

EY UP!

HEALTH & HAPPINESS
FOR YORKSHIRE FOLK

**ANNUAL
REPORT**

(Formerly South West
Yorkshire Partnership
Foundation Trust
and Other Related
Charities)

Registered Charity
No. 1055931

Supporting the work of

NHS

**South West
Yorkshire Partnership**
NHS Foundation Trust

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TRUSTEE REPORT



INTRODUCTION

The corporate trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2018.

The charity's annual report and accounts for the year ended 31 March 2018 have been prepared in accordance with the Charities Act 2011 and the Charities (Accounts & Reports) Regulations 2008.

EyUp! is the new name for the charity previously known as South West Yorkshire Partnership Foundation Trust and Other Related Charities, this was officially changed with the Charities Commission in October 2017.

OBJECTIVES AND ACTIVITIES

Who we are EyUp!

EyUp! exists to benefit the service users of the South West Yorkshire Partnership NHS Foundation Trust across Barnsley, Calderdale, Kirklees and Wakefield. They are not used to fund NHS services but to enable us to provide the extras above and beyond normal NHS funding.

These can be extras for ward areas such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives are as set out in the original Trust Deed in 1996:

“ *FOR ANY CHARITABLE PURPOSE OR PURPOSES RELATING TO THE NATIONAL HEALTH SERVICE WHOLLY OR MAINLY FOR THE SERVICES PROVIDED BY SOUTH WEST YORKSHIRE PARTNERSHIP NHS FOUNDATION TRUST* ”

ACHIEVEMENTS AND PERFORMANCE



During the year EyUp!:

- Rebranded and re-launched the Charity;
- Appointed a part-time fundraiser;
- Continued to advertise EyUp! throughout the Trust and externally in the Creative Minds magazine and through social media;
- Continued to promote the staff lottery and charity by:
 - » Promoting it through the weekly staff email; and
 - » Having attended stalls at the staff roadshows;
- Continued to advertise bids from General Funds which led to 64 approved projects, these projects will benefit over 5,100 service users across the Trust;
- Continued to encourage expenditure from designated funds, the fund holders identified £32k of expenditure to benefit service users;
- Successfully launched a Team challenge with a goal of raising £10,000; and
- Spirit in Mind became a linked charity in May 2017



During the year the committee approved funding for 64 projects to be spent on the objectives of the charity, with designated fund holders also spending £32k; below are examples of the projects supported:

BARNESLEY

Oakwell wards used £3,173 of funding to purchase an exercise bike which is designed to allow service users who cannot use a traditional bike to exercise.

The **Physiotherapy musculoskeletal outpatients** was awarded £90 to support an exercise group by providing a mobile phone and CD player. This allows the volunteers to contact the group members and to have music whilst exercising.

The **Sensory hearing service** was awarded £330 to fund a minibus for a day trip for the Hearing United Group Support. The trip will support wellbeing and help the service users to join in with other group members.

CALDERDALE

Ashdale ward was awarded £503 to purchase activity equipment for male service users, which gives the ward a diverse range of activities.

IT IS MEGA, I NEVER THOUGHT I WOULD LIKE LEGO. I USED TO PLAY WITH LEGO AS A KID BUT DIDN'T THINK IT WOULD BE THIS MUCH FUN. THANK YOU.

The **Occupational therapy team** at the **Dales** was awarded £272 (£136 from EyUp! and £136 from Creative Minds) to purchase pottery equipment.

An award of £446 was made to the **Calderdale rehab, outreach and recovery service** to purchase tactile and visual sensory items to complement their sensory room.



KIRKLEES

The **Kirklees Insight team** was awarded £1,880 (£940 from EyUp! and £940 from Creative Minds) for a healthy eating group and an archery group. These groups engage service users in a therapeutic way.

Ward 18 was awarded £534 to purchase a new pool table for the ward.

Further funding of £1,000 (£500 from EyUp! and £500 from Creative Minds) was awarded to the **Sahaara Women's Group** for refreshments, outings, arts and craft materials and alternative therapists.

WAKEFIELD

Adult acute inpatient services were awarded £2,640 (£2,140 from EyUp! and £500 from Creative Minds) for a wide range of art equipment to enable them to create a number of different art projects.

A safewards box was funded for **Chantry ward** (£450) – this initiative provides equipment to create a time out box that can be used to reduce anxiety, aggression and stress.

FORENSIC SERVICES

Various gym equipment was funded for **Newton Lodge** (£2,620). This has allowed them to expand the range of equipment available. This facility is available to all 94 service users on the unit.

Newhaven was awarded £2,070 (£1,035 from EyUp! and £1,035 from Creative Minds) for choir and drumming sessions, these projects aimed to motivate service users to try different and challenging skills in a safe and supportive environment.

Chippendale ward was awarded £266 to purchase exercise equipment they could use to complete light exercise whilst on the ward. This is to encourage service users to increase their daily physical activity.

WHO WE ARE

Launched in 2011 Creative Minds became a linked charity of EyUp in 2016 and is all about the use of creative approaches and activities in healthcare; increasing self-esteem, providing a sense of purpose, developing social skills, helping community integration and improving quality of life.

We develop community partnerships to not only co-fund but also co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match funded refers to the requirement of partners to provide funding of an equal or greater basis for each project.

We assess bids for funds through locality collectives made up of service users/carers and Trust staff. The collectives also look for a balanced portfolio of projects across the Trust districts, taking into account the types of activity, the client group and the service that will benefit. Where projects show a weakness in any of the categories, we try to work with the organisation to look for a way forward.

Creative Minds is an award winning approach: Health Service Journal, Compassionate Patient Care 2014, Patient Experience Network Award 2015 and Building Better Health Care Award 2016. In 2018 Creative Minds was named Disability Sports Yorkshire Organisation of the Year which we are very proud of.





ACHIEVEMENTS

Below are some examples of how we have helped

BARNSELEY

Cross the Sky Theatre Company (a company of adults with learning disabilities) was awarded £4,900 (£6,750 of match funding) to devise an original touring theatre performance. This tour offers the chance to connect with others and share with like-minded people.

Hive South Yorkshire was awarded £1,710 (match funded £1,500 and £550 in kind) for "In my Words", a creative writing and publication project aimed at young people with ongoing mental health challenges. The project provides an outlet for expressing ideas, interests and concerns in a safe space, and as a way of building resilience, wellbeing and confidence.

WAKEFIELD

Hall Green Community Association was awarded £1,000 (match funded £1,000) for "You and Me" project. This project provides a safe and dementia-friendly meeting place for people with dementia and their carers. There is a variety of creative and stimulating activities that occupy individuals in a positive and supportive manner.

Theatre Royal Wakefield was awarded £3,200 (match funded £3,600) for "Playing in Space" project. This project works with service users based at Fieldhead using physical theatre workshops exploring the relationship of the participants and the space they live in.

KIRKLEES

Shabang Inclusive Learning was awarded £4,950 (match funded £5,000) for "From Selfies to Still Life & Everything Inbetween". This project is aimed at a group of 12 young people and will teach digital photography and editing skills.

Hoot Creative Arts was awarded £3,860 (match funded £3,871) for community open mic / open wall – this is a series of events and performance skills workshops for people using community organisation in North and South Kirklees.



CALDERDALE

Luv2meetU was awarded £3,957 (match funded £3,957) for a healthy and active programme, aimed at people who are particularly isolated and have little engagement or access to leisure or social opportunities. The programme enables people to develop their social network skills, confidence, health and wellbeing by accessing a wide and diverse range of leisure opportunities.

Purple Patch Arts was awarded £3,346 (match funded £33,526) for 'Feel Good' – health education for adults with learning disabilities and the people that support them. The project uses innovative approaches to health education to support primary prevention and enhance self-care.



IN 2018, we will be running some participatory research workshops with young people and launch our Young Creative Minds approach. Following a successful bid to "Children in Need" we will be developing a Young People's Choir across the Trust geographies.. Our work with Wetherby Prison with our forensic CAMH's team is also starting (Child and Adolescent Mental Health). We will also be supporting the recommendations from the all Party Parliamentary group's report "Creative Health" which is a national approach and we are now part of the Social Prescribing Network and Think Local Act Personal.

If you feel that our approach could help you to find a creative passion that would improve your health and wellbeing, get in touch at creativeminds@swyt.nhs.uk and more information at www.creativemindsuk.com



Spirit in Mind achieved linked charity status in May 2017. An initial grant of £2,500 from the Church Urban Fund was used to fund a well-attended conference for faith leaders on faith based social action initiatives in mental health.

A further successful bid to the Church Urban Fund Near Neighbours scheme is funding mental health awareness sessions, mental health first aid training and interfaith retreats for Muslim and Christian faiths and community leaders in North Kirklees. These support the strategy of developing faith and mental health forums initially in North Kirklees and then across the Trust area. Partnerships continue for a second year with counselling support being delivered at Huddersfield Mission and mental health awareness sessions and mindfulness training for various faith communities. Over the coming months the priority for Spirit in Mind is to develop partnership working with key faith organisations to provide a 'listening service' based within GP practices.



The Mental Health Museum (MHM) is governed by South West Yorkshire Partnership NHS Foundation Trust and is located in the heart of Fieldhead. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma and prejudice. The museum aims to work with its communities to co-create a mindful, knowledgeable and active society.

Over the last year the MHM provided group tours, a learning programme and heritage activities. The MHM contributed to Wakefield Museum's Surviving or Thriving exhibition for Mental Health Awareness Week 2017 which focused on men's mental health. Men from the Fieldhead site co-produced artwork with the MHM to highlight how cultural, personal and social barriers can prevent men from speaking out about their mental health issues.

The MHM held two successful exhibitions in 2017-2018: Breakdown and Liable to Flood. Breakdown showcased Bob Clayden's photographs documenting the closure of Runwell Hospital in Essex, alongside poetry from Steve Powell about his experiences of life on the wards.

Liable to Flood explored the links between the natural environment and wellbeing by combining plants, museum artefacts and artwork. The exhibition involved working in partnership with artists, mental health service users from Wakefield Recovery College and community groups such as Appletree Allotment and Community Garden.



HOW WE FUNDED OUR WORK, ACHIEVEMENTS AND PERFORMANCE

In 2017/18 the charity received income of £224,871 and expended £341,048, at the end of the year the charity had a balance of £512,115.

MONEY RECEIVED: SOURCES OF FUNDS

The main sources of income are donations, charitable activities and income raised through the staff lottery. Donations of £155,545 were received during the period, £136,202 was received from the Trust (£100k was paid to Creative Minds and £36k to Mental Health Museum) and the remaining donations varied in size and came mainly from service users, carers, relatives and friends. £30,751 was raised through charitable activities – this includes grant applications through our linked charities. During the year the staff lottery generated net funds, after prizes and costs, of £18,610.

Investment income of £565 was earned in the year (net of bank charges £184). The accumulation of interest is not a specific purpose of Charitable Funds and deposits do not compromise the Fund's capacity to meet expenditure commitments

MONEY SPENT: WHAT WE SPENT THE MONEY ON

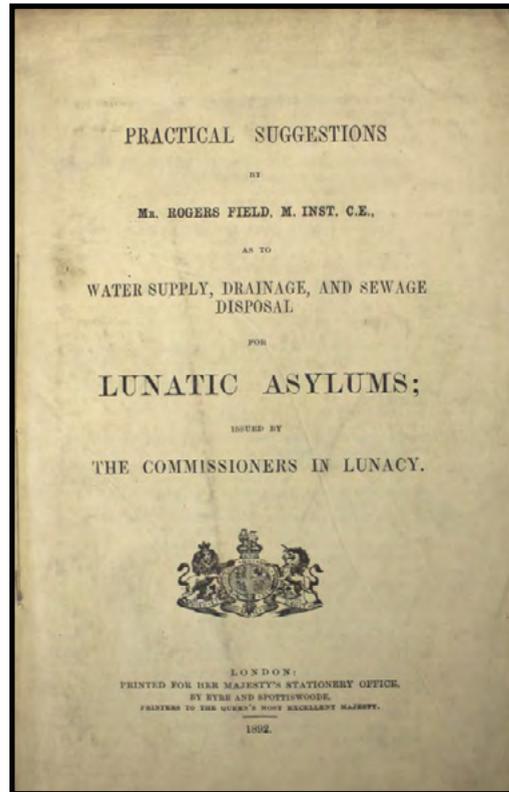
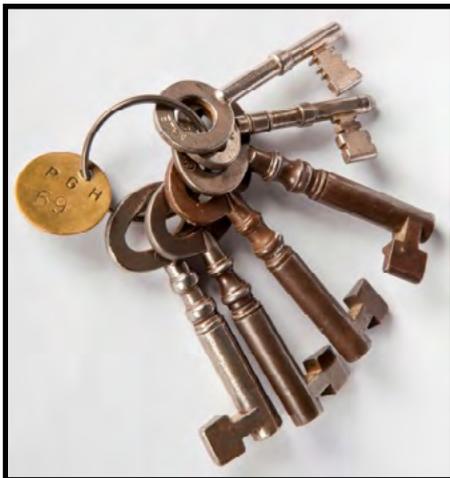
During the year, expenditure relating to charitable activities totalling £321,648 was incurred (£79k unrestricted funds, £205k Creative Minds, £37k Mental Health Museum, £1k Spirit in Mind). A wide variety of purchases were funded ranging in value and as exemplified in the aforementioned projects.

HOW WE MANAGE THE MONEY

OUR GRANT MAKING POLICY

The charity makes grants from its unrestricted funds, both general and designated funds.

- General funds – these funds are received with no particular preference expressed by donors. The income generated by the staff lottery is





also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. These are then assessed by a sub-committee of Trustwide clinical and non-clinical staff who award funding based on the application, looking at the benefits of the proposal.

- Designated funds – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. Finance check that the expenditure is appropriate to the overall purpose of the charity.

RISK ANALYSIS

The Trustee reviews risk as part of the charity action plan at each meeting and within the business plan.

The main risks facing the charity are:

Sustainability

- The fundraiser was appointed to mitigate this by being a dedicated resource to increase income through a number of different funding streams. The effectiveness of this is reviewed at each meeting.
- The linked charities are revising their strategies and producing clear business plans which will be actioned and monitored to ensure they are sustainable in the future.

OUR INVESTMENT POLICY

The current policy (agreed in March 2017) is to invest funds in a mix of deposit accounts. The trustee takes a prudent approach to investment and hold the funds in a low risk deposit account across various providers.

OUR RESERVES POLICY

Under the guidance of the Charities Commission booklet “CC19, Charities Reserves” and “Charity reserves: building resilience”, the Charitable Funds committee agreed the following reserve policy which is reviewed annually.

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).

The committee has a general legal duty to apply charitable funds within a reasonable time of receiving them. The committee actively encourages fund managers to spend their funds and encourages staff to bid against the general purpose funds.

The trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

EYUP! RESERVES POLICY

In order to avoid the risk of the charity’s reserves becoming overdrawn it is considered prudent to hold a minimum balance of £2,000 in unrestricted funds to cover ongoing management and administration costs including professional fees. A further £5,000 is held in unrestricted funds, this represents average 3 months expenditure, based on expenditure approved in 2017/18. Expenditure from general funds is committed on a quarterly basis. A further £12,000 is required to cover the salary and marketing costs in relation to the fundraiser post which is fixed term until September 2018. A total minimum reserve of £19,000 is required. If the balance fell to this level then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £64,456 and are calculated as follows:

Total unrestricted funds of	£149,497
Less designated funds	(£85,041)
Total reserves	£64,456

The trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund (s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

Expenditure is reviewed at the Charitable Funds committee to ensure that the minimum level of reserves is maintained. Reserves are currently slightly higher than the minimum required, it is anticipated that these will reduce further in 2018/19 to be in line with the expected reserves.

PLANS FOR THE FUTURE

The trustee recognises that donations to the general funds are low and that additional donations are required to continue the level of expenditure that the charity has expended in the last few years. The trustee has identified the following activities:

- To launch a public lottery
- Attract a patron and ambassadors for the charity
- Increase corporate fundraising
- Promote EyUp! with staff to generate more fundraising

STRUCTURE, GOVERNANCE AND MANAGEMENT

South West Yorkshire Partnership NHS Foundation Trust is the corporate trustee of the charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

The Charitable Funds committee, formed in 2003, manages the Charity on behalf of the corporate trustee. The day to day operations of the Charitable Funds are administered by South West Yorkshire Partnership NHS Foundation Trust. The Charitable Funds committee consists of Executive and Non-Executive Directors. Non-Executive Directors are appointed by the Governors of the Trust and Executive Directors are subject to the Trust's recruitment policies. Strategic and operational decisions are made by the committee on behalf of the trustee. The trustee has read and had regard to the Charity Commission's guidance on public benefit.

When Trust Board members join the committee they are introduced to the charity, its objectives and Charity Commission guidance. (CC3)

REFERENCE AND ADMINISTRATIVE DETAILS



EyUp! is registered charity number 1055931.

The governing document is a deed dated 1st April 1996.

The Mental Health Museum is a linked charity registered under number 1055931-12, its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13, its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and well-being and by promoting social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14, its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

HOW TO CONTACT US

EyUp!
Fieldhead Hospital
Ouchthorpe Lane
Wakefield
WF1 3SP



OUR TRUSTEES

Those who served on the Trust Board of the corporate trustee, South West Yorkshire Partnership NHS Foundation Trust, during the period were as follows:

Ian Black (left 30/11/17)	Chair
Angela Monaghan (from 01/08/17)	Non executive director / Chair (from 01/12/17)
Laurence Campbell	Non executive director
Rachel Court	Non executive director
Charlotte Dyson	Non executive director
Julie Fox (left 31/07/17)	Non executive director, deputy chair
Chris Jones	Non executive director
Kate Quail (from 01/08/17)	Non executive director
Rob Webster	Chief executive
Dr Adrian Berry	Medical director / Deputy chief executive
Tim Breedon	Director of Nursing & Quality
Mark Brooks	Director of finance and resources
Alan Davis	Director of Human Resources, Organisational Development and Estates

The corporate trustee is supported by the Charitable Funds committee. The members of the Charitable Funds committee during the period were as follows:-

Charlotte Dyson (Chair)	Non executive director
Ian Black (left November 2017)	Chair of the Trust
Laurence Campbell (left November 2017)	Non executive director
Angela Monaghan (from September 2017)	Chair of the Trust
Kate Quail (from September 2017)	Non executive director
Tim Breedon	Director of Nursing & Quality
Salma Yasmeen	Director of strategy

ALSO IN ATTENDANCE WERE:

Jude Tipper	Head of marketing, communications and engagement
Phil Walters	Creative Minds strategic lead
Ken Taylor	Volunteer
Cara Sutherland	Museum curator
Susan Baines	Head of financial accounting

The Charitable Funds committee meets on a quarterly basis and is responsible for deciding policy and ensuring it is implemented. The trustee give their free time freely and do not receive any pay, emoluments or other financial benefit

INDEPENDENT EXAMINERS:

Deloitte LLP
One City Square
Leeds
LS1 2AL

INTERNAL AUDITORS:

360 Assurance
Riverside House
Bridge Park Road
Thurmaston
Leicester
LE4 8BL

BANKERS:

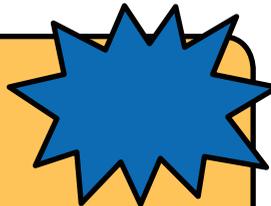
National Westminster Bank
3 Ropergate
Pontefract
West Yorkshire
WF8 1LH

A BIG THANK YOU

On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the corporate trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations and participated in the staff lottery.



SUPPORT THE WORK OF EYUP!



THANK YOU FOR READING ABOUT THE PROJECTS THAT THE CHARITY HAS SUPPORTED THIS YEAR. THIS CANNOT CONTINUE WITHOUT ONGOING DONATIONS.

WHAT COULD YOUR GIFT BUY?

£1	COULD BUY	COLOURING PENS FOR AN ART SESSION
£10	COULD BUY	A DVD FOR A WARD
£20	COULD BUY	SEEDS AND PLANTS FOR A GARDENING GROUP
£30	COULD BUY	BOOKS TO START A WARD LIBRARY
£50	COULD BUY	ARTS AND CRAFTS MATERIALS
£100	COULD BUY	A WATER FEATURE FOR A SENSORY GARDEN
£150	COULD BUY	A DAY TRIP FOR SERVICE USERS
£300	COULD BUY	A PORTABLE PIANO FOR A WARD
£500	COULD BUY	START-UP COSTS FOR A NEW ACTIVITY GROUP

If you would like to make a donation:

Through your bank:

Pay direct to the charity donation account, 54-30-64, account code 42675626

By Just Giving:

Donate online at www.justgiving.com/EyUp

By JustTextGiving:

Text 'EYUP18' plus the amount you would like to donate (eg. EYUP18 £3) to 70070

By Cheque:

Please make cheques payable to "EyUp!" and send to EyUp!, South West Yorkshire Partnership NHS FT, Fieldhead, Ouchthorpe, Wakefield, WF13SP.

Signed:

Name:

Date:

STATEMENT OF TRUSTEE RESPONSIBILITIES IN RESPECT OF THE TRUSTEE ANNUAL REPORT AND ACCOUNTS

Under charity law, the trustee are responsible for preparing the trustee annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice entails that the trustee:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the recommendations of the Statement of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- State whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustee is required to act in accordance with the Trust Deed and the rules of the charity, within the framework of trust law. The trustee are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared by the trustee under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The trustee have general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the trustee:

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEE OF EYUP!



I report to the trustee on my examination of the accounts of EyUp! ("the Charity") for the year ended 31st March 2018 which comprise the statement of financial activities, the balance sheet, the statement of cashflows and the related notes 1 to 21.

This report is made solely to the charity trustee, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity trustee as a body, for my work, for this report, or for the opinions I have formed.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustee you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act"). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of your charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- Follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5) of the 2011 Act; and
- State whether particular matters have come to my attention.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination

Sarah Anderson
For and on behalf of Deloitte LLP
Leeds, UK



EYUP! STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDING 31 MARCH 2018



	Note	Unrestricted funds	Restricted funds	Total funds 2018	Unrestricted funds	Restricted funds	Total funds 2017
		£'000	£'000	£'000	£'000	£'000	£'000
Income from:							
Donations and legacies	4	16	139	155	23	336	360
Charitable activities	4	0	31	31	0	0	0
Other trading activities	5	38	0	38	38	0	38
Investments	7	1	0	1	1	1	2
Total income		55	170	225	62	338	399
Expenditure on:							
Raising funds	8	(19)	0	(19)	(20)	0	(20)
Charitable activities- service user education and welfare	9	(79)	(243)	(322)	(76)	(243)	(319)
Total expenditure		(98)	(243)	(341)	(96)	(243)	(339)
Net income / (expenditure)		(43)	(73)	(116)	(34)	95	60
Transfers between funds	20	(3)	3	0	0	0	0
Net movement in funds		(46)	(70)	(116)	(34)	95	60
Reconciliation of funds							
Total funds brought forward		195	433	628	230	338	568
Total funds carried forward		149	363	512	196	433	628

EYUP! BALANCE SHEET AS AT 31 MARCH 2018

Balance sheet	Note	Unrestricted funds	Restricted funds	Total funds 2018	Unrestricted funds	Restricted funds	Total funds 2017
		£'000	£'000	£'000	£'000	£'000	£'000
Current assets							
Debtors	16	0	0	0	0	0	0
Cash and cash equivalents	17	151	398	549	205	475	680
Total current assets		151	398	549	205	475	680
Liabilities							
Creditors falling due within one year	18	(2)	(1)	(3)	(10)	(16)	(26)
Accruals	18	0	(34)	(34)	0	(26)	(26)
Net current assets (liabilities)		149	363	512	195	433	628
Total net assets or liabilities		149	363	512	195	433	628
The funds of the charity:							
Restricted income funds		0	363	363	0	433	433
Unrestricted income funds		149	0	149	195	0	195
Total charity funds		149	363	512	195	433	628

The notes at pages 26 to 43 form part of these accounts

Signed: AM

Name: Angela Monaghan

Date: 30 October 2018



**EYUP! STATEMENT OF CASH FLOWS FOR THE YEAR
ENDING 31 MARCH 2018**

Statement of cash flows		Total funds	Total funds
	Note	2017/18	2016/17
<i>Cash flows from operating activities</i>			
Net cash provided by (used in) operating activities	19	(132)	93
<i>Cash flows from investing activities</i>			
Interest received	7	1	2
Net cash provided by (used in) investing activities		1	2
<i>Change in cash and cash equivalents in the reporting period</i>			
Change in cash and cash equivalents in the reporting period		(131)	95
Cash and cash equivalents at the beginning of the reporting period		680	586
Cash and cash equivalents at the end of the reporting period		549	680

NOTES ON THE ACCOUNTS

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011.

The trustee considers that there are no material uncertainties about the charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose. The linked charities of the Mental Health Museum, Creative Minds and Spirit in Mind are classed as restricted funds.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. The charity currently has no endowment funds.

Those funds which are neither endowment nor restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the trustee discretion, including the general fund which represents the charity's reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received and the monetary value of income resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be met before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

(d) Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.
- If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met



(e) Resources expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event;
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement; and
- The amount of the obligation can be measured or estimated reliably
- Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(f) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant;
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant; and
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment

The trustee has control over the amount and timing of grant payments and consequently where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is disclosed. Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

(g) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, internal and external examiner costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.

(h) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objects. The costs of raising funds represent the prizes paid out in respect of the staff lottery.

(i) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(j) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(k) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(l) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Amounts which are owed in more than a year are shown as long term creditors.

(m) Pensions

Employees of the charity are entitled to join the NHS Pensions Scheme. From 1 April 2015 there are two separate pension schemes covering NHS workers, the 2015 NHS Pension Scheme and the 1995/2008 NHS Pension Scheme.



Both schemes are an unfunded, defined benefit scheme that covers NHS employers, general practices and other bodies, allowed under the direction of the Secretary of State in England and Wales. Each scheme is not designed to be run in a way that would enable participating bodies to identify their share of the underlying scheme assets and liabilities. Therefore, each scheme is accounted for as if it were a defined contribution scheme: the cost to the charity of participating in the scheme is taken as equal to the contributions payable to the scheme for the accounting period.

The 2015 NHS Pension Scheme, effective 1 April 2015, is a 'Career Average Revalued Earnings' (CARE) scheme. From the above date, annual pensions are normally based on 1/54th of a member's CARE for each year of service. CARE is defined as a member's average earnings in a financial year, and is uplifted annually by a percentage determined by the Treasury. Members who are practitioners as defined by the Scheme Regulations are subject to exactly the same arrangements as all members who are directly employed by the NHS, with effect from the above date.

The 1995/1998 is a "final salary" scheme. Annual pensions are normally based on 1/80th for the 1995 section and of the best of the last 3 years pensionable pay for each year of service, and 1/60th for the 2008 section of reckonable pay per year of membership. With effect from 1 April 2008 members can choose to give up some of their annual pension for an additional tax free lump sum, up to a maximum amount permitted under HMRC rules. Annual increases are applied to pension payments at rates defined by the Pensions (Increase) Act 1971, and are based on changes in consumer prices in the twelve months ending 30 September in the previous calendar year. On death, a pension of 50% of the member's pension is normally payable to the surviving spouse.

The scheme is subject to a full actuarial valuation every four years, and an IAS 19 accounting valuation every year. At the conclusion from the 2012 full valuation the scheme actuary reported that employer contributions could continue at the existing rate of 14% of pensionable pay.

The valuation of scheme liability in accordance with IAS19 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) Resource Account, published annually. These accounts can be viewed on the NHS Pensions website.

2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts. (page 24 & 25)

UNRESTRICTED FUNDS - STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED 31 MARCH 2018

	2018	2017
	£'000	£'000
Income and endowments from:		
Donations and legacies	16	23
Other trading activities	38	38
Investments	1	1
Total income resources	55	62
Expenditure on:		
Raising funds	(19)	(20)
Charitable activities	(79)	(76)
Total expenditure	(98)	(96)
Net income / (expenditure)	(43)	(34)
Transfers between funds	(3)	0
Net movement in funds	(46)	(34)
Reconciliation of funds		
Total funds brought forward	196	230
Total funds carried forward	150	196



UNRESTRICTED FUNDS - BALANCE SHEET AS AT 31 MARCH 2018

	2018	2017
	£'000	£'000
<i>Current assets</i>		
Cash and cash equivalents	151	205
Total current assets	151	205
<i>Liabilities</i>		
Creditors falling due within one year	(2)	(10)
Net current assets (liabilities)	149	195
Total assets less current liabilities	149	195
Total net assets or liabilities for unrestricted funds	149	195
Total unrestricted funds	149	195

RESTRICTED FUNDS - STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED 31 MARCH 2018

	2018	2018	2018	2018	2017	2017	2017
	Mental Health Museum	Cre-ative Minds	Spir-it in Mind	Total	Mental Health Museum	Cre-ative Minds	Total
	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Income from:							
Donations and legacies	37	102	0	139	54	282	336
Charitable activities	7	20	4	31	0	0	0
Investments	0	0	0	0	1	1	1
Total income	44	122	4	170	54	284	338
Expenditure on:							
Charitable activities	(37)	(205)	(1)	(243)	(53)	(190)	(243)
Total expenditure	(37)	(205)	(1)	(243)	(53)	(190)	(243)
Net income / (expenditure)	7	(83)	3	(73)	1	94	95
Transfers between funds	0	0	3	3	0	0	0
Net movement in funds	7	(83)	6	(70)	1	94	95
Reconciliation of funds							
Total funds brought forward	2	431	0	433	1	337	338
Total funds carried forward	9	348	6	363	2	431	433



RESTRICTED FUNDS - BALANCE SHEET AS AT 31 MARCH 2018

	2018	2018	2018	2018	2017	2017	2017
	Mental Health Museum	Cre-ative Minds	Spirit in Mind	Total	Mental Health Museum	Cre-ative Minds	Total
	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Current assets							
Cash and cash equivalents	9	383	6	397	2	473	475
Total current assets	9	383	6	397	2	473	475
Liabilities							
Creditors falling due within one year	0	(1)	0	(1)	0	(16)	(16)
Accruals	0	(34)	0	(34)	0	(26)	(26)
Net current assets (liabilities)	9	348	6	363	2	431	433
Total assets less current liabilities	9	348	6	363	2	431	433
Total net assets or liabilities for restricted funds	9	348	6	363	2	431	433

3. Related party transactions

The charity has made payments to the Trust in relation to administration costs; these are made on an arm's length basis.

	Total 2018	Total 2017
	£'000	£'000
South West Yorkshire Partnership NHS Foundation Trust	1	1
	1	1

There was £nil closing balance in debtors (£ nil 2015/16) and £25k (£3k 2015/16) in creditors in respect of the Trust.

4. Income from donations and legacies

	Unre-stricted funds	Restrict-ed funds	Total 2018	Unre-stricted funds	Re-strict-ed funds	Total 2017
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	14	2	16	19	2	20
Corporate dona-tions	2	137	139	2	325	327
Legacies	0	0	0	0	0	0
Grants	0	31	31	3	10	13
Total	16	170	186	24	336	360

Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.

5. Analysis of income from other trading activities

	Unrestrict-ed funds	Restrict-ed funds	Total 2018	Unrestrict-ed funds	Restrict-ed funds	Total 2017
	£'000	£'000	£'000	£'000	£'000	£'000
Staff Lottery	38	0	38	38	0	38
	38	0	38	38	0	38

6. Role of volunteers

One volunteer is in attendance of the Charitable Funds Committee; Ken continues to make a significant contribution to the charity, leading and implementing the business plan for the charity and is chair of the linked charities governance group. The trustee would like to thank Ken for his work with the charity.

The Mental Health Museum has two volunteers who perform a variety of tasks within the Museum.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.



7. Gross investment income

	Unre- stricted funds	Re- stricted funds	Total 2018	Unre- stricted funds	Re- stricted funds	Total 2017
	£'000	£'000	£'000	£'000	£'000	£'000
Short term investments and cash on deposit	1	0	1	1	1	2
Total	1	0	1	1	1	2

8. Analysis on expenditure on raising funds

	Unre- stricted funds	Re- stricted funds	Total 2018	Unre- stricted funds	Restrict- ed funds	Total 2017
	£'000	£'000	£'000	£'000	£'000	£'000
Staff lottery prizes	18	0	18	19	0	19
Staff lottery admin fee	1	0	1	1	0	1
	19	0	19	20	0	20

9. Analysis of charitable expenditure

The charity did not undertake any direct charitable activities on its own account during the current or previous financial year. All of the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally the South West Yorkshire Partnership NHS Foundation Trust to carry out activities that will benefit the service users of the NHS. The charity incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

	Grant funded activity	Sup- port costs	Total 2018	Grant funded activity	Sup- port costs	Total 2017
	£'000	£'000	£'000	£'000	£'000	£'000
Service user education and welfare	272	50	322	266	53	319
	272	50	322	266	53	319

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third party organisations

2016/17 Creative Minds significant grants

Creative Minds significant grants:	£	Number
Yorkshire Sculpture Park	9,200	5
Coactive	4,950	2
Creative Recovery	4,950	1
S2R (Support to Recovery)	4,950	1
STAR Bereavement	4,950	1
The Froglife Trust	4,950	1
Spectrum People	4,864	1
Age UK	4,858	1
Qdos Creates Ltd	4,840	1
Yorkshire Childrens Centre	4,713	1
Wakefield Theatre Royal	4,555	1
TAP into Art Education	4,550	1
Verd de Gris	4,500	1
Artworks	4,488	1
Annapurna Dance	4,435	1
Luv2meetU	4,404	1
Holme Valley Sharing Memories	4,000	1
Hoot creative arts Ltd	4,000	1

2017/18 Creative Minds significant grants

Creative Minds significant grants:	£	Number
Next Generation	15,000	1
S2R (Support to Recovery)	14,400	1
Creative Recovery	9,995	1
Qdos Creates Ltd	7,595	1
Northern College	6,950	1
Luv2meetU	4,957	1
The Froglife Trust	4,950	1
Growing Works	4,950	1
Butterflies Dementia Support	4,950	1
Yorkshire Childrens Centre	4,934	1
Forge Partnership	4,938	1
Barnsley Civic	4,900	1
Voluntary Action Kirklees	4,856	1
Handmade Parade	4,850	1

11. Movements in grant funding commitments accrued

	Current liabili- ties	Non-cur- rent liabilities	Total	Current liabili- ties	Non-cur- rent liabilities	Total
	2018	2018	2018	2017	2017	2017
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	26	0	26	14	0	14
Additional commitments made during the year	204	0	204	177	0	177
Movement from current to non-current	0	0	0	0	0	0
Amounts paid during the year	(196)	0	(196)	(165)	0	(165)
Closing balance at 1 April	34	0	34	26	0	26



The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded a number of grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the Charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the two Museum staff, which are included and allocated to the Mental Health Museum restricted fund and the fundraiser who is allocated to unrestricted funds.

The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.
- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	2018 total	2017 total
	£'000	£'000
External examination	1	1
Financial administration	0	0
Miscellaneous	1	1
Salaries and related costs	48	51
Total	50	53

	Unrestrict- ed funds	Restrict- ed funds	Total 2018	Unrestrict- ed funds	Restrict- ed funds	Total 2017
	£'000	£'000	£'000	£'000	£'000	£'000
Charitable activities	11	39	50	(3)	56	53
	11	39	50	(3)	56	53

13. Trustee remuneration, benefits and expenses

The charity trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

	2018	2017
	£'000	£'000
Salaries and wages	42	45
Social security costs	3	4
Employers pension contribution	3	2
Total	48	51

The average number of full time equivalent employees during the year was 2 (2017: 2)

No employees had emoluments in excess of £60,000 (2017: None)

Six wte Trust employed staff, costing £212,321, provide support to Creative Minds. An additional 0.4 wte, costing £10,644 provided support to Spirit In Mind. The full cost of these are borne by the Trust.

15. Independent examiner's remuneration

The independent examiner's remuneration of £994 (2017 £994) related solely to the independent examination with no additional work being undertaken (2017: nil).

16. Analysis of current debtors

Debtors under 1 year	2018	2017
	£'000	£'000
Trade debtors	0	0
Accrued income	0	0
Total	0	0



17. Analysis of cash and cash equivalents

	2018	2017
	£'000	£'000
Cash in hand	25	47
Notice deposits (less than 3 months)	524	634
Total cash and cash equivalents	549	680

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All of the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

Charitable activities	2018 total	2017 total
	£'000	£'000
Creditors under 1 year		
Trade creditors	(3)	(26)
Accruals for grants	(34)	(26)
	(37)	(52)
Creditors falling due after more than 1 year		
Accruals for grants	0	0
Total	(37)	(52)

19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2018 total	2017 total
	£'000	£'000
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	(116)	61
Adjustments for:		
Dividends, interest and rents from investments	(1)	(2)
(Increase)/decrease in debtors	0	0
Increase/(decrease) in creditors	(15)	34
	(132)	93

20. Transfers between funds

There has been one transfer between funds in year, the balance of £2,500 was transferred from designated (unrestricted) funds to restricted funds, this was in relation to Spirit in Mind (2016/17 nil).

21. Analysis of charitable funds

a) Analysis of restricted fund movements

2017/18	Balance b/fwd	Income	Expenditure	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
Mental Health Museum	2	43	(36)	0	9
Creative Minds	431	123	(206)	0	348
Spirit in Mind	0	4	(1)	3	6
Total	433	170	(243)	3	363

2016/17	Balance b/fwd	Income	Expenditure	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
Mental Health Museum	1	54	(53)	0	2
Creative Minds	337	284	(243)	0	431
Total	338	338	(243)	0	433



The objects of each of the restricted funds are as follows

The **Mental Health Museum** became a linked charity in 2014/15. Its purpose is to become a leading resource for the history of mental health care, debates surrounding contemporary health care and treatments and life-long learning.

The **Creative Minds charitable trust** became a linked charity in September 2016. It works in partnership with groups and organisations to offer a range of innovative wellbeing opportunities.

Spirit in Mind became a linked charity in May 2017. Its purpose is to promote and advance racial harmony, by advancing education and raising awareness of mental health issues relating to culture and religion and the provision of cross-cultural activities which enhance health and wellbeing.

b) Analysis of unrestricted and material designated fund movements

2017/18	Balance b/fwd	Income	Expenditure	Transfers	Fund c/ fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	109	10	(32)	(3)	84
General funds	86	45	(66)	0	65
Total	195	55	(98)	(3)	149

2016/17	Balance b/fwd	Income	Expenditure	Transfers	Fund c/ fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	116	19	(26)	(0)	109
General funds	114	43	(71)	0	86
Total	230	61	(96)	(0)	195

The trustee set an opening or closing balance of £50,000 or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows: Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.



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Our linked charities:

Mental Health Museum, Creative Minds, Spirit in Mind