**Cath’s Covid Vaccine Story**

|  |  |
| --- | --- |
|  | **Hello my name is** Catherine Horbury and I am extremely vulnerable as I have got a learning disability and a condition of Down Syndrome. I am the Co-lead for Yorkshire and Humber ODN.  |
|  | **What I think of the vaccine**I would like to say that it is very **important** for people who are vulnerable or the elderly and for people who have a learning disability to have the Covid vaccines **if you are invited for one please do so as it may just  save your life** **for you**  |
|  | **How did you get an invite?**I got a booking confirmation through a text message asking me to go down for a Covid vaccine as I am extremely vulnerable myself. The text came from my GP.  |
|  | **How did you enter**I put a face mask on before I entered the building and went to the receptionist desk. The receptionist told me to enter the waiting room ready to be called in for my Covid vaccine.  |
|  | **How was the nurse / staff?**The nurse and the staff were ok. They did ask me questions which I didn’t fully understand but I had some support from a family member. But I think they should have had easy read information to help me understand the questions they were asking me to answer.  |
|  | **How did you find the Vaccine?**I was nervous about having a Covid vaccine at first, I had the vaccine, but I was ok as I had support from a family member which was good, she told me don’t worry about anything I am here.The nurse who did the vaccine was lovely and I didn’t feel a thing, everything was good.  |
|  | **How did you feel after?**I was having headaches and felt sick for a couple of days. However, after a couple of days I felt ok.  |