

Psychological wellbeing practitioners



South West
Yorkshire Partnership
NHS Foundation Trust

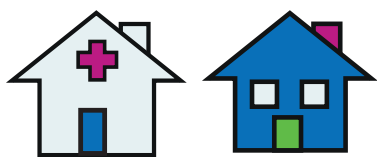
What we do

Psychological wellbeing practitioners (PWP's) work in NHS Talking Therapies services. We offer evidence-based treatments in line with NICE guidance that are based on the principles of cognitive behavioural therapy (CBT). PWP's give people knowledge and skills around coping techniques.

PWP's also assess people and discuss their current problems and goals for therapy. We then consider treatment recommendations that our service can offer, or that someone can access from another service

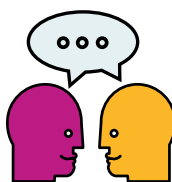
We have additional training to support people with long term health conditions. We specialise in helping people who live with long term physical conditions and are also experiencing anxiety and depression.

The services we work in



We work with adults in a range of settings such as GP surgeries and in the community.

We work remotely and in clinics, offering:



One to one's on the phone, video call or face to face



Groups, courses and workshops



Computerised therapy using SilverCloud

How much a PWP can earn

Trainee roles
£26,000 - £29,000

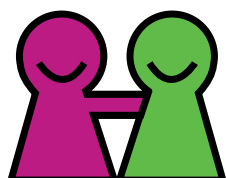
Trainee roles are usually a band 4 in the NHS earning £26,000 to £29,000 per year, progressing to band 5 once qualified (this applied to NHS funded training roles).

Qualified roles
£29,000 - £36,000

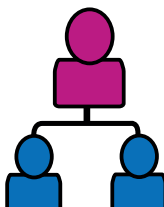
Qualified roles are usually band 5 in the NHS earning £29,000 to £36,000 per year.

How a PWP can progress

PWP's can move on to:



Senior PWP's offering supervision



Management roles



Train to become cognitive behavioural therapists

How to get started as a PWP



As a trainee PWP you will attend university to complete a full-time postgraduate course alongside working in a service.



Entry requirements are usually an undergraduate degree or other related profession.

Find out more by searching online for

NHS Health
Careers



British
Psychological
Society



Find out about careers with us

Visit our recruitment website or scan the QR code:

www.careers.southwestyorkshire.nhs.uk



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With **all of us** in mind.