

Auditory Memory Advice and Classroom Strategies

Help your child to remember what people say:

❖ ***Keep instructions short***

- ❖ Write the instructions as well as saying them
- ❖ Repeat the instruction...and again...and again if needed
- ❖ Say the instruction again with the same words. If you change the words, the child will have more to remember.
- ❖ Use picture prompts and timetables to help the child remember what to do. This helps them to see what is going to happen during the day or in an activity
- ❖ Help the child to ask for help, or for the instructions to be repeated when they can't remember. Use prompt cards ("Please say it again").
- ❖ Use a recording device, such as a talking tin or voice recording app on tablet/iPad. They can be used for, a) remembering sentences you want to write down, b) instructions, or c) to record something in case you forget when you want to tell someone later on.
- ❖ Use a task board (whiteboard or paper laminated) to write down tasks broken down into stages. You can use symbols, photos, and/or written words – whichever the child prefers and can understand easily.
- ❖ Discuss the strategies with the child/young person and trial different ones to see which work best for them.

Check out our Auditory Memory Activities [here](#).