

# Children's speech and language therapy

## Making choices about your care and preparing for adulthood

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We see you to help with your eating, drinking and swallowing.



We want to help you to make choices about your care. This might be what you want to work on in therapy with us. It might be who you want to help you to do practice.



Young people are able to come to see the children's speech and language therapy service up until 18 years old.

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# When you are 16 years and over

We follow the mental capacity act when you are 16.

If you have capacity to make your own choices about therapy we have to:



- Get your consent to do therapy and practice with you.



- Get your permission to talk to your parents and other people about you and what we are helping you with.



If you do not have capacity to make these decisions, we will speak to your parent or carer.

# Safeguarding

If we are worried about your safety we may need to talk to a parent or another professional about this.



We may need to do this even if you tell us not to.



We will always tell you if we need to do this.



Age 18

## Preparing for adulthood

You become an adult when you are 18 years old.

Your speech and language therapist will work with you to help you get ready for being an adult.

We will often work with your family and people who help you in school too.

### We might:

- Work with you to understand your eating and drinking advice
- Work with people who help you.
- Ask people to attend some helpful training.
- Give you information about support groups you can use.
- Suggest people who help you make a **communication or health passport**. A communication or health passport will share helpful information you want people to know.



With **all of us** in mind.