



Members newsletter



We are a specialist NHS Foundation Trust that provides community, mental health and learning disability services to the people of Barnsley, Calderdale, Kirklees and Wakefield.

We also provide some medium secure (forensic) services to the whole of Yorkshire and the Humber.

Being a Foundation Trust means we're accountable to our members, who can have a say in how we're run and how they'd like our services to be developed. Around 14,300 local people (including our staff) are members of our Trust.

[Read more](#)



Hello my name is John Laville and I am your lead governor...

Welcome to this the first edition of our members' newsletter. As a Foundation Trust, South West Yorkshire NHS Foundation Trust it is accountable to it's members' and I hope that through this and subsequent editions that you will become more aware of what is happening in our Trust, the wider NHS scene, how you can become more involved and how you can feedback your thoughts, issues and ideas to your governors and The Trust as a whole.

Hopefully we can also have some light hearted items and even amuse at times. The newsletter will evolve over the months and years and any feedback in terms of what you would like to see would be most welcome..



John Laville

OUR VALUES...



We put people first and in the center.



We know that families and carers matter



We are respectful, honest, open and transparent



We improve and aim to be outstanding



We are relevant today and ready for tomorrow

Meet your local governors

Part of the role of the Member's Council is to help shape the Trust's future plans and priorities. If you would like to engage with the Governor who represents your local community get in touch below:

Email : governors@swyt.nhs.uk.

Phone: 01924 316000 and ask to speak with the corporate governance team.

[Read more](#)



Improving the way we involve and engage with our children and young people

We want to improve the way that we communicate with and engage children and young people. We are working with Young Lives Wakefield on the Youth Engagement Initiative.

11 young people coming on placement from Princes Trust will co-produce an event with us by planning, running and participating at the event .

This initiative aims to empower young people in Kirklees, Barnsley, Wakefield, and Calderdale to actively engage in mental health awareness and advocacy efforts within their communities.





Strategy refresh

We are taking some time to refresh our Trust strategy. Our strategy is our medium to long term plan that describes what we are going to do in the next five years. This includes how we can improve things for our workforce, our services, and the support we give to families and carers. It is very important to us that we understand your perspective on what you think is going well, what could be better and how we can develop our organisation for the future.

[Read more](#)

Older People's Mental Health Transformation

We want to know what you think about our proposal to create specialist inpatient wards for older people with dementia, and other mental health needs (such as anxiety, depression or psychosis), in Calderdale, Kirklees and Wakefield.

[Read more](#)





Finding support

We've launched guides to help adults, children and young people in Barnsley, Calderdale, Kirklees and Wakefield to 'choose well' when looking after their mental health and wellbeing.

The guides showcases examples of how a person may be feeling alongside some of the support available in these different circumstances. It's hoped that the guide will help local people to know:

- How they can look after their own mental health and wellbeing
- Who else can help and provide mental health and wellbeing support
- Where to go for help and support

[Read more](#)



Spotlight: Sahaara Women's Group

Sahaara group is a women's mental health well-being group which started in 2017. We welcome ladies who may be suffering from mental health issues or isolation, the group supports you to overcome obstacles and we can help you gain confidence, find new hobbies and coping strategies that work for you to help you socialise with other ladies who may be going through similar situations.

Contact: involvingpeople@swyt.nhs.uk

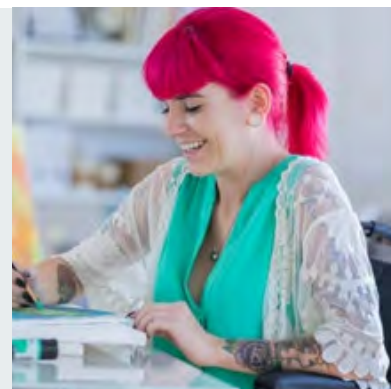
Have a say in service developments

As well as being a member of the Trust, we have more opportunities for you to get involved. We will email and write out to members who have already told us they want to hear about service development involvement.

Over the last few months, we have written to over 2,500 members on:

- Older people mental health inpatient services consultation, for your views on proposed changes to inpatient services
- Our Trust strategy, for your views on the plan for our Trust over the next five years

If you want to get more involved you can update your details by contacting us by email : governors@swyt.nhs.uk or telephone 01924 316462



Become a volunteer

The Trust offers a range of volunteering opportunities to enhance the services we provide. At the heart of volunteering is the Trust Volunteer Service. We have over 170 volunteers who continue to give time to add value to the services we provide.

[Find out more](#)



Become a Community Connector

'Connecting people' is about giving the public a voice. You will take part in training to support you to involve your local connections, community, family and friends in the development of NHS services.

[Find out more](#)



Become a member

You can support your local NHS services by becoming a member of our Trust . We want to work with our members to ensure our services are the best they can be, and to support local people to look after their wellbeing and make best use of services available, this is why anyone from the age of 11 years can become a member .

If you haven't already signed up, do it now and encourage your friends, family or colleagues to join us too.

[Read more](#)

Get in touch

Thank you for taking the time to read our newsletter. If you have any queries or would like any additional information about anything included within this newsletter please contact us.



phone: 01924 316000

email: governors@swyt.nhs.uk

website: www.southwestyorkshire.nhs.uk/