

Newsflash

Your regular update
from the research
and development team



December 2024

Team updates



RISUP

Reducing Illicit Substance Use Project

A project to help reduce drug use among young people led by the University of Huddersfield is moving into its next stage thanks to a grant of nearly £500,000.

RISUP (Reducing Illicit Substance Use Project) is one of four projects to be allocated part of a £1.8million fund by the National Institute for Health and Care Research (NIHR).

Led by Dr Chris Retzler and Professor Michael Doyle, and collaborating with a number of partners including the University of Leeds, the University of Manchester and Kirklees Council.

Phase 2 builds on earlier work that has devised interventions that aim to support young people to assess risks, provide relevant skills, make more informed decisions and reduce their drug use.

These interventions include educational resources for use in schools, a one-to-one intervention for young people who are already using illicit substances and a public health campaign. The interventions were based on existing literature and a consultation with young people and other stakeholders in Phase 1. More information can be found at:

<https://www.hud.ac.uk/news/2024/november/risup-drugs-awareness-project-grant-boost/>

Our research studies

EDGI – Eating Disorder Genetic Initiative

Anyone with an eating disorder may find events such as Christmas difficult to manage, due to the emphasis placed on food. We are currently recruiting people to the EDGI study, which is a project set up to explore risk factors in individuals who have experienced eating disorders at any time in their lives. It aims to better understand the genetic and environmental links to eating disorders in order to improve treatments for current and future patients.

The study is open to anyone aged 16+ with or without a clinical diagnosis. Signing up to EDGI will involve completing some questionnaires and giving a biological sample.

Overview of the study

Eating disorders are severe psychiatric illnesses and are associated with one of the highest mortality rates within mental health. To improve our understanding of the genetic and environmental risk factors behind eating disorders, we need to recruit thousands of participants to take part in the Eating Disorders Genetics Initiative (EDGI) and to join a large study of individuals who have experienced or are currently experiencing anorexia nervosa, bulimia nervosa, binge-eating disorder or any other eating disorder.

The project is led by the National Institute for Health and Care Research (NIHR) BioResource Centre Maudsley (which is part of the NIHR BioResource), researchers at King's College London and Beat, the UK's eating disorder charity.

EDGI also aims to create an online research active group of individuals with anorexia nervosa, bulimia nervosa, binge-eating disorder, or any other eating disorder as part of the NIHR Mental Health BioResource.

We will:

- Create an online resource of members interested in taking part in research.
- Provide members with information about research projects that they can get involved in.
- Regularly update members on the progress of the research and the contribution that they have made.
- Provide links to pages that provide detailed information on mental health difficulties, the treatments available, and where to seek help if it is needed.

If you would like any further information, please contact debby.walker@swyt.nhs.uk

Training and education opportunities

Principal investigator essentials training

A practical guide to ethical and scientific quality standards in clinical research

20 Jan 2025, 10am to 1pm on MS Teams

This course is for those new to the role of PI and can also be helpful for those more experienced who want a refresher or those considering the PI role and need more information.

Expected learning outcomes

- Define the PI's responsibilities in leading the conduct of a study at a research site
- Recognise what makes an effective PI and the importance of effective leadership in delivering studies at site
- Understand and reflect on the skills and behaviours required to be an effective PI
- Know how to access support

Further information

To request the enrolment key please email: yh.rrdn@nihr.ac.uk

For information please contact: Lisa Horner, tel. 07827990899

Or Training RDN Yorks Humber telephone 0113 20 60441 / email: yh.rrdn@nihr.ac.uk

Book your place at: <https://learn.nihr.ac.uk/mod/facetoface/signup.php?s=10075>

Informed consent

A practical guide to informed consent in clinical research

Monday 3 March 2025, 10am to 1pm on MS Teams

The NIHR Clinical Research Network Yorkshire and Humber Introduction to Informed Consent workshop is designed for all staff wishing to gain a better understanding of the informed consent process required to enrol participants into a research project. It is also suitable for those working with participants engaged in research activity who may not be directly cared for in a clinic or hospital setting.

Expected learning outcomes

- Understand the ethical and legislative frameworks that underpin the research consent process
- Understand the principles and responsibilities of consent in clinical research
- Develop an understanding of the research consent process
- Demonstrate high quality practices to support the process
- Gain an insight into the added protection required for vulnerable groups
- Build confidence in participating in the research consent

Further information

To request the enrolment key please email: yh.rrdn@nihr.ac.uk

For information please contact: Lisa Horner, tel. 07827990899

Or Training RDN Yorks Humber t. 0113 20 60441 e. yh.rrdn@nihr.ac.uk

Book your place online at: [Informed Consent - 3 March 2025](#)

Community engagement

Genes and health

Members of the R&D team have recently been out and about promoting the genes and health study at:

- Calderdale Hospital
- ESOL classes at Ravensthorpe Community Centre
- Women's Health Club at Ravensthorpe Community Centre
- Age well Cafe at Ravensthorpe Community Centre
- Batley Girls Sixth Form open evening.

REMINDER - launch of poetry anthology

A new anthology of poems, known as the Hope Collective, will give voice to the creative talent in our communities, and show how creative writing can spark feelings of hope, joy, light and meaning.

In collaboration with the newly created National Poetry Centre in Leeds, South West Yorkshire Partnership NHS Foundation Trust (SWYT) Research and Development team (HOPE central) is launching HOPE Collective – an anthology (book) of poems, submitted by you.

The Hope Collective has been launched by the research and development team at South West Yorkshire Partnership NHS Foundation Trust in collaboration with the National Poetry Centre. People from all walks of life, ages and abilities, are invited to submit a poem to be a part of the book, including staff and patients who use services at the Trust. The poem should be focused on one of four categories – *hope, joy, light or meaning* – and must be under 450 words.

We plan to publish a short anthology of poems in time for our R&D research conference in June 2025, as a way of showcasing the talent in our communities. We want to show how creative writing gives voice to feelings of **hope, joy, light and meaning**. **This opportunity is open to everyone starting from 4 November 2024 and closing on 31 January 2025 at 7pm.**

This opportunity is open to everyone, including:

- Staff
- Service-users
- Schools
- Community groups
- Charities
- Voluntary care sector organisations and anyone else interested.

To submit your poem, click on the link <https://forms.office.com/e/E7iCdVHPE8>

For further information visit - [People invited to share voices of hope, joy, light and meaning in new creative writing project - South West Yorkshire Partnership NHS Foundation Trust](#)

If you are supporting service users to get involved, we will have a drop off box situated in the library at Fieldhead Hospital, which is located in the Learning and Development centre. The library team have kindly offered to upload information to the Microsoft form for those who do not have access to digital/technology. Where possible if staff can upload that would be greatly appreciated. To submit your poem: Click on the link <https://forms.office.com/e/E7iCdVHPE8> or scan the QR code to submit your poem on-line.

Watch a short video about it here: <https://youtu.be/aoHWwd14qp8?feature=shared>

If you need any further support, please contact research team at research@swyt.nhs.uk or alternatively you can call us on 01924 316289.



The poster is titled "Poetry Anthology" in green. It features the logos of the National Poetry Centre and NHS South West Yorkshire Partnership NHS Foundation Trust. The text describes the "The Hope Collective" poetry anthology, which invites voices from the community to submit poems exploring hope, joy, light, and meaning. It lists criteria for submissions (under 450 words, individual, focused on the four themes) and submission details (open until 7pm on 31 January 2025, via an online form or QR code). A green button says "Share your Creative Voice". A QR code is provided for submissions. The poster also mentions that a panel of NHS staff, patients, and representatives will select 60 poems for the anthology, published in Spring 2025, with proceeds supporting EyUp!, the Trust's charity for mental health and community services. Contact information for the research and development team is provided. The bottom of the poster features a green grassy field with stylized trees and a blue box with the text "With all of us in mind." and a dashed line leading to an open book icon.

National Poetry Centre

NHS
South West Yorkshire Partnership
NHS Foundation Trust

Poetry Anthology

The Hope Collective is an exciting new poetry anthology, inviting voices from the community to submit poems that explore hope, joy, light, and meaning.

Criteria	Submissions
Everyone is welcome to participate, including NHS staff and patients.	Submissions are open until 7pm on 31 January 2025.
Poems must be under 450 words, written by an individual, and focused on one of the four themes - hope, joy, light or meaning	Poems should be submitted through the online form (accessed via the QR code).

Share your Creative Voice



A panel of NHS staff, patients, and representatives from the National Poetry Centre and Creative Minds will select 60 poems based on their emotional impact. The anthology will be published in Spring 2025, with proceeds supporting EyUp!, the Trust's charity for mental health and community services.

For assistance with submissions, please contact the research and development team
research@swyt.nhs.uk
01924 316289

With all of us in mind.

The R&D team wish everyone a joyful and peaceful Christmas and a Happy New Year



Sign up for our newsletter, email
research@swyt.nhs.uk