

Newsletter



Creative Minds®

Barnsley July 2025

Registered charity no. 1055931-13

Barnsley Newsletter July 2025

This newsletter provides details about the projects which Creative Minds will be funding in the Barnsley area in 2025/6. It provides a brief overview of each project and contact details for further information

Creative Minds is an award winning charity hosted by the South West Yorkshire Partnership NHS Foundation Trust

We deliver creative approaches in health and support local groups in the provision of creative activities which support mental health and wellbeing



Project: Connections

Provider: Action for Autism Barnsley (AfAB)

Project	Who is this project for?	When
Connection is a weekly drop in and catch-up session for adults that are neurodiverse. It is a friendly and informal session where group members can spend time enjoying the company of one another. You can join in the chat or just listen in, if you prefer. There are puzzle, colouring, drawing activities and games to enjoy too. Feel free to bring your own activity if you prefer.	This project is for adults who identify as being neurodiverse.	Thursday 1 -2.30pm
	To access this project please contact	Venue
	Please contact Katrina on 07756 988933 or email at katrina.afabarnsley@proton.me	Library at the Light Box (Barnsley Central Library). The group meet on the sofas by the entrance or at the Community Table on the ground floor.

Project: GAZ Healthy Minds Project

Provider: Grimethorpe Activity Zone

Project	Who is this project for?	When
We are a community-based charity that provides a wide range of activity sessions for several age groups within the community. These Include children and young people, new mothers and older members of the community. The aim of our work is to improve the lives and support mental wellbeing of those who participate. No participation fees are required.	Children and young people	Children and Young people Every Tuesday and Wednesday 4pm – 5pm.
	Men (Men’s Support Group)	Men’s Support Group Every Tuesday 1pm – 2.30pm
	Adult Community Members (Craft and Sewing groups)	Adult Craft Groups Monday 5pm-9pm Wednesday 10am - 1pm
	To access this project please contact	Venue
	David Taylor Tel. 01226 713599 Email - gactivity1959@outlook.com	The Grimethorpe Activity Zone Centre, The Acorn Centre, High Street, Grimethorpe, S72 7BB

Project: Singing to Thrive in 25!

Provider: Hoyland Community Choir

Project	Who is this project for?	When
Professionally led weekly singing activities for adults to improve wellbeing and mental health, a friendly, inclusive environment at an accessible local venue with good public transport links. Suggested donation per session £3. All welcome. No previous musical experience needed. lifts your spirits and this is exactly what we aim to do and achieve.	Adults. Any adult who would like to take part weekly singing sessions. Children may only attend with a parent or guardian.	Fridays 10am to 12 noon (not during August)
	To access this project please contact H Beaumont – Chairman M Williamson – Treasurer hoylandcommuntchoir@outlook.com	Venue Salvation Army Rooms, Central Street, (next to Co-op) Hoyland Common, Barnsley

Project: Sheddars Woodwork Art Workshop at the Mill

Provider: The Sheddars Community Group

Project	Who is this project for?	When
Sessions are free for anyone to take part including: older people, working age adults, young people (under 18) if attending with a parent or guardian, people with mental health issues or learning disabilities their carers/families, people with neurodiversity.	Sessions are free for anyone to take part including: older people, working age adults, young people (under 18) if attending with a parent or guardian, people with mental health issues or learning disabilities their carers/families, people with neurodiversity	Every Saturday 11.00am to 1.00pm From 12th July to 13th September
	To access this project please contact Philip Jackson philip@inclusioninaction.org Tel 07581560285	Venue Worsborough Mill, Worsborough Bridge, S70 5LJ

Project: Friday Afternoon, Music Afternoon

Provider: Butterflies Dementia Support and Activities Group

Project	Who is this project for?	When
A weekly music afternoon, we open with tea, coffee and cakes followed by an afternoon of live music and for those who want to, dancing. The session provides companionship and support for a wide variety of people. We try to create a huge support network where everyone understands the importance of creating support for each other through friendship and companionship.	People with dementia, their Partners or carers, elderly isolated or widowed people and people with special needs or disabilities.	Every Friday 12:15 to 3.30pm
	To access this project please contact	Venue
	Julie Brown, Project manager Tel: 07545815513	East Dene Club, Doncaster Road, Barnsley, South Yorkshire S70 1UD

Provider: Chilypep

Project: Pride@HOME Chilypep

Project	Who is this project for?	When
The project will create and develop a resource with LGBTQ+ young people with lived experience of mental ill health which in turn will then be shared with other young people in Barnsley with messages around managing social media's impact on their emotional health and wellbeing. This might take the form of a short film; a social media campaign; fiction; whatever creative form the young people decide is most appropriate.	Young people aged 11 to 25 who identify within the LGBTQ+ community and as neurodivergent	Tuesdays 4 – 6pm (alternate Tuesdays for both junior and senior age groups)
	To access this project please contact	Venue
	Keely Hardy: Keely.Hardy@chilypep.org.uk	Currently: Wellington House, Market Street, Barnsley.

Project: The Next Big Thing

Provider: Barnsley Museums and Heritage Trust

Project	Who is this project for?	When
Next Big Thing is a creative and cultural group for young people experiencing inter-sectional barriers to education. The group supports the young people by engaging them with a variety of creative experiences, offering new ways to express themselves, peer support and helping to combat loneliness and isolation.	Young People aged 14-25 who suffer intersectional barriers to education. The group includes young people who are: LGBTQ+, young carers, neurodivergent and/or have lived experience of mental health issues.	Wednesday during term time 4.30pm to 6.30pm
Participation is Free	To access this project please contact	Venue
	Gemma or Becky at wegreatladies@gmail.com	A variety of venues including Barnsley Town Centre. Current project based at Worsborough Mill

Project: Create with Me at the Worsborough Mill

Provider: Inclusion in Action

Project	Who is this project for?	When
Painting and drawing activities to support mental health. The activities are run outdoors, in the beautiful and peaceful natural environment of the Mill. The park is widely used by families and all the users of previously run Create with Me sessions have stated that they found the few hours spent sitting and painting calming and extremely helpful for their mental wellbeing. NO Participation Fee	Sessions are free for anyone to take part including: older people, working age adults, young people (under 18) if attending with a parent or guardian, people with mental health issues or learning disabilities their carers/families, people with neurodiversity.	Every Saturday 11.00am to 1.00pm From 5th July to 20th September
	To access this project please contact	Venue
	Sandra Potestà sandra@inclusioninaction.org	Worsborough Mill, Worsborough Bridge, S70 5LJ

Project: Creative Studio Sessions – Master Classes and Tutor Led Art Group. Provider: Creative Recovery

Project	Who is this project for?	When
Creative Recovery Art Studio Group offers space for people to develop their own art practise as well as meet like-minded people and take part in art 'Master Classes', collaborate on large projects and share skills with each other. The atmosphere is relaxed and supportive. We try to create a huge support network where everyone understands the importance of creating support for each other through friendship and companionship.	People who are registered for the Creative Recovery Core Programme can attend the Art Studio Group. The Core Programme is for anyone struggling with their mental health. We accept self-referrals and once registered participants have access to many different creative opportunities and socials.	Monday and Tuesday 11.30-2.30
	To access this project please contact	Venue
	Call or text 07916 282064 Or email participate@creativerecovery.co.uk to express an interest and we will call you back within two weeks.	Various community venues. Art Studio Groups meet at Prospect Street Community Centre, Prospect Street, Barnsley, S70 2NR

**Project: Cultural Companions/Mindful Connections
Provider: Barnsley Museums and Heritage Trust**

Project	Who is this project for?	When
A support group for those suffering from dementia and their caregivers and families. As well as participating in creative activities, musical therapy and using memory boxes, there will also be visits from practitioners specialising in themes including nutrition, exercise, breathing and mindfulness. Participation is free	Dementia sufferers and their caregivers and families	Every Thursday (in term time) 10am – 12 noon (Cultural Companions) 1pm – 3pm (Mindful Connections)
	To access this project please contact	Venue
	Steven Skelley Stevenskelley@barnsley.gov.uk	Learning Lab, Experience Barnsley, Church Street, Barnsley S70 2TA

Project: Making Our Mark

Provider: BettaLives

Project	Who is this project for?	When
Making Our Mark is a confidence building and communication project for adults with learning disabilities. It uses ambitious arts-based activities as a tool for communication and building confidence and skills	Adults with learning disabilities who attend BettaLives.	Half-day session at various times.
	To access this project please contact	Venue
	BettaLives - 07566858651	BettaLives 9A Langdale Road, Barnsley, S71 1AF

Project: Shaw Lane Mens Shed

Provider: Shaw Lane Mens Shed

Project	Who is this project for?	When
This community group is aimed at men aged 50 and above who are socially isolated and who need a social outlet to get together with others to mix and communicate. This is done by engaging in woodworking project, their own and group work. Other activities are encouraged for example art classes, board games etc. - No membership - Just £2.50 a day – Includes tea and biscuits - All skill levels welcome	Men aged over 50	Monday to Thursday 9.00am to 3.00pm
	To access this project please contact	Venue
	Michael Headon Tel: 07837 137945	Shaw Lane Mens Shed Shaw Lane Sports Club Shaw Lane Barnsley S70 6HZ

Your Wakefield and Barnsley Creative minds contact is:

Ash Mahmood Creative Minds and Mental Health Museum

arshad.mahmood@swyt.nhs.uk Tel: 0734-2059213

I develop, co-ordinate, fund and manage creative initiatives. I have a background in Engineering, Teaching and Community Development.

I have worked for the NHS in various roles for the past 12 years.

Specialisms: Mindfulness and Meditation



Hi all, I'm **Kirsty**, the Creative Practitioner at Creative Minds covering Barnsley and Wakefield. I facilitate creative activities for service users in these areas.

My passion for creativity and background in Mental Health enable me to devise creative activities which can be adapted to accommodate all, taking into consideration the individual needs and abilities of participants. My special interests include arts and crafts, textiles, and ceramics.



I'm Lesley and I am a Creative Minds project worker. If you require further information about any of the projects detailed in this newsletter, please get in contact with me. Lesley.Turner@swyt.nhs.uk
Tel: 07796 017945

Disclaimer:

Whilst Creative Minds and South West Yorkshire Partnership Foundation Trust take care to provide accurate and up to date information we cannot take full responsibility for the accuracy of the information contained in this newsletter and other Creative Minds promotional material.