horbury Working Men’s Club, Cluntergate, Horbury, WF4 5DB  <b>website:</b> www.Scsg.co.uk	<b>day:</b> Various days <b>time:</b> Various times
<b>Building Ossett Better</b>	<b>email:</b> buildingossettbetter@hotmail.co.uk <b>meeting place:</b> Café Wellgate, Wellgate Centre, Ossett, WF5 8NS	<b>day:</b> Tuesday or Thursday <b>time:</b> 5.30pm
<b>Dragon Community Transport</b>	<b>Contact:</b> Centre Staff <b>Phone:</b> 01924 369631 <b>Email:</b> dragon@stgeorgeslupset.org.uk	Provides accessible transport for charitable and non-profit groups across the whole of the Wakefield District. Hires minibus and insured driver £16 an hour – minimum hire time is 3 hours. Can also offer transport to individual members. Call to organise membership
<b>Netherton Village Hall</b>	<b>contact name:</b> Treasurer <b>phone:</b> (01924) 277375 <b>meeting place:</b> Netherton Village Hall, Coxley View, Netherton, WF4 4LT	Hosts physical activity and social sessions – please call for dates/times/prices of events.
<b>Wakefield U3A</b>	<b>Website:</b> <a href="http://www.wakefieldu3a.org.uk/">http://www.wakefieldu3a.org.uk/</a>	Membership to the U3A gives access to many activity groups. See website for full details of activities, costs and venues.

## Other Useful Contacts – area wide

Name	Contact	Details
<b>Alzheimer's Society</b>	<p> <b>name:</b> Alzheimer's Society  <b>phone:</b> 01924 373264  <b>email:</b> wakefield@alheimers.org.uk  <b>address:</b> 21 King Street, Wakefield, WF1 2SR    <b>website:</b> www.alzheimers.org.uk                 </p>	<p>Provide diagnostic support for individuals affected by Dementia.</p> <p><b>Services include:</b></p> <ul style="list-style-type: none"> <li>• The Dementia Support Service</li> <li>• Dementia Cafes</li> <li>• Singing for the Brain</li> <li>• Peer Support</li> <li>• Information Programmes</li> <li>• The Side by Side Project</li> </ul>