

Assistant psychologists



South West
Yorkshire Partnership
NHS Foundation Trust

What we do

- Assistant Psychologists always work under the supervision of a qualified Clinical Psychologist and will usually do assessments, using observation, interviews, testing, and by gathering data from medical records. This helps the Assistant Psychologist to build a picture of a person's difficulties and create a plan to support their recovery.
- Assistant Psychologists often have some knowledge of low-level Cognitive Behavioural Therapy (CBT) and can offer therapeutic intervention. Interventions would always be carried-out with the service user and with support from a Clinical Supervisor.
- Assistant Psychologists work reflectively; meaning that they will spend time thinking about the impact they have, on the care they offer to service users, during clinical supervision sessions.
- Assistant Psychologists will monitor their service users' progress and may also conduct research along-side their supervisor.

Where we work



Assistant Psychologists can work with people of all ages in a range of clinical settings such as hospitals, clinics, in the community, and in prisons.



In our Trust, Assistant Psychologists work with adults and children with a wide range of mental health needs such as depression, anxiety, psychosis, and with neurodivergent needs, such as Autism or ADHD.

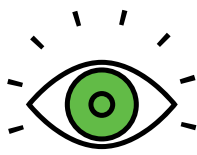
What Assistant psychologists can earn

**£26,000 -
£29,000**

Assistant Psychologists usually earn from £26,000 to £29,000 per year.



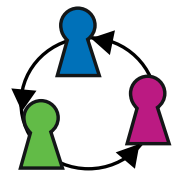
Assistant Psychologists are great at:



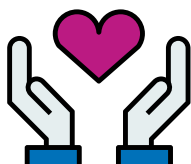
Observing



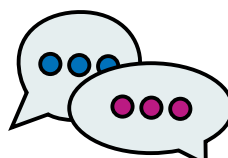
Reflecting



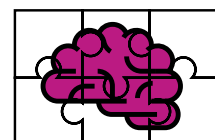
Collaborating



Showing empathy and compassion



Listening and communicating



Building a "picture" of people's problems using psychological theory

How to get started:

You will need an undergraduate degree in psychology which is accredited by the British Psychological Society. You can do this as a full-time or part-time undergraduate degree course at many universities.

Entry requirements for undergraduate degree courses vary between institutions, but typical requirements include:

- GCSE English and Mathematics at grade C or 4.
- Level 3 qualification including: A Levels, BTEC Diploma, Access to HE Diploma.

Course entry requirements can be found on your chosen university's website.

Where the role can lead:

Working as an Assistant Psychologist can build skills in preparation for further training, for roles such as:

- Psychological Wellbeing Practitioner
- Clinical, Counselling, Educational or Forensic Psychologist
- Clinical Associate in Psychology

Where to find out more:

www.healthcareers.nhs.uk

www.bps.org.uk

Find out about careers with us

Visit our recruitment website or scan the QR code:

www.careers.southwestyorkshire.nhs.uk



If you require a copy of this information in any other format or language please contact the Trust.

With **all of us** in mind.