

EyUp Charity, Fieldhead,
Ouchthorpe Ln, Wakefield WF1 3SP

Contact EyUp on **01924 316403**
or email **eyup.charity@swyt.nhs.uk**

 @EyUpCharity  @EyUpCharity

Our linked charities:
Mental Health Museum, Creative Minds, Spirit in Mind

EYUP!

HEALTH & HAPPINESS
FOR YORKSHIRE FOLK

**ANNUAL REPORT
AND ACCOUNTS
2018/19**

Registered Charity No. 1055931



Supporting the work of



**South West
Yorkshire Partnership**
NHS Foundation Trust

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INTRODUCTION

The corporate trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2019.

The annual report and accounts for the year ended 31 March 2019 have been prepared in accordance with the Charities Act 2011 and the Charities (Accounts & Reports) Regulations 2008.

OBJECTIVES AND ACTIVITIES

Who we are

EyUp! exists to benefit the service users of South West Yorkshire Partnership NHS Foundation Trust across South and West Yorkshire. Our funds are not used to support NHS services but to enable us to provide the extras above and beyond normal NHS funding.

These can be extras for inpatient ward areas, such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives as set out in the Trust deed are:

FOR ANY CHARITABLE PURPOSE OR PURPOSES RELATING TO THE NATIONAL HEALTH SERVICE WHOLLY OR MAINLY FOR THE SERVICES PROVIDED BY SOUTH WEST YORKSHIRE PARTNERSHIP NHS FOUNDATION TRUST

During the year the charity:

- welcomed Ashley Jackson as an ambassador;
- expanded the lottery so members of the public can play;
- supported the EyUp! Ben campaign in raising funds;
- held a successful German market on the Fieldhead site;
- continued to promote and encourage applications for support from the charity;
- used social media to promote the EyUp! brand;
- Ashley Jackson held a successful painting workshop on site and judged a schools Christmas card competition.

ACHIEVEMENTS AND PERFORMANCE



During the year, the committee approved £19k funding for 33 projects to be spent on the objectives of the charity, with designated fund holders also spending £10k. These projects will benefit over 1,866 service users across the Trust, below are examples of the projects supported:

BARNSELY

Community mental health used £538 of funding to host a deaf community engagement event, which was held to determine how to improve the access of mental health services within the community, and empower the deaf community.



Recovery College Barnsley spent £455 on wellbeing sessions to encourage peers to share experiences and techniques which were at the centre of their recovery to others currently at the beginning of their recovery journey.

Sensory hearing service used funds of £245 for the hire of a mini bus for a day trip for twenty service users to Hearing Dogs to promote education about the service. **Feedback included:**

A VERY INFORMATIVE AND EDUCATIONAL DAY OUT, PLENTY OF TIME TO ASK QUESTIONS AND PICK UP LITERATURE AND FLYERS.

CALDERDALE

The Dales occupational therapy team used funds of £305 to purchase musical instruments for their three wards to be used in therapeutic activities and encourage service users to socialise.

The early intervention in psychosis team was awarded £140 to fund the costs of a trip to the coast for 10 service users to promote socialising and wellbeing.

Lyndhurst spent £990 (£495 from EyUp! and £495 from Creative Minds) on piano lessons for their service users.

KIRKLEES

The Kirklees insight team used funding of £750 (£375 from EyUp! and £375 from Creative Minds) to host healthy eating groups for their service users, which aim to provide social engagement, education and life skills.

Enfield Down received funds of £195 to purchase new board games for the service users. The board games were to replace broken games, and also to provide a wider variety of games available to service users.

Sahara Women's Group, which is an emotional wellbeing group for women, was awarded £550 (£275 from EyUp! and £275 from Creative Minds) to hold monthly gatherings for service users and the public to support and promote mental wellbeing.

WAKEFIELD

Chantry unit used funds of £838 (£419 from EyUp! and £419 from Creative Minds) to purchase a stock of swimwear to enable service users to participate in the team's new hydrotherapy sessions. **Feedback included:**

IT HELPED ME A LOT WITH MY ARTHRITIS IN MY KNEES.

Wakefield acute inpatient services spent £1,370 on interactive sessions focusing on the understanding of the impact women have had on the cultural landscape of Wakefield. This was to coincide with the Forgotten Women of Wakefield Project that took place in March 2019, and enabled service users to have a voice and presence at the event.

The Wakefield insight team used funds of £751 for social trips for its service users, which included an alpaca walk in the countryside and a trip to Go Ape.

Feedback included:

I ENJOYED GO APE BECAUSE IT HELPED ME WITH MY ANXIETY BY GETTING TO TALK TO OTHER PEOPLE. I ENJOYED CLIMBING TREES AND ZIP LINES.



BEACON ALPACAS HELPED ME BECAUSE IT WAS A RELAXING TRIP OUT IN THE COUNTRY; I ENJOYED THE FRESH AIR, EXERCISE AND THE QUIET. I ALSO MET NEW PEOPLE, WHICH HELPED ME WITH MY CONFIDENCE.



FORENSIC SERVICES

A new electronic bingo machine (£222) was purchased for the regular group bingo nights held for all service users of **Newton Lodge**.

£489 was used to build an outdoor gardening space within the courtyard of **Bronte ward** in Newton Lodge, which will be used and maintained by its service users.

The **Bretton Centre** celebrated its tenth anniversary by hosting ten days of celebrations and events for its service users, including sports days, pool tournaments and quizzes on which £415 was spent.





Creative Minds®

Launched in 2011, Creative Minds became a linked charity of EyUp! in 2016. It's all about the use of creative approaches and activities in healthcare; increasing self-esteem, providing a sense of purpose, developing social skills, helping community integration and improving quality of life.

Our linked charity develops community partnerships to not only co-fund but also co-deliver projects for local people and all the projects are supported on a match-funded basis. The term 'match-funded' refers to the requirement of partners to provide funding of an equal or greater basis for each project.

Creative Minds access bids for funds through locality collectives made up of service users/carers and Trust staff. The collectives also look for a balanced portfolio of projects across the Trust districts, taking into account the types of activity, the client group and the service that will benefit. Where projects show a weakness in any of the categories, support is given to the organisation to look for a way forward.

Creative Minds is an award winning approach, picking up accolades from Health Service Journal, Compassionate Patient Care 2014, Patient Experience Network Award 2015 and Building Better Health Care Award 2016. In 2018, Creative Minds was named Disability Sports Yorkshire Organisation of the Year.

Building on its pioneering approach, Creative Minds contributes to thought leadership in this field and took part in the 'Realising the Value' national programme in 2016 led by Nesta. Creative Minds has also worked closely with NHS England developing social prescribing in mental health and showcasing their approach at NHS Expo 2018. Work has also been undertaken with the Health Foundations Q lab, receiving funding to develop a community reporting model for evaluating projects.

In 2018 participatory research workshops were run with the University of Huddersfield to enable participants to take a lead on evaluation. Young Creative Minds was also launched to concentrate on the wellbeing needs of children and young people.



Creative Minds®



BELOW ARE SOME EXAMPLES OF HOW CREATIVE MINDS HAS HELPED.

BARNESLEY

Creative Recovery were awarded £9,995 towards their 'Live Arts Café' weekly sessions, which provide a vital evening support network and creative outlet for service users and their families, including visual arts, poetry, music, comedy and food sessions.

Hive South Yorkshire received funding of £1,710 for their creative writing and publication project 'In My Words'. This project enables young people with ongoing mental health challenges to explore writing/speaking activities, providing a cathartic outlet for expressing ideas, interest and concerns in a safe space, and to build resilience, wellbeing and confidence.

CALDERDALE

'Upcycle in Bloom' is a series of community gardening activities run within **HappyDays'** community life project, aimed at encouraging and assisting improvements to their outdoor space and participating in seasonal themed events. This project focuses on providing personal responsibility skills to improve mental health and wellbeing. An award of £3,801 was made.

Hebden Bridge Community Centre was awarded £243 towards their 'A Moment in Time' project aimed at Dementia awareness through celebratory performance event comprising of music, dance, art and drama.

KIRKLEES

Huddersfield Mission was awarded £1,090 towards their 'Creative Triangle' project which consisted of 12 sessions focused on creating works of art, music and words to explore the themes of mental health, with works being collated into a CD with corresponding booklets. Entry to the project was free to ensure that low income earners could still participate.

An award of £4,100 was awarded to **BatleySmile CIC** for 'Why we're smiling at Bagshaw Museum' to co-produce a variety of creative activities, shaped by the Trust's service users, carers and partners, such as performances, walks and stargazing, which caters to around 40 people per quarter.

WAKEFIELD

Incredible Edible Wakefield was awarded £2,461 for their 'Edible Gardening Club', a gardening club where service users have the opportunity to experience the many benefits of therapeutic horticulture. The bid was following the success of their previous work at the caring garden last year, which helped service users feel a sense of community as well as the opportunity to take part in beneficial exercise.

An award of £4,950 was given to **Tigers Trust** to deliver a project to engage older people in sharing memories about Castleford Tigers and the community, to bring people with dementia together and raise awareness of important issues facing the ageing society. The project will co-produce booklets and film with the memory service, which will be available for widespread distribution.

THE FIRST YEAR OF WORKING WITH WETHERBY PRISON AND ADEL BECK YOUNG OFFENDERS UNIT with support from our forensic CAMHS team has been completed, offering creative activities to the young people. We will also be supporting the recommendations from the All Party Parliamentary group's report 'Creative Health', which is a national approach, and Creative Minds is prototyping some of this work in Calderdale.

If you feel that the Creative Minds approach could help you to find a creative passion that would improve your health and wellbeing, get in touch at creativeminds@swyt.nhs.uk and find more information at www.creativemindsuk.com



Spirit in Mind is an innovative project that brings together community based spiritual organisations in collaboration with South West Yorkshire Partnership NHS Foundation Trust. It is a platform to enable connections with spiritual organisations throughout our local communities, creating the opportunity for them to learn about the support we're able to offer and the support available across the community from lots of different sources.

Spirit in Mind (SIM) achieved linked charity status in May 2017. An initial grant of £2,500 from the Church Urban Fund was used to fund a well-attended conference for faith leaders on faith based social action initiatives in mental health.

A further successful bid to the Church Urban Fund Near Neighbours scheme is funding mental health awareness sessions, mental health first aid training and interfaith retreats for Muslim and Christian faith and community leaders in North Kirklees. These support the strategy of developing faith and mental health forums initially in North Kirklees and then across the Trust area.

Partnerships continued for a second year with counselling support being delivered at Huddersfield Mission as well as mental health awareness sessions and mindfulness training for various faith communities.

During the year, SIM, in collaboration with other faith based initiatives, was involved in facilitating a number of activities which further its charitable aims including.

- Mental Health First Aid (MHFA) training for 15 Muslim and Christian faith leaders and community activists from the North Kirklees area;
- A day conference on compassion held at Dewsbury Minster, focused on locally based faith and wellbeing initiatives;
- Development of a faith leaders training module aimed at promoting resilience and wellbeing successfully trialled with mixed faith cohort in March 2019;
- 'Compassion Hub', a forum for voluntary agencies and faith organisations to share good practice and explore joint working, convened for an initial meeting in March 2019. Further meetings are in planning;



- Successful recruitment and training of an initial cohort of 15 volunteer lay chaplains to support SIM agenda (December 2018). A second cohort is being recruited with 12-session training programme planned to start in Autumn 2019; and
- Half-day mental health awareness sessions for faith leaders and community activists were successfully held in a number of venues in North and South Kirklees.

Further activity is largely dependent upon sourcing additional external funding which remains a priority.

FUTURE PLANS INCLUDE:

- A training day on strategies for promoting positive mental health for Christian and Muslim faith leaders ;
- Training sessions for community activists and faith leaders on non-violent communication ;
- Day conference on faith based support in bereavement and loss care ;
- Roll out of 'Compassion Hub' in North Kirklees;
- Further mental health awareness sessions for faith based organisations;
- MHFA training for faith leaders;
- Training programme on skilled listening for faith communities;
- Interfaith Christian-Muslim women's mental health wellbeing training modules;
- MHFA instructor training programme for one member of staff within the pastoral and spiritual care department.

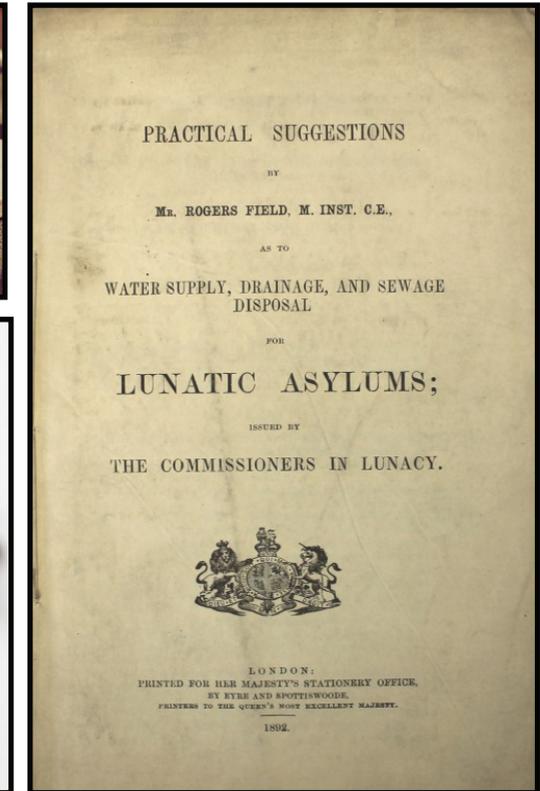
The Mental Health Museum (MHM) has been a linked charity since 2014 and is located in the heart of Fieldhead, Wakefield. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma and prejudice. The museum aims to work with its communities to co-create a mindful, knowledgeable and active society.

Over the last years, the MHM has grown its audience through providing group tours, a learning programme and heritage activities. In 2017, MHM contributed to Wakefield Museum's Surviving or Thriving exhibition for Mental Health Awareness Week which focused on men's mental health. Men from the Fieldhead site co-produced artwork with the MHM to highlight how cultural, personal and social barriers can prevent men from speaking out about their mental health issues.

During 2018/19 capacity issues have forced the museum to have restricted opening times and to look at its future direction. 9 sessions for service users were run using a grant received from the Big Lottery for an environmental and wellbeing project, 'signposts to sustainability'. These were arts and horticulture activities for service users in Newton Lodge and Newhaven.

An exhibition called 'Breakdown' was held showcasing Bob Clayden's photographs which document the closure of Runwell Hospital in Essex, alongside poetry from Steve Powell about his experiences of life on the wards.

In 2019/20 the Museum have an exhibition planned showing the work of a young photographic artist Colin Postig who has a diagnosis of autism. His work helps to throw some light on the condition. Later in the year the Out of the Shadows exhibition will take place which focuses on the treatment of people with learning disabilities in the criminal justice system. This work was featured in the Guardian. Both exhibitions will be on split sites in partnership with the Art House in Wakefield and linked into the very successful 'Art Walks' to ensure a connection with a wider audience.





HOW WE FUNDED OUR WORK, ACHIEVEMENTS AND PERFORMANCE

In 2018/19, the charities received income of £509,042 and expended £501,942. At the end of the year the charities had a balance of £519,216.

EyUp!

EyUp! received income of £103,486 from donations, legacies, lottery and interest.

Donations have increased in 2018/19 due to successful fundraising campaigns including EyUp! Ben and the staff team challenge. These donations are mainly from staff, service users, carers, relatives and friends.

Expenditure of £58,552 was spent on grant making, staff costs, administration fees and prizes relating to the lottery. A wide variety of purchases were funded, ranging in value as exemplified in the aforementioned projects.

At 31 March 2019 EyUp! had a balance of £194,431.

CREATIVE MINDS

Creative Minds received income of £351,006, of this £302,982 was received from South West Yorkshire Partnership NHS Foundation Trust. Other income was from grants, interest and a few small donations.

During the year expenditure of £412,101 was spent. £143,657 was on grant applications, £262,910 on staff costs and £5,534 on administrative costs.

At 31 March 2019 Creative Minds had a balance of £287,137.

MENTAL HEALTH MUSEUM

Mental Health Museum received income of £37,748, of this £7,598 was received from South West Yorkshire Partnership NHS Foundation Trust. The remaining income was one grant from the Heritage Lottery Fund.

Expenditure of £11,797 was spent, £4,254 was spent mainly in relation to a

Big Lottery Grant that was received in 2017/18, £7,459 on staff costs and £84 on administration.

At 31 March 2019 Mental Health Museum had a balance of £34,975.

SPIRIT IN MIND

Spirit in Mind received income of £16,803, of this £16,642 was received from South West Yorkshire Partnership NHS Foundation Trust. The remaining was received from donations from individuals.

Expenditure of £19,491 took place in year, the majority, £16,643, relates to staff costs. £2,810 relates to the activities of Spirit in Mind including MHFA training and the Spirit in Mind conference. £38 was spent on administration.

At 31 March 2019 Spirit in Minds had a balance of £2,673.

A wide variety of purchases were funded, ranging in value and as exemplified in the aforementioned projects.

HOW WE MANAGE THE MONEY

OUR GRANT MAKING POLICY

EyUp!

EyUp! makes grants from its unrestricted funds, both general and designated funds.

- General funds – these funds are received with no particular preference expressed by donors. The income generated by the lottery is also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. Bids of value up to £5,000 are then assessed. Any bids in value £5,000 and over are assessed by the Charitable Funds Committee.
- Designated funds – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. Finance check that the expenditure is appropriate to the overall purpose of the charity.



CREATIVE MINDS

Creative Minds develops community partnerships to not only co-fund but also co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match-funded refers to the requirement of partners to provide funding of an equal or greater basis for each project

Creative Minds invites applications for funding for each locality they work in annually. Applications are assessed through locality collectives made up of service users, carers and Trust staff using the Young Foundation community development tool. Where projects show a shortfall, the collectives try to work with the organisation to strengthen the bid. The collectives also look for a balanced portfolio of projects across the Trust districts, taking into account the types of activity, the client group and the service that will benefit.

The Mental Health Museum and Spirit in Mind do not make grants.

RISK ANALYSIS

The Trustee reviews risk as part of the charity action plan at each meeting and within the business plan. The main risk facing the charities is financial sustainability.

- The EyUp! fundraiser was appointed (part-time) to mitigate this by being a dedicated resource to increase income through a number of different funding streams. The effectiveness of this is reviewed at each meeting.
- The linked charities are revising their strategies and producing clear business plans which will be actioned and monitored to ensure they are sustainable in the future.

OUR INVESTMENT POLICY

The current policy (agreed in March 2017) is to invest funds in a mix of deposit accounts, the Corporate Trustee takes a prudent approach to investment and hold the funds in a low risk deposit account across various providers.

OUR RESERVES POLICY

Under the guidance of the Charities Commission booklet 'CC19, Charities Reserves' and 'Charity reserves: building resilience', the corporate trustee agreed the following reserve policy, which is reviewed annually.

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).

The charity has a general legal duty to apply charitable funds within a reasonable time of receiving them. The corporate trustee actively encourages fund managers to spend their funds and encourages staff to bid against the general purpose funds.

The trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

EYUP! RESERVES POLICY

In order to avoid the risk of the charity's reserves becoming overdrawn it is considered prudent to hold a minimum 3 months' operating expenditure, plus one year's salary for the fundraiser post. At present levels of expenditure a minimum reserve of £35,428 is required. If the balance fell to this level then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £78,848 and are calculated as follows:

Total unrestricted funds of	£194,431
Less designated funds	(£115,583)
Total reserves	£78,848

The trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund(s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

PLANS FOR THE FUTURE



Expenditure is reviewed quarterly at the Charitable Funds Committee to ensure that the minimum level of reserves is maintained. Reserves are currently slightly higher than the minimum required, it is anticipated that these will reduce further in 2019/20 to be in line with the expected reserves.

CREATIVE MINDS RESERVES POLICY

Creative Minds is funded by specific grants for projects and by general contribution by the Trust. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. One month's grant expenditure is held as reserves of £20,000. Creative Minds expenditure is planned grant expenditure so if funds are reduced to this level then plans can be revised.

MENTAL HEALTH MUSEUM RESERVES POLICY

The Mental Health Museum is primarily funded by specific grants with small donations by visitors. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The Trustee has deemed that at this point the charity does not need to hold reserves.

SPIRIT IN MIND RESERVES POLICY

Spirit in Mind is primarily funded by specific grants. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The Trustee has deemed that at this point the charity does not need to hold reserves.

VOLUNTEERS

The Trustee would like to thank all the volunteers working for EyUp! and its linked charities. This includes Ken Taylor who continues to make a significant contribution to EyUp! and its linked charities.

Creative Minds thanks all the members of its locality collectives who give up their time to assess grant funding. The Mental Health Museum thanks its volunteers working within the museum.

The trustee recognises the increase in donations in 2018/19 and plans to continue to increase donations so that more projects can be supported and EyUp! becomes more sustainable. To aid in this the trustee have identified the following activities:

- Attract a patron and further ambassadors for EyUp!
- Increase corporate fundraising
- Continue to promote EyUp! with staff to generate more fundraising and wider use of funding
- Increase the public uptake of the EyUp! lottery
- Increase community fundraising
- Mental Health Museum to deliver the Heritage Lottery project
- Spirit in Mind will identify further sources of funding
- Creative Minds to produce a business plan identifying its long-term sustainability

EYUP! AMBASSADORS

Ambassadors do not have any formal role in the governance of the charity but assist by gaining publicity and raising our profile:

- Ashley Jackson - Painter

STRUCTURE, GOVERNANCE AND MANAGEMENT



South West Yorkshire Partnership NHS Foundation Trust is the corporate trustee of the charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

CORPORATE TRUSTEE

The corporate trustee comprises the non-executive and executive directors of the Board of South West Yorkshire Partnership NHS Foundation Trust (SWYPFT) and meets quarterly. Non-executive directors are appointed by the governors of the Trust and executive directors are subject to the Trust's recruitment policies. When directors join the corporate trustee, they are introduced to the charity, its objectives and Charity Commission guidance (CC3).

The members of the corporate trustee have read and had regard to the Charity Commission's guidance on public benefit. They give their time freely and do not receive any pay, emoluments or other financial benefit.

Those who served on the Trust board of the corporate trustee during the period were as follows:-

Angela Monaghan	Chair
Charlotte Dyson	Deputy chair / Senior independent director
Laurence Campbell	Non executive director
Rachel Court (left 31/03/2019)	Non executive director
Chris Jones (left 31/07/2018)	Non executive director
Erfana Mahmood (from 06/08/2018)	Non executive director
Kate Quail	Non executive director
Sam Young (from 06/08/2018)	Non executive director
Rob Webster	Chief executive
Dr Adrian Berry (left 11/04/2018)	Medical director / Deputy chief executive
Tim Breedon	Director of nursing and quality / Deputy chief executive
Mark Brooks	Director of finance and resources
Alan Davis	Director of human resources, organisational development and estates
Dr Subha Thiyagesh (from 12/04/2018)	Medical director

CHARITABLE FUNDS COMMITTEE

The corporate trustee is supported in its responsibilities and duties by the Charitable Funds Committee, which meets quarterly. Its duties include managing the Trust's charitable funds in accordance with statutory requirements; ensuring expenditure is in line with the objects of the charities; delegating responsibility for the management of designated charitable funds and the linked charities; fundraising for the charity; ratifying the annual report and accounts; and reviewing the effectiveness of the committee.

The members of the Charitable Funds Committee during the period were as follows:-

Charlotte Dyson (committee chair)	Deputy chair / Senior independent director
Laurence Campbell (left 25/06/2018)	Non executive director
Angela Monaghan	Chair of the Trust
Kate Quail	Non executive director
Tim Breedon	Director of nursing and quality / deputy chief executive
Salma Yasmeen	Director of strategy

Also in attendance were:

Susan Baines	Head of financial accounting
Jude Tipper	Head of marketing, communications and engagement
Ken Taylor	Volunteer / Chair of linked charities governance group
Sue Barton	Deputy director of strategy and change

All members of the committee are required to undertake suitable training in order to discharge their duties as members of the committee.

The Charitable Funds Committee is supported by the EyUp! operational management group and the linked charities governance group, both of which report to the committee.

The day to day operations of the Charitable Funds are administered by South West Yorkshire Partnership NHS Foundation Trust.

REFERENCE AND ADMINISTRATIVE DETAILS

EyUp! is registered under the single registered number 1055931.

The governing document is a deed dated 1 April 1996.

The MHM is a linked charity registered under number 1055931-12. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and well-being and by promoting social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

HOW TO CONTACT US

EyUp!

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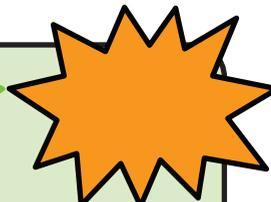
A BIG THANK YOU



On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the corporate trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations and participated in the staff lottery.



SUPPORT THE WORK OF EYUP!



THANK YOU FOR READING ABOUT THE PROJECTS THAT THE CHARITY HAS SUPPORTED THIS YEAR, THIS CANNOT CONTINUE WITHOUT ONGOING DONATIONS.

WHAT COULD YOUR GIFT BUY?

£1	COULD BUY	COLOURING PENS FOR AN ART SESSION
£10	COULD BUY	A DVD FOR A WARD
£20	COULD BUY	SEEDS AND PLANTS FOR A GARDENING GROUP
£30	COULD BUY	BOOKS TO START A WARD LIBRARY
£50	COULD BUY	ARTS AND CRAFTS MATERIALS
£100	COULD BUY	A WATER FEATURE FOR A SENSORY GARDEN
£150	COULD BUY	A DAY TRIP FOR SERVICE USERS
£300	COULD BUY	A PORTABLE PIANO FOR A WARD
£500	COULD BUY	START-UP COSTS FOR A NEW ACTIVITY GROUP

If you would like to make a donation:

Through your bank:

Pay direct to the Charity donation account, 54-30-64, account code 42591511

By Just Giving:

Donate online at www.justgiving.com/EyUp

By text:

Text EYUP to 70085 to donate £2

By Cheque:

Please make cheques payable to "EyUp!" and send to EyUp!, South West Yorkshire Partnership NHS FT, Fieldhead Hospital, Block 9, Ouchthorpe, Wakefield, WF13SP.

Signed:

Name:

Date:

STATEMENT OF TRUSTEE RESPONSIBILITIES IN RESPECT OF THE TRUSTEE ANNUAL REPORT AND ACCOUNTS

Under charity law, the trustee is responsible for preparing the trustee annual report and accounts for each financial year, which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice entails that the trustee:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the recommendations of the Statement of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- State whether the financial statements comply with the Trust deed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The trustee is required to act in accordance with the Trust deed and the rules of the charity, within the framework of trust law. The trustee are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared by the Trustee under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The Trustee have general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the trustee:

Signed:  Name: Angela Monaghan

Date: 21 November 2019

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEE OF EYUP!



I report to the trustee on my examination of the accounts of EyUp for the year ended 31 March 2019 which comprise the statement of financial activities, the balance sheet and the related notes 1 to 21.

This report is made solely to the charity trustee, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that. My work has been undertaken so that I might state to the charity trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity trustee as a body, for my work, for this report, or for the opinions I have formed.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity trustee you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act"). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of your charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.



INDEPENDENT EXAMINER'S STATEMENT

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act;

or

2. The accounts do not accord with those records;

or

3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination;

or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Anderson FCCA

**for and on behalf of Deloitte LLP
Leeds, United Kingdom**





**EYUP! STATEMENT OF CASH FLOWS FOR THE YEAR
ENDING 31 MARCH 2019**

Statement of cash flows	Note	Total funds	Total funds
		2018/19	2017/18
<i>Cash flows from operating activities</i>			
Net cash provided by (used in) operating activities	19	(2)	(132)
<i>Cash flows from investing activities</i>			
Interest received	1	1	1
Net cash provided by (used in) investing activities		1	1
<i>Change in cash and cash equivalents in the reporting period</i>			
Change in cash and cash equivalents in the reporting period		(1)	(131)
Cash and cash equivalents at the beginning of the reporting period		549	680
Cash and cash equivalents at the end of the reporting period		548	549

NOTES ON THE ACCOUNTS

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011.

The trustee consider that there are no material uncertainties about the charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose. The linked charities of the Mental Health Museum, Creative Minds and Spirt in Mind are classed as restricted funds.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. The charity currently has no endowment funds.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which are sub analysed between designated (earmarked) funds where the trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the trustee discretion, including the general fund which represents the charity's reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be met before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.



(d) Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met

(e) Resources expended and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event;
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement; and
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(f) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the Fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant;
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant; and
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment

The trustee has control over the amount and timing of grant payments and consequently where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is disclosed.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

(g) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, internal and external examiner costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.



(h) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objects. The costs of raising funds represent the prizes paid out in respect of the lottery and the costs of the fundraiser.

(i) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(j) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(k) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(l) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long term creditors.

(m) Pensions

Employees of the charity are entitled to join the NHS Pensions Scheme. From 1 April 2015 there are two separate pension schemes covering NHS workers, the 2015 NHS Pension Scheme and the 1995/2008 NHS Pension Scheme.

Both schemes are an unfunded, defined benefit scheme that covers NHS employers, general practices and other bodies, allowed under the direction of the Secretary of State in England and Wales. Each scheme is not designed to be run in a way that would enable participating bodies to identify their share of the underlying Scheme assets and liabilities. Therefore, each scheme is accounted for as if it were a defined contribution scheme: the cost to the charity of participating in the scheme is taken as equal to the contributions payable to the Scheme for the accounting period.

The 2015 NHS Pension Scheme, effective 1 April 2015, is a 'Career Average Revalued Earnings' ("CARE") scheme. From the above date, annual pensions are normally based on 1/54th of a member's CARE for each year of service. CARE is defined as a member's average earnings in a financial year, and is uplifted annually by a percentage determined by the Treasury. Members who are practitioners as defined by the Scheme Regulations are subject to exactly the same arrangements as all members who are directly employed by the NHS, with effect from the above date.

The 1995/1998 is a "final salary" scheme. Annual pensions are normally based on 1/80th for the 1995 section and of the best of the last 3 years pensionable pay for each year of service, and 1/60th for the 2008 section of reckonable pay per year of membership. With effect from 1 April 2008 members can choose to give up some of their annual pension for an additional tax free lump sum, up to a maximum amount permitted under HMRC rules. Annual increases are applied to pension payments at rates defined by the Pensions (Increase) Act 1971, and are based on changes in consumer prices in the twelve months ending 30 Septembers in the previous calendar year. On death, a pension of 50% of the member's pension is normally payable to the surviving spouse.

The scheme is subject to a full actuarial valuation every four years, and an FRS102 accounting valuation every year. The latest actuarial valuation was undertaken as at 31 March 2016, this set that the employer contribution rate at 20.6% from April 2019.

The valuation of scheme liability in accordance with FRS102 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) Resource Account, published annually. These accounts can be viewed on the NHS Pensions website.



2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts (pages 30 to 31).

UNRESTRICTED FUNDS - STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED 31 MARCH 2019

	2019	2018
	£'000	£'000
Income and endowments from:		
Donations and legacies	67	16
Other trading activities	37	38
Investments	0	1
Total income resources	104	55
Expenditure on:		
Raising funds	(36)	(19)
Charitable activities	(23)	(79)
Total expenditure	(59)	(98)
Net income / (expenditure)	45	(43)
Transfers between funds	0	(3)
Net movement in funds	45	(46)
Reconciliation of funds		
Total funds brought forward	149	196
Total funds carried forward	194	149

UNRESTRICTED FUNDS - BALANCE SHEET AS AT 31 MARCH 2019

	2019	2018
	£'000	£'000
<i>Current assets</i>		
Cash and cash equivalents	196	151
Total current assets	196	151
<i>Liabilities</i>		
Creditors falling due within one year	(2)	(2)
Net current assets (liabilities)	194	149
Total assets less current liabilities	194	149
Total net assets or liabilities for unrestricted funds	194	149
Total unrestricted funds	194	149



RESTRICTED FUNDS - STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED 31 MARCH 2019

	2019	2019	2019	2019	2018	2018	2018	2018
	Mental Health Museum	Creative Minds	Spirit in Mind	Total	Mental Health Museum	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Income from:								
Donations and legacies	8	305	16	329	37	102	0	139
Charitable activities	30	45	0	75	7	20	4	31
Investments	0	1	0	1	0	0	0	0
Total income	38	351	16	405	44	122	4	170
Expenditure on:								
Charitable activities	(12)	(412)	(19)	(443)	(37)	(205)	(1)	(243)
Total expenditure	(12)	(412)	(19)	(443)	(37)	(205)	(1)	(243)
Net income / (expenditure)	26	(61)	(3)	(38)	7	(83)	3	(73)
Transfers between funds	0	0	0	0	0	0	3	3
Net movement in funds	26	(61)	(3)	(38)	7	(83)	6	(70)
Reconciliation of funds								
Total funds brought forward	9	348	6	363	2	431	0	433
Total funds carried forward	35	287	3	325	9	348	6	363

RESTRICTED FUNDS - BALANCE SHEET AS AT 31 MARCH 2018

	2019	2019	2019	2019	2018	2018	2018	2018
	Mental Health Museum	Creative Minds	Spirit in Mind	Total	Mental Health Museum	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Current assets								
Cash and cash equivalents	35	314	3	352	9	383	6	397
Total current assets	35	314	3	352	9	383	6	397
Liabilities								
Creditors falling due within one year	0	0	0	0	0	(1)	0	(1)
Accruals	0	(27)	0	(27)	0	(34)	0	(34)
Net current assets (liabilities)	35	287	3	325	9	348	6	363
Total assets less current liabilities	35	287	3	325	9	348	6	363
Total net assets or liabilities for restricted funds	35	287	3	325	9	348	6	363
Total restricted funds	35	287	3	325	9	348	6	363



3. Related party transactions

The charity has made payments to the Trust in relation to administration costs; these are made on an arm's length basis.

	Total 2019	Total 2018
	£'000	£'000
South West Yorkshire Partnership NHS Foundation Trust	1	1
	1	1

There was £nil closing balance in debtors (£ nil 2017/18) and £2k (25k 2017/18) in creditors in respect of the Trust.

EyUp! has made revenue grant payments of 23k to South West Yorkshire Partnership NHS FT. (68k 2017/18)

4. Income from donations and legacies and charitable activities

	Unrestricted funds	Restricted funds	Total 2019	Unrestricted funds	Restricted funds	Total 2018
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	32	1	33	14	2	16
Corporate donations	2	328	330	2	137	139
Legacies	33	0	33	0	0	0
Grants	0	75	75	0	31	31
Total	67	404	471	16	170	186

Analysis of Restricted Funds

	2019	2019	2019	2018	2018	2018
	Creative minds	Mental Health Museum	Spirit in Mind	Creative minds	Mental Health Museum	Spirit in Mind
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	0	1	0	1	1	0
Corporate donations	305	7	16	101	36	0
Legacies	0	0	0	0	0	0
Grants	0	0	0	20	7	4
Total	305	8	16	122	44	4

Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.

5. Analysis of income from other trading activities

	Unrestricted funds	Restricted funds	Total 2019	Unrestricted funds	Restricted funds	Total 2018
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery	37	0	37	38	0	38
	37	0	37	38	0	38

Income from other trading activities is raised from the EyUp! lottery

6. Role of volunteers

EyUp! has one volunteer who is in attendance of the Charitable Funds Committee and is Chair of the linked charities governance group.

The Mental Health Museum has one volunteer who performs a variety of tasks within the Museum.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.



7. Gross investment income

	Unrestricted funds	Restricted funds	Total 2019	Unrestricted funds	Restricted funds	Total 2018
	£'000	£'000	£'000	£'000	£'000	£'000
Short term investments and deposits cash on deposit	0	1	1	1	0	1
Total	0	1	1	1	0	1

The income shown for restricted funds is in relation to Creative Minds.

8. Analysis on expenditure on raising funds

	Unrestricted funds	Restricted funds	Total 2019	Unrestricted funds	Restricted funds	Total 2018
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery prizes	18	0	18	18	0	18
Lottery admin fee	1	0	1	1	0	1
fundraising costs	17	0	17	0	0	0
Total	36	0	36	19	0	19

9. Analysis of charitable expenditure

EyUp! did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally the South West Yorkshire Partnership NHS Foundation Trust to carry out activities that will benefit the service users of the NHS. EyUp! incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

Creative Minds expenditure was in the form of grant funding, details of the significant grants are found in note 10.

Mental Health Museum and Spirit in Mind undertake direct charitable activities and do not make grants.

	Activities direct	Grant funded activity	Support costs	Total 2019	Activities direct	Grant funded activity	Support costs	Total 2018
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
EyUp! Service user activities	0	23	0	23	0	67	12	79
Creative Minds activities	263	144	5	412	0	201	4	205
Mental Health Museum activities	12	0	0	12	3	0	34	37
Spirit in Mind activities	19	0	0	19	1	0	0	1
	294	167	5	466	4	268	50	322

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third party organisations

Creative Minds significant grants 2018/19

	£	Number
Creative Recovery	25,415	5
Yorkshire Sculpture Park	7,980	2
Next Generation	7,500	1
Dream Time Creative	6,310	2
Phoenix Radio	5,231	3
The Art House	4,950	1
Tigers Trust	4,950	1
Globe Arts Studio	4,950	1
Inspire Arts Group	4,950	1
S2R (Support to Recovery)	4,944	1
Platform 1	4,934	1
Handmade Parade	4,900	1
Luv2meetU	4,454	1
Verd De Gris Ltd	4,260	1
Holme Valley Sharing Memories	4,200	1
Calderdale MBC	4,193	1

Creative Minds significant grants 2017/18

	£	Number
Next Generation	15,000	1
S2R (Support to Recovery)	14,400	1
Creative Recovery	9,995	1
Qdos Creates Ltd	7,595	1
Northern College	6,950	1
Luv2meetU	4,957	1
The Froglife Trust	4,950	1
Growing Works	4,950	1
Butterflies Dementia Support	4,950	1
Yorkshire Childrens Centre	4,934	1
Forge Partnership	4,938	1
Barnsley Civic	4,900	1
Voluntary Action Kirklees	4,856	1
Handmade Parade	4,850	1



11. Movements in grant funding commitments accrued

Creative Minds	Current liabilities	Non current liabilities	Total	Current liabilities	Non current liabilities	Total
	2019	2019	2019	2018	2018	2018
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	34	0	34	26	0	26
Additional commitments made during the year	168	0	168	204	0	204
Movement from current to non-current	0	0	0	0	0	0
Amounts paid during the year	(175)	0	(175)	(196)	0	(196)
Closing balance at 1 April	27	0	27	34	0	34

The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded a number of grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the Charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the staff working in the linked charities and are allocated to each individual restricted fund and the fundraiser who is allocated to unrestricted funds.

The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.
- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	Unre-stricted funds	Re-stricted funds	2019 Total	Unre-stricted funds	Re-stricted funds	2018 Total
	£'000	£'000	£'000	£'000	£'000	£'000
External examination	0	1	1	0	1	1
Financial administration	0	0	0	0	0	0
Miscellaneous	0	2	2	0	1	1
Salaries and related costs	15	289	304	11	37	48
Total	15	292	307	11	39	50

	2019 Total	2018 Total
	£'000	£'000
EyUp!	15	11
Creative Minds	269	2
Mental Health Museum	6	37
Spirit in Mind	17	0
	307	50



13. Trustee remuneration, benefits and expenses

The Corporate Trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

	2019	2018
	£'000	£'000
Salaries and wages	260	42
Social security costs	19	3
Employers pension contribution	25	3
	304	48*

	2019	2018
	£'000	£'000
EyUp!	15	11
Creative Minds	266	0
Mental Health Museum	6	34
Spirit in Mind	17	0
	304	45*

* The trustee included all staff costs relating to staff working in the linked charities in 2018/19, these are paid for by South West Yorkshire Partnership NHS FT and were previously not included in the 2017/18 annual report.

The average number of full time equivalent employees during the year was 7 (2018: 2) (EyUp!, 1 (2018: 1); Creative Minds 5 (2018: 0); Mental Health Museum 0.5 (2018: 1); Spirit in Mind 1 (2018:0))

One employee within Creative Minds had emoluments in excess of £60,000 (2018: Nil)

15. Independent Examiner's remuneration

The independent examiners remuneration of £994 (2018 £994) related solely to the independent examination with no additional work being undertaken (2018: nil).

16. Analysis of current debtors

There is nil debtors in 2018/19 and in 2017/18.

17. Analysis of cash and cash equivalents

	2019	2018
	£'000	£'000
Cash in hand	17	25
Notice deposits (less than 3 months)	531	524
Total cash and cash equivalents	548	549

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All of the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

	2019	2018
	£'000	£'000
Creditors under 1 year		
Trade creditors	(2)	(3)
Accruals for grants	(27)	(34)
	(29)	(37)
Creditors falling due after more than 1 year		
Accruals for grants	0	0
Total	(29)	(37)



19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2019	2018
	£'000	£'000
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	7	(116)
Adjustments for:		
Dividends, interest and rents from investments	(1)	(1)
(Increase)/decrease in debtors	0	0
Increase/(decrease) in creditors	(8)	(15)
	(2)	(132)

20. Transfers between funds

There has been no transfer between funds in year. (2017/18: £2,500).

21. Analysis of charitable funds

(a) Analysis of Restricted fund movements

	Balance b/fwd	Income	Expenditure	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
Mental Health Museum	9	38	(12)	0	35
Creative Minds	348	351	(412)	0	287
Spirit in Mind	6	16	(19)	0	3
Total	363	405	(443)	0	325

The objects of each of the restricted funds are as follows:

The **Mental Health Museum** became a linked charity in 2014/15, its purpose is to become a leading resource for the history of mental health care, debates surrounding contemporary health care and treatments and life-long learning.

The **Creative Minds charitable trust** became a linked charity in September 2016, it works in partnership with groups and organisations to offer a range of innovative wellbeing opportunities.

Spirit in Mind became a linked charity in May 2017, its purpose is to promote and advance racial harmony, by advancing education and raising awareness of mental health issues relating to culture and religion and the provision of cross-cultural activities which enhance health and wellbeing.

(b) Analysis of unrestricted and material designated fund movements

	Balance b/fwd	Income	Expenditure	Transfers	Fund c/fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	85	42	(11)	0	116
General funds	64	62	(48)	0	78
Total	149	104	(59)	0	194

The Trustee set an opening or closing balance of £50,000 or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows:

Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.