

What we do

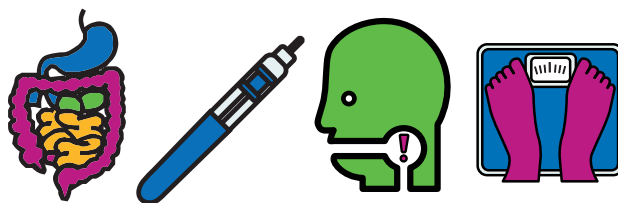
Dietitians interpret the science of nutrition into everyday information about food. They improve health and treat conditions by educating and giving practical, personalised advice, based on current evidence. Dietitians treat both children and adults holistically, taking into account a person's physical and mental health, lifestyle and food preferences to ensure nutritional advice is individually tailored and person centred.

Something you might not know about us: We are not the food police!

Where we work



We work with people of all ages, as groups and individuals, and their families and carers. Dietitians work in hospitals, clinics and in the community settings.



Dietitians can work with children, older adults in services such as gastroenterology, artificial nutrition support (tube feeding), forensics, learning disabilities, mental health, diabetes, stroke services, weight management, eating disorders, and specialist palliative care.

How much a dietitian can earn

Assistant roles
£22,000

Assistant roles start at around £22,000 per year.

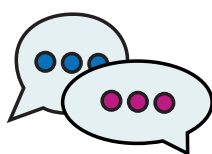
Qualified dietitians
£28,000 -
£85,000

Qualified dietitians can earn between £28,000 to £85,000 per year.

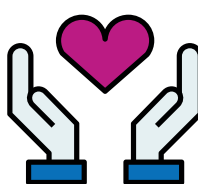
Dietitians are great at



Translating the science of nutrition into easy to understand information



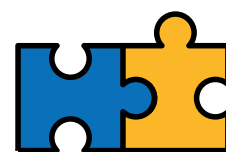
Communicating, listening and talking with people



Caring, empathy and helping people



Analysing information



Problem solving with practical solutions

How to get started as a dietitian

You'll need a degree or masters in Dietetics. You can do this via a full-time pre-registration course or via an apprenticeship course (completed whilst working in a paid therapy assistant role). The following local universities offer dietetics courses:



Entry requirements for a dietetics undergraduate course are usually:

- 5 GCSEs (grades 9-4/A-C), including maths, English and science.
- Level 3 qualification including: 3 A levels, T-Levels, BTEC Diploma, Access to HE Diploma, Higher Technical qualification (HTQ) or Level 3 apprenticeship in health and social care.

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www.careers.southwestyorkshire.nhs.uk



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With **all of us** in mind.