



# Carers' passport



# My details and who I care for

My details
Name
Address
Contact number
I am the carer of...
Name
Address
Contact number
Services involved in



# Families and carers matter

This passport will be made successful by working in partnership with our carers, staff and stakeholders.

Carers' commitment	Trust commitment
I will ensure my passport is kept up to date and report changes when they occur	We will work with you as a partner
I will use this passport to support my caring role and my own wellbeing	We will support you to get the help and assistance when you need it
	We will train our staff to be aware of carers' needs



# Me and my caring role

My caring responsibilities are... (Think about the practical, physical and emotional support you carry out)

---

---

---

---

What impact does this have on me? (Think about your emotional and physical health)

---

---

Do I need support to carry out my caring role?

---

---

If yes, what support do I think would help?

---

---

What support am I currently getting?

---

---

**Speak to staff if you would like a carers' assessment.**

# My skills, knowledge and experience

What skills have I developed as a carer?

---

---

---

---

---

---

---

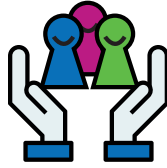




# What's on offer



Carers champion/  
leads



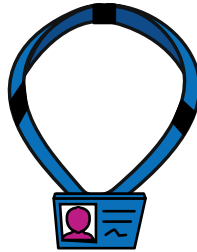
Carer support  
groups



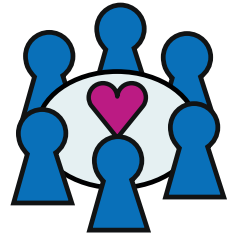
Staff carers  
awareness training



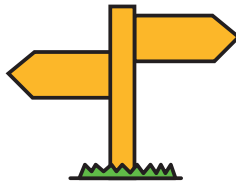
Carers information  
sessions



Carers lanyards\*  
\*currently being developed



Carers wellbeing  
workshop



Signposting you  
to other support  
services

# Local carer services directory

<b>Barnsley</b>	<b>Barnsley Carers Service - Cloverleaf</b> Tel: 01226 288772  <b>Family &amp; Friends Team</b> Tel: 07425 737334 Email: <a href="mailto:CarerSupport.FFTeam@swyt.nhs.uk">CarerSupport.FFTeam@swyt.nhs.uk</a>
<b>Calderdale</b>	<b>Making Space</b> Tel: 07815 493439 Email: <a href="mailto:carers.calderdale@makingspace.co.uk">carers.calderdale@makingspace.co.uk</a>  <b>Calderdale Carers</b> Tel: 01422 369101 Email: <a href="mailto:enquiries@calderdale-carers.co.uk">enquiries@calderdale-carers.co.uk</a>
<b>Forensic/learning disability services</b>	<b>Carers Dialogue Group</b> Tel: 01924 316121  <b>Wakefield Recovery and Wellbeing College</b> Tel: 01924 316946
<b>Wakefield</b>	<b>Carers Wakefield and District</b> Tel: 01924 305544  <b>Wakefield Recovery and Wellbeing College</b> Tel: 01924 316946
<b>Kirklees</b>	<b>Carers Count</b> Tel: 0300 012 0231  <b>Admiral Nurses</b> Tel: 01484 343126  <b>Kirklees Adult Mental Health Carers Support Service</b> Tel: 01924 481070
<b>Other</b>	<b>Carers UK</b> Tel: 020 7378 4999  <b>Creative Minds – carer activities</b> Email: <a href="mailto:creativeminds@swyt.nhs.uk">creativeminds@swyt.nhs.uk</a>



Scan this QR code with your smartphone to be taken to our carer resources and young carer support online.



# Recovery and wellbeing colleges

## Recovery and Wellbeing Colleges

### **The Exchange – Barnsley Recovery and Wellbeing College**

Tel: 01226 730433

Email: [Barnsley.Recoverycollege@swyt.nhs.uk](mailto:Barnsley.Recoverycollege@swyt.nhs.uk)

[www.barnsleyrecoverycollege.nhs.uk](http://www.barnsleyrecoverycollege.nhs.uk)

### **Calderdale and Kirklees Recovery and Wellbeing College**

Tel: 07826 876172

Email: [ckrecovery.wellbeing@swyt.nhs.uk](mailto:ckrecovery.wellbeing@swyt.nhs.uk)

[www.calderdalekirkleesrc.nhs.uk](http://www.calderdalekirkleesrc.nhs.uk)

### **Wakefield Recovery and Wellbeing College**

Tel: 01924 316946

Email: [wakefieldrecoverycollege@swyt.nhs.uk](mailto:wakefieldrecoverycollege@swyt.nhs.uk)

[www.wakefieldrecoverycollege.nhs.uk](http://www.wakefieldrecoverycollege.nhs.uk)

## Digital resources

[www.southwestyorkshire.nhs.uk](http://www.southwestyorkshire.nhs.uk)

[www.carersdigital.org](http://www.carersdigital.org)

Local access codes:

- Calderdale - DGTL7421
- Kirklees - DGTL7419
- Wakefield - DGTL7298
- Barnsley - DGTL3300

# My contact list

Name	Service	Contact details



With **all of us** in mind.

If you require a copy of this information in any other format or language please contact the Trust.

إذا كنت تحتاج إلى نسخة من هذه المعلومات بأي تنسيق أو لغة أخرى، فيرجى الاتصال بـ Trust (Arabic).

اگر شما به یک نسخه از این اطلاعات در هر قالب (فرمت) یا زبان دیگری نیاز دارید، لطفاً با بنیاد (Trust) تماس بگیرید. (Farsi)

Ha a jelen információk másolatát más formátumban vagy nyelven szeretné megkapni, akkor kérjük, hogy lépjen kapcsolatba a trösztel. (Hungarian)

ئه گهر پوونووسی ئهم زانیاریانهت به ههر زمان یان فۆرماتیکی دیکه پیویسته تکایه له گه ل ئیمه پیۆهندی بگره. (Kurdish Sorani)

Jeśli potrzebują Państwo uzyskać kopię niniejszej informacji w innym formacie lub języku, prosimy o kontakt z Funduszem Zdrowia. (Polish)

Se necessitar de uma cópia destas informações em qualquer outro formato ou idioma, entre em contato com a Fundação. (Portuguese)

جے تہانوں ایس جانکاری دی اک کاپی دی کسے ہور فارمیٹ یا بولی وچ لوڑ اے تے مہربانی کر کے ٹرسٹ نال رابطہ کرو۔ (Punjabi Pakistani)

Dacă aveți nevoie de o copie a acestor informații în orice alt format sau limbă, vă rugăm să contactați Trustul nostru. (Romanian)

اگر آپ کو اس معلومات کی ایک کاپی کی کسی دوسرے فارمیٹ یا زبان میں ضرورت ہو تو براہ مہربانی ٹرسٹ سے رابطہ کریں۔ (Urdu)