

Children's Speech and Language Therapy He and She

These ideas will help your child to understand and use 'he' and 'she'.

Games

You need: a girl doll, a boy doll and some pretend food.

What to do: give instructions "**he** wants the banana" "**she** wants the apple"

You need: paper, pens and clothes pictures.

What to do: draw a boy and girl. Give instructions:
"**he** needs a jumper" "**she** needs a hat".



You need: pictures and books with people.

What to do: share the book, talk about what the people are doing. Use
'he' and 'she'.
"**he's** stroking the dog" "**she's** talking to her friend".

Next steps: Play the games again but let the child tell you what to do.

More practice every day

Talk about boys and girls in the class or at home e.g. 'Look at Mary, **she's** giving the ball to John'. Give the child instructions e.g. '**He** wants the pen'.

Next steps

When the child can understand and use "he" and "she", try using "**him**" and "**her**". Use the activities above but say "Give the red jumper **to him**" "Give the blue coat **to her**".

Then move onto **his** and **hers**. Use the activities above but say "the green jumper **is hers**" or "the blue hat **is his**". Say the first part of the sentence e.g. "the red coat is..." – can the child can say the rest (his/hers).