

Arts therapies



South West
Yorkshire Partnership
NHS Foundation Trust

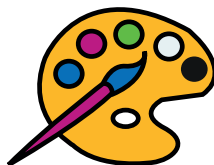
What we do

Arts psychotherapists are Health and Care Professions Council (HCPC) registered allied health professionals (AHPs) and include:

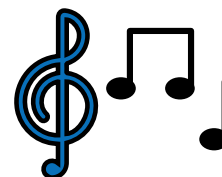
Dramatherapists



Art therapists/psychotherapists



Music therapists



Arts therapists use creative approaches to support people to be able to express their thoughts and feelings in a safe, therapeutic environment. They help people build self-awareness and confidence, working with people living with bereavement issues, trauma, communication difficulties, emotional issues and problems with social functioning.

Where we work



Arts therapists can work with people of all ages in a range of clinical settings such as hospitals, clinics and in the community.



At our Trust, arts therapists work with adults and children with a wide range of mental health needs such as depression, anxiety, psychosis and those with neurodivergent needs such as autism in our community mental health services.

How much an arts therapist can earn

Qualified therapists

£37,000 - £85,000

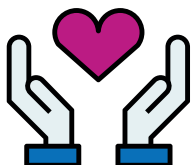
A qualified arts therapist can earn from £37,000 to £85,000 per year.



Arts therapists are great at



Being creative/
artistic



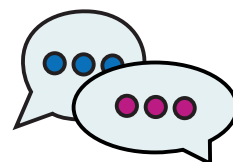
Showing empathy



Listening



Motivating and
encouraging others



Social skills and
communicating
with people

How to get started as an arts therapist

You'll need masters level training in Arts Psychotherapy approved by the Health and Care Professions council (HCPC). You can do this through a full-time or part time postgraduate degree course at one of the following local universities:



Entry requirements for a masters course are typically:

- Degree in arts related subject or other profession such as occupational therapy, teaching or nursing.

Entry requirements for an undergraduate course are usually:

- 5 GCSEs (grades 9-4/A-C), including maths, English and science.
- Level 3 qualification including: 3 A levels, T-Levels, BTEC Diploma, Access to HE Diploma, Higher Technical qualification (HTQ) or Level 3 apprenticeship in health and social care.

Find out more by searching online for



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Visit our recruitment website or scan the QR code:

www.careers.southwestyorkshire.nhs.uk



If you require a copy of this information in any other format or language please contact the Trust.

With **all of us** in mind.