

Carers' passport

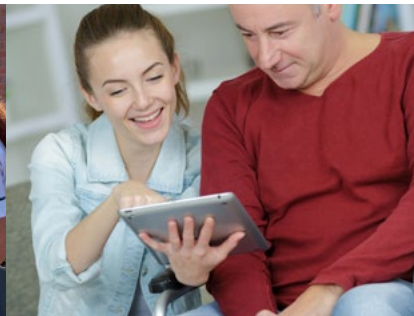
NHS
South West
Yorkshire Partnership
NHS Foundation Trust



With **all of us** in mind.

My details and who I care for

My details	I am the carer of...
Name	Name
Address	Address
Contact number	Contact number Services involved in



Families and carers matter

This passport will be made successful by working in partnership with our carers, staff and stakeholders.

Carers' commitment	Trust commitment
I will ensure my passport is kept up to date and report changes when they occur	We will work with you as a partner
I will use this passport to support my caring role and my own wellbeing	We will support you to get the help and assistance when you need it
	We will train our staff to be aware of carers' needs



Me and my caring role

My caring responsibilities are... (Think about the practical, physical and emotional support you carry out)

What impact does this have on me? (Think about your emotional and physical health)

Do I need support to carry out my caring role?

If yes, what support do I think would help?

What support am I currently getting?

Speak to staff if you would like a carers' assessment.

What's on offer



Carers champion/
leads



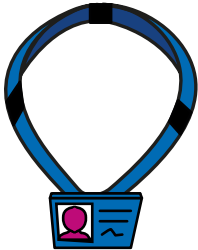
Carer support
groups



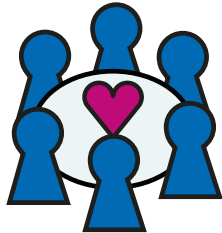
Staff carers
awareness training



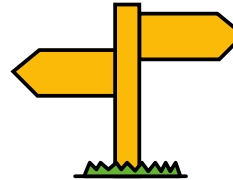
Carers information
sessions



Carers lanyards*



Carers wellbeing
workshop



Signposting you to
other support services

*currently being developed

Local carer services directory

Barnsley	Calderdale	Forensic/learning disability services	Wakefield	Kirklees	Other
Making Space Tel: 01226 288772 Email: BarnsleyCarers@makingspace.co.uk	Making Space Tel: 07815 493439 Email: carers.calderdale@makingspace.co.uk	Carers Dialogue Group Tel: 01924 316121	Carers Wakefield and District Tel: 01924 305544	Carers Count Tel: 0300 012 0231	Carers UK Tel: 020 7378 4999
Family & Friends Team Tel: 07771 660866 / 07554 778932	Calderdale Carers Tel: 01422 369101 Email: enquiries@calderdale-carers.co.uk	Wakefield Recovery and Wellbeing College Tel: 01924 316946	Wakefield Recovery and Wellbeing College Tel: 01924 316946	Admiral Nurses Tel: 01484 343126	Creative Minds – carer activities Email: creativeminds@swyt.nhs.uk
				Kirklees Adult Mental Health Carers Support Service Tel: 01924 481070	



Scan this QR code with your smartphone to be taken to our carer resources and young carer support online.

Recovery and wellbeing colleges

Recovery and Wellbeing Colleges	Digital resources
<p>The Exchange – Barnsley Recovery and Wellbeing College Tel: 01226 730433 Email: Barnsley.Recoverycollege@swyt.nhs.uk www.barnsleyrecoverycollege.nhs.uk</p>	<p>www.southwestyorkshire.nhs.uk</p> <p>www.carersdigital.org</p>
<p>Calderdale and Kirklees Recovery and Wellbeing College Tel: 07826 876172 Email: ckrecovery.wellbeing@swyt.nhs.uk www.calderdalekirkleesrc.nhs.uk</p>	<p>Local access codes:</p> <ul style="list-style-type: none">• Calderdale - DGTL7421• Kirklees - DGTL7419• Wakefield - DGTL7298• Barnsley - DGTL3300
<p>Wakefield Recovery and Wellbeing College Tel: 01924 316946 Email: wakefieldrecoverycollege@swyt.nhs.uk www.wakefieldrecoverycollege.nhs.uk</p>	

My contact list

Name	Service	Contact details



