

“ORAL HISTORIES OF MENTAL HEALTH”

We are developing an Oral History Archive at the Mental Health Museum to document the stories of the people of South West Yorkshire.

The archive will create a living record of people's mental health stories in order to challenge beliefs and perspectives. We're looking for anyone who has a story to tell, including people who are currently accessing or working in mental health services. We're also looking to hear from people with a connection to the former West Riding County mental hospitals, particularly Stanley Royd in Wakefield or Storthes Hall in Huddersfield. We want to collect stories from staff, patients, families and carers involved in current or historical services to add to our collection and our understanding of the history of mental health - and there are lots of ways to take part.

HOW CAN I GET INVOLVED?

We have planned several sessions in both Wakefield and Huddersfield so that you can find dates and locations to suit you. Advance booking is essential.

Briefing Session - come along to find out more about the project.

4th May 22 / 1-3pm (Mental Health Museum) **OR** 5th May 22 / 1-3pm (S2R Create Space)

Community Reporter Training - become a Community Reporter to gather and curate stories in your community.

18th & 25th May 22 and 6th and 13th July 22 / 10.30am-3pm (Mental Health Museum) **OR** 19th & 26th May 22 and 21st and 28th July 22* / 10.30am - 3pm (Heritage Quay)

*Venue for 28th July TBC

Drop-in Story Gathering Session - come along to share YOUR story with us.

9th June 22 / 1-3pm (Heritage Quay) **OR** 22nd June 22 / 1-3pm (Mental Health Museum)

Book Your Place

If you would like get involved, need to register online in advance:

<https://forms.gle/PExereC9ypKc5Pfx9>

Alternatively, for more information, call the Mental Health Museum on **01924 316360**, leave a message and we will be in touch to have a chat and, if you want, register you.

COMMUNITY REPORTING & THE STORYTELLING MOVEMENT

Community Reporting is a storytelling movement that spans the UK and Europe. It supports people to share stories about their own lived experiences and of those living in different communities. Community Reporters are trained in how to use basic technology to record their own stories and other people's stories and use the learning in the stories to make positive changes in their community.

As part of this project we are looking for people to train as Community Reporters, as well as people to tell their stories - or, indeed, both! The stories of people's lived experience of mental health and mental health services will form the Oral Histories Archive at the Mental Health Museum.

THIS PROJECT IS RUN IN PARTNERSHIP WITH:

