

## Children's Speech and Language Therapy People Games (Ready, steady, go)

### What are people games?

- Games without toys.
- Games that help you and your child make a connection.
- Games that include taking turns with another person in an interaction.

### Why are these games important for your child?

- They help your child to anticipate what is coming in an interaction and to enjoy the excitement this brings.
- They teach your child about games with a beginning and an end including a sequence of actions.
- They are fun for you and your child.

### Types of people games

- Peek a boo
- Hide and seek
- Tickle
- Row your boat
- Chasing
- Horsey Horsey
- Ring –a-Ring-a-roses
- 1,2,3 jump/swing
- Round and round the garden
- This little piggy



### What to remember

- Repeat what you say and do the games over and over. Keep it simple and predictable.
- Take turns with your child. Make sure you wait for them to take a turn.
- Your child may only take 1 or 2 turns to start with but keep going!
- Make sure you pause to see if your child will let you know they want you to do something again. For example more tickles, more chasing.
- Your child may respond with actions, expressions or sounds, not just words.... Keep going!
- Look out for your child asking to play these games and copying you....Keep going!
- Look out for your child asking to play these games. They might ask by using one of the gestures or a sound from the game so be observant as they may not ask in obvious ways...keep going!
- Keep it going, keep it fun!

