

Newsflash

Your regular update
from the research
and development team



November 2024

Team updates

Dr Mike Doyle, along with Andrew Grundy, Katherine McGleenan, Michael Nash and Kris Deering have had an article published in the International Journal of Mental Health Nursing entitled "Clinical Risk Management in Mental Health Services: 10 Principles for Best Practice".
[You can read the article here.](#)

Our research studies

SPACES

Supporting Physical Activity through Co-production in people with Severe Mental Illness (SPACES): A randomised feasibility study of an intervention aimed at increasing the physical activity of people with severe mental ill health.



The purpose of this study is to test a programme to increase physical activity. The study has been created by with people with bipolar, schizophrenia and schizoaffective disorder, people who support them (carers), and professionals involved in physical activity and severe mental ill health.

People with conditions like those mentioned above are generally less physically active than those who don't have these health conditions, and the World Health Organisation has said that being more physically active can have as big a positive impact on health as stopping smoking.

The main objectives of this feasibility study are to explore the acceptability of the physical activity intervention, and the central parameters for the design of a full-scale trial (e.g. recruitment, retention, outcome completion, and intervention adherence).

The acceptability of the intervention will be investigated using (1) a short proforma provided to all intervention participants at follow-up, (2) qualitative interviews with approximately 15 intervention participants and 5 people who have delivered the intervention, and (3) data on intervention uptake, attendance, and attrition.

The feasibility of this pilot trial and the potential for undertaking a future large-scale main trial will be measured primarily using participant recruitment data.

If you require any further information, please contact: andy.sedgwick@swyt.nhs.uk

Training and education opportunities

VisionQUEST research opportunity

Do you work with patients who have psychosis and see things other people don't? If so, they may be eligible to complete a questionnaire study to help develop better treatments for visual hallucinations.

VisionQUEST – a questionnaire study of visual hallucinations

We are looking for practitioners to help us identify patients who may be willing to complete a questionnaire to help us understand their experiences and beliefs around experiencing visions.

To be eligible, they need to have a non-affective psychosis, be aged 16-65 years, attending secondary or tertiary mental health NHS services and be currently experiencing visual hallucinations (within the past 4 weeks). If they agree to participate, this involves completing a questionnaire of around 45 mins, with potential option to complete a similar shorter questionnaire a week later. This can be self-completed online or via the telephone/video call/ face to face with the help of our research and development team. Upon completion of each questionnaire, and they will be gifted a £10 voucher to thank them for their time.

This national study is taking part in 36 Trusts and aiming to recruit over 900 people! To find out more or to help us, please contact Sabina Maas or Rosemary Henderson in Research & Development – sabina.maas@swyt.nhs.uk or rosemary.henderson@swyt.nhs.uk.

A poster and leaflet are available to display in wards/ clinics or to give to patients directly (see below).

Do you see things that other people do not?

If so, you may be able to help us out!
We are looking for people with a psychosis diagnosis (such as schizophrenia) who also see visions (or visual hallucinations) to take part in an exciting study developing our understanding of these.



VISION-QUEST

If you would like to take part, please discuss with a staff member, who can contact the Research & Development team

Sabina Maas/ Rosemary Henderson

Recruitment end date: 04/03/2025

Key information

- The assessment will take 30-45 minutes.
- Someone can support you to complete this or it can be done on your own online.
- Your answers will be kept confidential.
- You get £10 for taking part.

IRAS ID: 332680
V2 23.1.2024

NIHR | National Institute for Health Research

NHS
Cumbria, Northumberland, Tyne and Wear
NHS Foundation Trust

UNIVERSITY of York

Poster for VisionQUEST

Principal Investigator Essentials Training

A practical guide to ethical and scientific quality standards in clinical research - 20 January 2025, 10:00 to 13.00pm Via MS Teams

This course is for those new to the role of PI and can also be helpful for those more experienced who want a refresher or those considering the PI role and need more information.

Expected Learning Outcomes

- Define the PI's responsibilities in leading the conduct of a study at a research site
- Recognise what makes an effective PI and the importance of effective leadership in delivering studies at site
- Understand and reflect on the skills and behaviours required to be an effective PI
- Know how to access support

Further information

To request the enrolment key please mail: yh.rrdn@nihr.ac.uk

For information please contact: Lisa Horner, tel. 07827990899

Or Training RDN Yorks Humber telephone 0113 20 60441 / email: yh.rrdn@nihr.ac.uk

Community engagement

The R&D team ran a stand at Batley Girls High School in October (and there is another one coming up in November) at their careers fair to highlight some of our research studies. This proved to be a very busy, but resourceful morning.



R&D Team members at Batley Girls High School
(left to right Adil, Debby, Kasia, Shelle)

Other good news

Mental Health Research Development in Calderdale, Kirklees and Wakefield Update on the NIHR Mental Health Research Groups programme, local scoping work and development of research priorities

The R&D Team, jointly with the University of Huddersfield and University of Liverpool, were successfully awarded a NIHR grant of £150k to develop a project plan and application for a £12m Mental Health Development Award which would look at developing a co-ordination platform within Kirklees, Calderdale and Wakefield around mental health research activity.

Join us on Wednesday, 18 December from 9.30am to 1pm at the Conference Room, Jo Cox More in Common Centre. University of Huddersfield Campus.

- Learn about the National Institute for Health Research Mental Health Research Groups programme and how it could transform mental health research and service delivery across Calderdale, Kirklees, and Wakefield
- Hear from the project team about work undertaken to date to better understand the mental health research landscape across Calderdale, Kirklees and Wakefield

- Contribute to identifying priority areas for mental health research across Calderdale, Kirklees and Wakefield



Mental Health Research Development Award 2024/25

University of Huddersfield & University of Liverpool

Information Sheet

AIM:

Our overarching aim is to undertake preliminary work necessary to inform development of a competitive Mental Health Research Group (MHRG) application for Round 2 of the competition.

OBJECTIVES:

- Identify & prioritise key research problems and needs relating to local MH needs
- Map current MH research capacity & capability (MHRCC) in Calderdale, Kirklees & Wakefield (CKW)
- Identify priorities and preferred strategies for training and development to enhance MHRCC across CKW
- Map current mental health research infrastructure across CKW, identifying strengths/gaps and developing a strategic plan to build on/address these
- Strengthen and further develop our partnerships with experts by experience and their carers, and organisations which support them
- Work to develop our partnership between Universities of Huddersfield & Liverpool
- Collaboratively develop a five-year programme of work to address research priorities

APPROACH:

We will adopt a comprehensive co-production approach that integrates local evidence with the experiences and views of stakeholders to identify the key priorities to co-produce compelling and competitive MHRG application,

WORK PACKAGES 1st April 2024 – 31st March 2025:

1. Undertaking evidence scoping and research priority setting activities.
2. Designing research projects relating to each of the priority areas.
3. Mapping mental health research activity, capacity, capability and infrastructure (including trials and 'big data' infrastructure) across CKW and co-creating strategic plans to enhance these.
4. Identifying current assets/strengths and envisioning a future optimal approach for training and development to enhance MHRCC across CKW.
5. Mapping of current and potential partnerships with experts by experience and their carers, and organisations which support and represent these and developing a strategic plan to strengthen partnerships.
6. Mapping synergies and potential areas for collaboration between Universities of Huddersfield & Liverpool and developing a strategic framework for collaborative working
7. Developing a competitive MHRG application for Round 2 of the competition in Summer 2025, drawing upon our preparatory work.

The final three months of the project will be used to synthesise data/outputs from WPs 1-7 in order to develop a competitive MHRG application.

If you feel you could contribute or for further information, please contact the Project Management Team @ MHRDA@swyt.nhs.uk

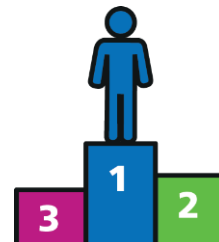
Co-leads: Professor Michael Doyle, m.doyle2@hud.ac.uk and Professor Ann-Louise Caress, A.Caress@hud.ac.uk

For background to award, see: [NIHR Mental Health Research Groups Competition Brief | NIHR](#)

Please secure your place free of charge here:

<https://www.eventbrite.com/e/1077621558089?aff=oddttdtcreator>

WELL DONE to the Diamond Study Team who have once again come top of the leader board for recruiting to this diabetes study.



Launch of poetry anthology

A new anthology of poems, known as the Hope Collective, will give voice to the creative talent in our communities, and show how creative writing can spark feelings of hope, joy, light and meaning.

In collaboration with the newly created National Poetry Centre in Leeds, South West Yorkshire Partnership NHS Foundation Trust (SWYT) Research and Development team (HOPE central) is launching HOPE Collective – an anthology (book) of poems, submitted by you.

The Hope Collective has been launched by the research and development team at South West Yorkshire Partnership NHS Foundation Trust in collaboration with the National Poetry Centre. People from all walks of life, ages and abilities, are invited to submit a poem to be a part of the book, including staff and patients who use services at the Trust. The poem should be focused on one of four categories – *hope, joy, light or meaning* – and must be under 450 words.

We plan to publish a short anthology of poems in time for our R&D research conference in June 2025, as a way of showcasing the talent in our communities. We want to show how creative writing gives voice to feelings of **hope, joy, light and meaning**. **This opportunity is open to everyone starting from 4 November 2024 and closing on 31 January 2025 at 7pm.**

This opportunity is open to everyone:

- ✓ Staff
- ✓ Service-users
- ✓ Schools
- ✓ Community groups
- ✓ Charities
- ✓ Voluntary care sector organisations and anyone else interested.

To submit your poem: Click on the link <https://forms.office.com/e/E7iCdVHPE8>

For further information visit - [People invited to share voices of hope, joy, light and meaning in new creative writing project - South West Yorkshire Partnership NHS Foundation Trust.](#)

If you are supporting service users to get involved, we will have a drop off box situated in the library at Fieldhead Hospital, which is located in the Learning and Development centre. The library team have kindly offered to upload information to the Microsoft form for those who do not have access to digital/technology. Where possible if staff can upload that would be greatly appreciated.

If you need any further support, please contact research team at research@swyt.nhs.uk or alternatively you can call us on 01924 316289.



Poetry Anthology

The Hope Collective is an exciting new poetry anthology, inviting voices from the community to submit poems that explore hope, joy, light, and meaning.



Poems must be under 450 words, written by an individual, and focused on one of the four themes.

Submissions are open until 7pm on 31 January 2025.

Poems should be submitted through the online form

With **all of us** in mind.

Sign up for our newsletter, email
research@swyt.nhs.uk