



Jolly Phonics Actions

The Actions

- s** Weave hand in an s shape, like a snake, and say *ssssss*
a Wiggle fingers above elbow as if ants crawling on you and say *a, a, a*.
t Turn head from side to side as if watching tennis and say *t, t, t*.
i Pretend to be a mouse by wriggling fingers at end of nose and squeak *i, i, i*.
p Pretend to puff out candles and say *p, p, p*.
n Make a noise, as if you are a plane - hold arms out and say *nnnnnn*.
- c k** Raise hands and snap fingers as if playing castanets and say *ck, ck, ck*.
e Pretend to tap an egg on the side of a pan and crack it into the pan, saying *eh, eh, eh*.
h Hold hand in front of mouth panting as if you are out of breath and say *h, h, h*.
r Pretend to be a puppy holding a piece of rag, shaking head from side to side, and say *rrrrrr*.
m Rub tummy as if seeing tasty food and say *mmmmmm*.
d Beat hands up and down as if playing a drum and say *d, d, d*.
- g** Spiral hand down, as if water going down the drain, and say *g, g, g*.
o Pretend to turn light switch on and off and say *o, o; o, o*
u Pretend to be putting up an umbrella and say *u, u, u*.
l Pretend to lick a lollipop and say *llllll*.
f Let hands gently come together as if toy fish deflating, and say *ffffff*.
b Pretend to hit a ball with a bat and say *b, b, b*.
- ai** Cup hand over ear and say *ai, ai, ai*.
j Pretend to wobble on a plate and say *j, j, j*.
oa Bring hand over mouth as if you have done something wrong and say *oh!*
ie Stand to attention and salute, saying *ie ie*.
ee or Put hands on head as if ears on a donkey and say *eeyore, eeyore*.
- z** Put arms out at sides and pretend to be a bee, saying *zzzzzz*.
w Blow on to open hand, as if you are the wind, and say *wh, wh, wh*.
ng Imagine you are a weightlifter, and pretend to lift a heavy weight above your head, saying *ng...*

- v** Pretend to be holding the steering wheel of a van and say *vvvvvv*.
- oo oo** Move head back and forth as if it is the cuckoo in a cuckoo clock, saying *u, oo; u, oo*. (Little and long oo.)
- y** Pretend to be eating a yogurt and say *y, y, y*.
- x** Pretend to take an x-ray of someone with an x-ray gun and say *ks, ks, ks*.
- ch** Move arms at sides as if you are a train and say *ch, ch, ch*.
- sh** Place index finger over lips and say *shshsh*.
- th th** Pretend to be naughty clowns and stick out tongue a little for the *th*, and further for the **th** sound (*this* and **thumb**).
- qu** Make a duck's beak with your hands and say *qu, qu, qu*.
- ou** Pretend your finger is a needle and prick thumb saying *ou, ou, ou*.
- oi** Cup hands around mouth and shout to another boat saying *oi! ship ahoy!*
- ue** Point to people around you and say *you, you, you*.
- er** Roll hands over each other like a mixer and say *ererer*.
- ar** Open mouth wide and say *ah*. (UK English) Flap hands as if a seal, and say *ar, ar, ar*. (US English)