

Volunteer news

December 2021

Breaking news

Read our new
volunteer strategy and volunteer charter

[Volunteering - South West Yorkshire
Partnership NHS Foundation Trust](#)

New for 2021! All volunteers are now on
ESR for all training.

Things you need to know

If you need to visit the Trust, please
remember



HANDS



FACE



SPACE

Keep yourself and others safe by having
your flu and COVID-19 vaccines.

Welcome to Volunteer news

volunteer@swtyt.nhs.uk

01924 316246

With **all of us** in mind.



Become a Trust volunteer responder

What is a responder?

A volunteer responder is someone who responds to pressures placed on the Trust. There are several ways to do this:

- Helping in one of our services supporting staff
- Supporting flu clinics
- Supporting Trust events
- Helping to engage with people for feedback on how to improve services

What skills are required?

We only require your time, enthusiasm, compassion, good communication and listening skills. The offer is flexible and you would only need to volunteer three or four times a year.

How much time do I have to give?

We ask you to sign up for a year or longer if you wish. You would be expected to attend 3 or 4 times a year to one of the responder calls..

You will be placed on our responder list and contacted when pressures arrive. It may only be for a week or longer. Each time you do attend, it would count as one of your 3 to 4 responder sessions.

All you have to do is ensure you keep up to date with your annual mandatory training.

If you are interested in this role, please contact volunteer services at volunteer@swyt.nhs.uk

Important information

The government has announced that the COVID-19 vaccination will be a condition of deployment for frontline healthcare workers (except for those colleagues who meet exemption criteria, such as for medical reasons) from 1 April 2022.

Will it apply to volunteers?

This applies to any voluntary sector organisation that is delivering CQC regulated services and to volunteers supporting the frontline in CQC regulated services.

The NHS England voluntary partnerships team is working with NHS workforce teams to ensure that any guidance includes clarity for volunteers and voluntary sector organisations working within and alongside the NHS.

We'll keep you updated.

Contact Details

Changed your address, telephone number or email address recently? Don't forget to inform Volunteer Services, so they can keep you updated with information

Dates for your diary



- ◆ **Digital recruitment fair: January 2022**
- ◆ **Volunteer annual survey: February 2022**
- ◆ **Volunteer newsletter 2nd edition: April 2022**

Seasons greetings &

Happy New Year

From the Volunteer Service



Poetry corner

It's still lurking in all corners
it's still hiding behind all doors
it's still hidden unseen, unfeeling
waiting to take you and yours.

It still knows that you are cheating
not washing your hands or wearing a mask
it will continue to take control of you
to stop you in your tracks.

It can still pounce when you least expect it
it will still sneak upon you unaware
It will take over the whole of your body
so be careful, watch out and beware.

Keep to the two-metre distance
try not to hug and kiss too much
and though it may take a while
we *will* eventually kick this virus into
touch.

So that it leaves us united people
this country and this land
and by us doing as we are told
we will be giving it a helping hand.

To move to another galaxy
a universe unknown
so that never again will it hurt the world
or catch us unaware or alone.

by Ann

If you'd like to have your poetry published
in our newsletter, email

volunteerservices@swyt.nhs.uk

Why do you volunteer?

We asked some of our volunteers
what they enjoy about what they do.
Here's what they said...

"I wanted to give
something back."

"It is something I can give
back to other people."

"I feel that volunteering gives
back to the community and
hopefully helps people."

"I feel that volunteering gives
back to the community and
hopefully helps people."

"I feel that volunteering gives
back to the community and
hopefully helps people."

"It gives me purpose and
I like to help if I can."

"To build confidence and
gain work skills."

"It makes me happy!"

"To meet good people
and learn from them."

"I feel rewarded and happy."

Meet some of our volunteers

Miley — canine befriender

My name is Miley, I am four years old and I come from a big family of humans and canines. I work in the pastoral and spiritual care department as a canine befriender. I am very friendly and my main hobby is socialising and meeting new people from all walks of life.

As a canine befriender my role is to visit the inpatient units and spend time with people and make them laugh. I also spend time with people on an individual basis by accompanying them on short walks or sometimes just sit quietly alongside them while they stroke me and admire me.

Since starting in the role I have met lots of lovely people and made some new friends. One of the main perks is I get lots of attention and people give me lots of biscuits and treats!

Hopefully I will get the opportunity to meet you all at some point.

With best wishes

Miley



Our newest catering recruit, Jonny

Jonny is one of our newest recruits. He is 25 years old and is volunteering within our catering services.

Jonny says he loves the interaction with staff, service users and the public and it helps to motivate him and lifts his wellbeing.

Jonny decided to volunteer for the Trust so that he could build on his skills and gain some work experience.

Jonny is enjoying his volunteer role and has been kindly welcomed by the staff he volunteers with. He said: "I love it!"



Ways to volunteer and make a difference to someone this festive season



- * Set yourself a goal by doing three kind things a day
- * Offer an hour or two of companionship at your local care home or homeless shelter
- * Sort out your winter jumpers and coats and donate them to your local homeless shelter or charity shop of your choice
- * Offer a homeless person a warm drink
- * Check on your neighbour
- * Remember festive holidays are not always a great time, be mindful and respectful of people around you



Values – the Trust has strong values that builds confidence and enhances your skill mix

Social – meet and make new friends, build a network of likeminded people pulling together for a good cause

Knowledge and skills – share your stories through lived experience. Become a peer or run a course in our recovery colleges or expert patient programmes



**Volunteer
at
our Trust**

Career – build new skills and knowledge to apply for paid employment

Connections – Meet diverse groups of people from different backgrounds in your community

Opinions matter – your voice matters. Have your say to help us improve our offer of care

Spotlight on...

We've got some questions for you... moving forwards

Which topics would you like to see in the quarterly newsletters?

What informative would you like to hear about?
(for example: new roles or Trust events?)

Do you have any other suggestions you would like to add?

Do you have a story or a poem you would like to share?
Please email us and let us know at: volunteer@swyt.nhs.uk



The Trust's Recovery Colleges

Did you know?

As a volunteer with the Trust, we know you probably want to expand your knowledge about the various health conditions that you might hear about or that the people you come in to contact with during your volunteering duties may experience. Well, did you know that we have three Recovery Colleges across the Trust that offer free, friendly courses and workshops to help people to understand and manage health conditions, learn new skills and increase their interests, helping people to achieve a quality of life they wish to achieve. Best of all, they are all co-produced and co-facilitated by not only professionals but also by people who are experts by experience; people who live with or care for someone with the various conditions they are talking about.

Why not book on something at either Barnsley, Calderdale and Kirklees, or Wakefield Recovery and Wellbeing College and expand your knowledge and understanding with likeminded people. Check out their websites for much more information:

www.barnsleyrecoverycollege.nhs.uk

www.calderdalekirkleesrc.nhs.uk

www.wakefieldrecoverycollege.nhs.uk

Get Involved and become a member of the Trust

To represent your community

membership@swyt.nhs.uk

Volunteering across the Trust

Volunteer service

For inpatient and community services – central hub for recruitment, training and checks

**Recovery
Colleges**

**League of
Friends**

**Live Well
Wakefield**
self-
management
service

Lay chaplains

**Creative
Minds**

**Community
volunteers**

**Two-can
project
(new for
2021/22)**

Befriending

Thank you!

We would like to say a BIG thank you
to all our volunteers for the support
you continue to provide
You are amazing!

Contact



Volunteer@swyt.nhs.uk



01924 316426



07767 320001



<https://twitter.com/VOLSWYFT>



Volunteering | South West Yorkshire Partnership NHS Foundation Trust

There's lots of support for all of us, just get in touch



Jane Milner
Head of Volunteer Services



Ann Campbell
Volunteer Administrator

Meet some of our partners

