

# Our commitment to family, friends and carers

We recently held local events with carers so we could make sure that we support you in the right way

125  
people



attended our local events

This included:

**44** carers  
**39** third sector and partners  
**42** staff

Events were held in:

**BARNSELY,**  
**CALDERDALE,**  
**KIRKLEES** AND  
**WAKEFIELD**

We also met



Kirklees Mental Health Carers Forum and the Forensic Carers Dialogue Group

## You told us you wanted...

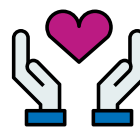
Carers to be the very first point of contact



Carers to be viewed as experts by experience



To be valued as a carer with staff being more carer aware



To not exclude carers because of confidentiality



More information about decisions and diagnosis



Jargon free information



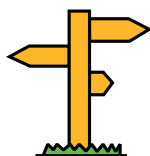
Co-produced staff and carer training



Dedicated carer support in each service and area



Clear signposting to carer assessments



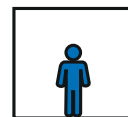
A carers passport



Support out of hours



More opportunities and activities to reduce isolation



A visible carers charter displayed in all areas



A carers strategy action plan so we can be held to account



More integrated working between third sector and partners



More opportunities to provide feedback directly to managers



## Did you know...

There are  
**160,000**



unpaid carers in the South West Yorkshire Partnership NHS Foundation Trust area

There are

**AROUND 7 MILLION**

carers in the UK – that is **one in ten** people

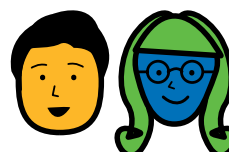
**4.1 MILLION**



people care for more than **50 hours** per week

There are

**700,000**



young carers in the UK

Carers save the government

**£132 BILLION POUNDS**

every year

**We need to listen to carers, learn from their experiences and act to change.**

For more information or to discuss our support for carers contact **0800 587 2108**.

With **all of us** in mind.